

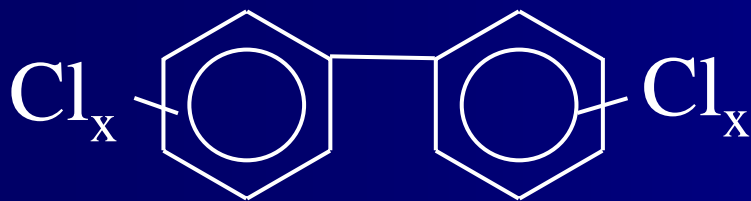
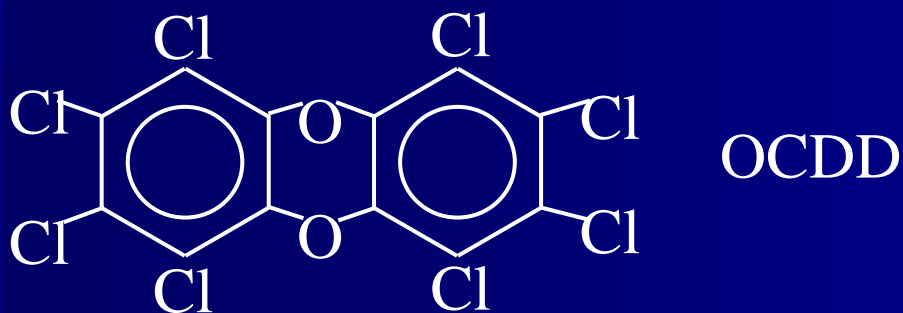
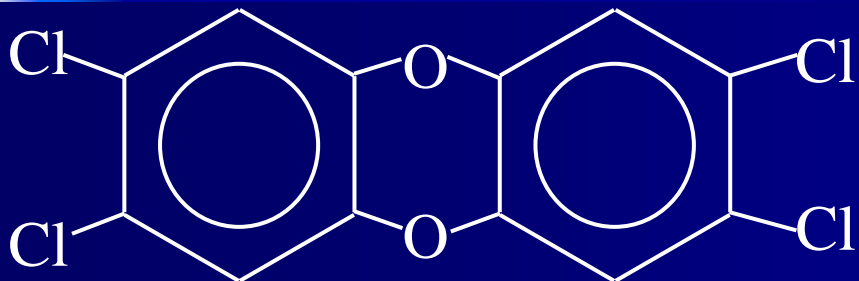
# Dioxin toxicology

David R Bell



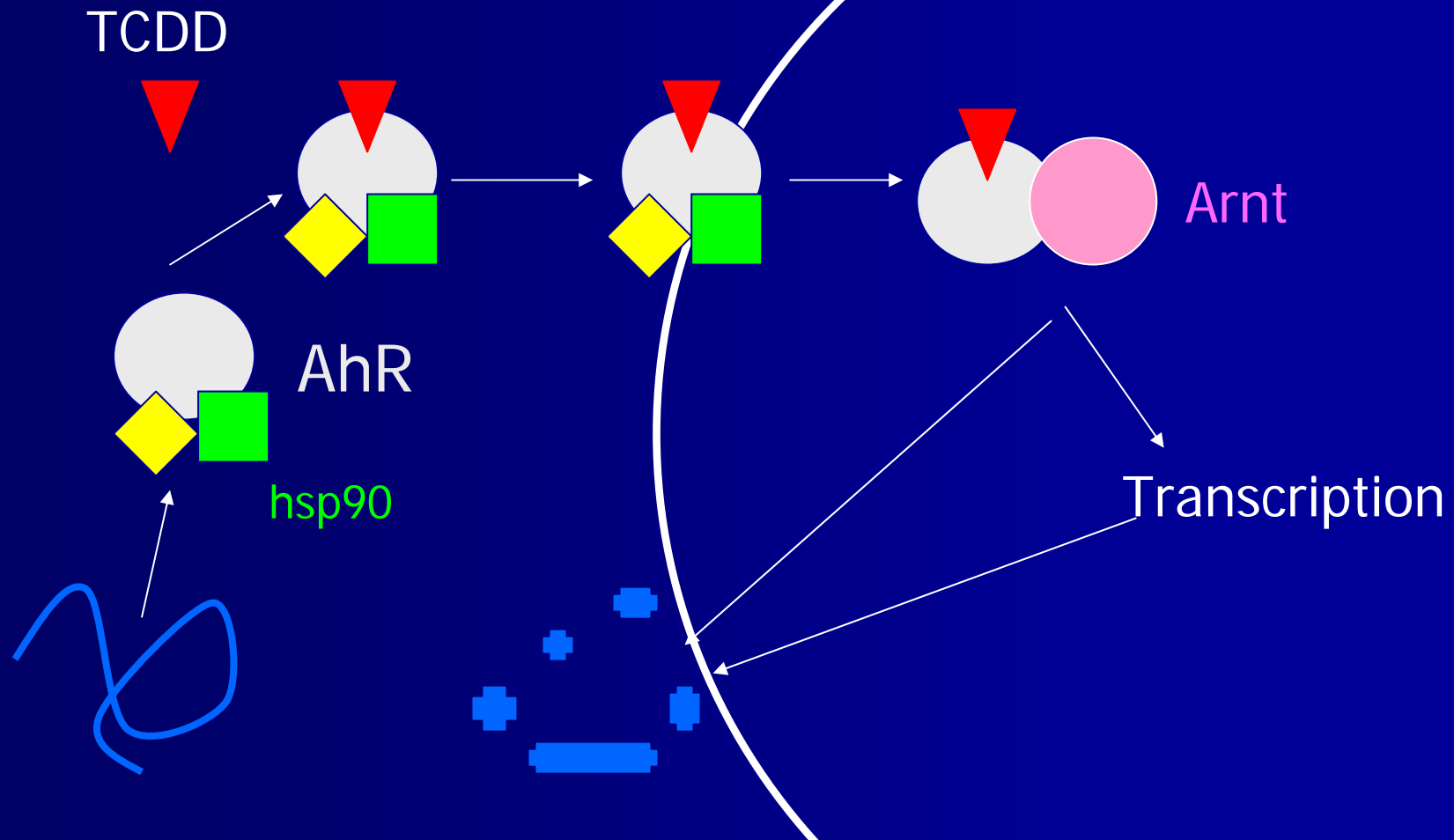
The University of  
**Nottingham**

# Dioxins, furans, PCBs, ...



- Highly toxic, carcinogenic, teratogenic,...
- Ubiquitous at low level
- Family of congeners which operate by binding to Ah Receptor

# AhR and dioxin signalling



# AhR is important

- Dioxin toxicology requires AhR
- AhR null mice are resistant to dioxin toxicity
- AhR null mice show defective development
- Dioxin can rescue development in AhR hypomorphs

PNAS  
101:16677,  
JBC  
278:17767

# Biological persistence

- Polycyclic aromatic hydrocarbons
  - *e.g.* benzo(a)pyrene, 3-methylcholanthrene
    - Half-life of hours
- TCDD “half-life”
  - Human
    - ~7 years at low dose
    - 1.5-3 years at high dose (ArchTox76:316)
  - Rat ~3-4 weeks

# TCDD is a potent toxin

- LD<sub>50</sub> values
  - 1µg/kg guinea pig
  - 20-50µg/kg rat
  - 70µg/kg monkey
  - 5000µg/kg hamster
  - Highly toxic in chicken, fish (< 1µg/kg)
- Lethality involves a “wasting syndrome”, involving many bodily organs, and taking 2-4 weeks
- Teratogenic, porphyria, cancer, *etc.*

# Dioxin & human toxicity

Suspected poisoning: dose of ~1-2 mg

1998

2004

EHP109: 865, CMAJ 172:873

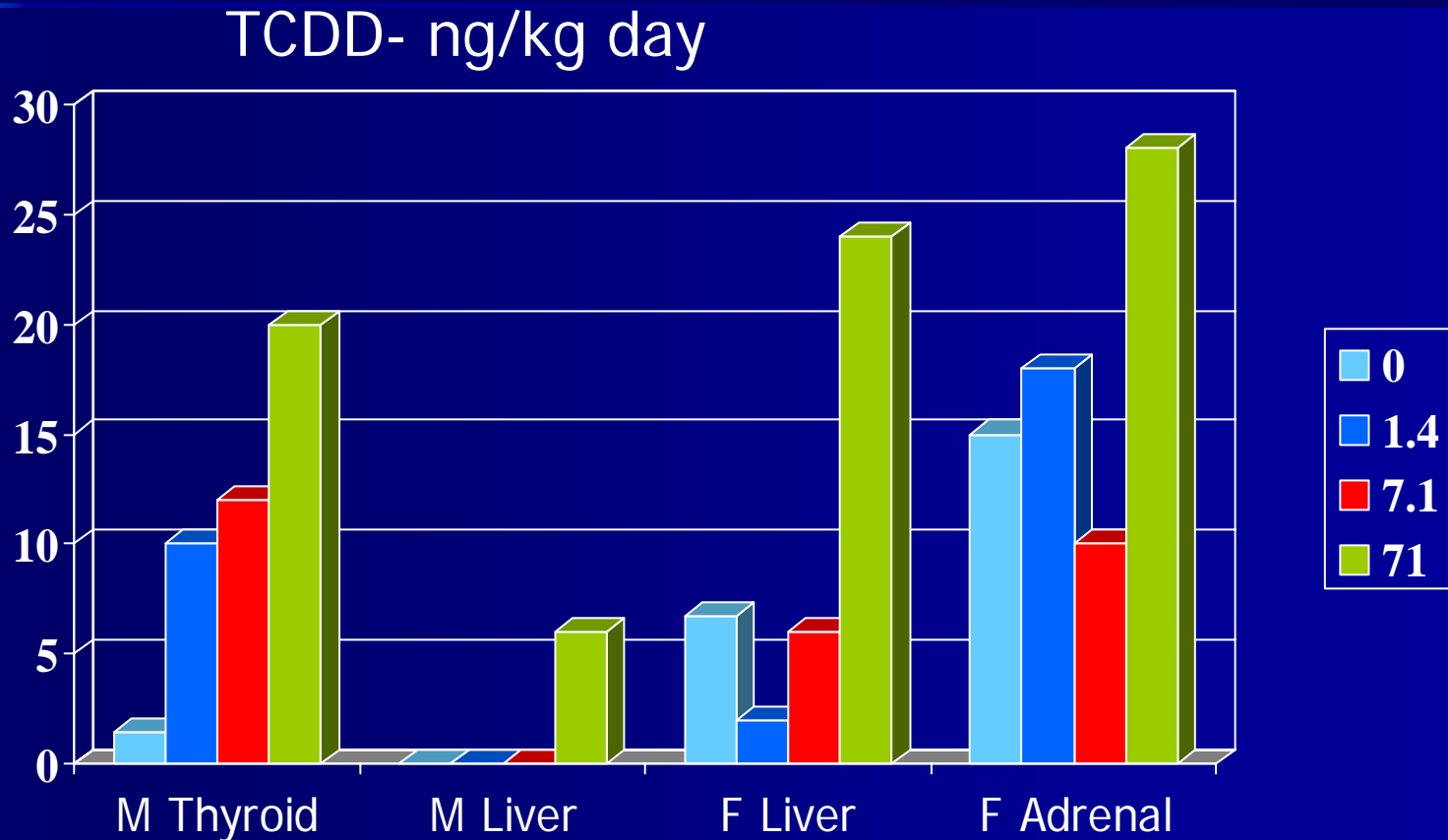
26 ng/g blood fat

Viktor Yuschenko  
Ukrainian president

144 ng/g blood fat

Normal population ~20 pg/ g blood fat

# Tumour incidence in rats

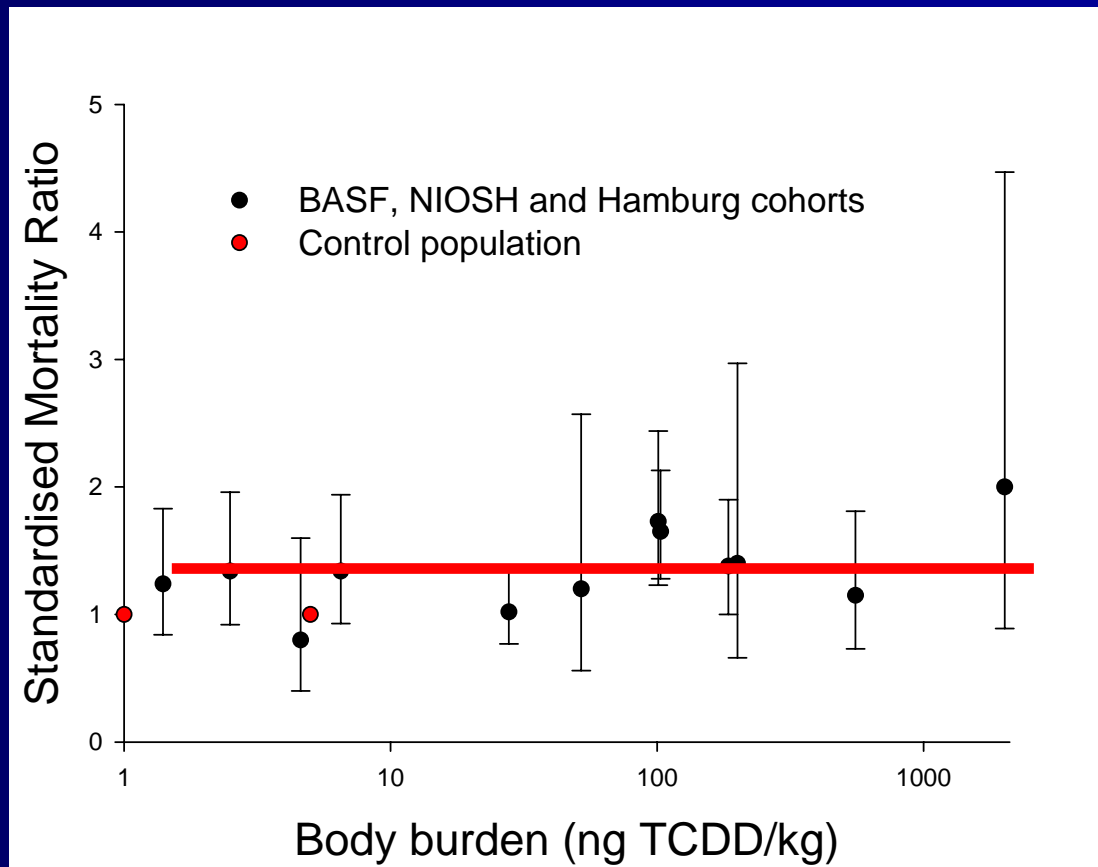




# Dioxin and human cancer

- Workers get chloracne
  - Reduce exposure !
- Analysis done decades after exposure
  - How to accurately estimate dose ?
  - Dose-dependent excretion
- Confounders
  - Exposure to other chemicals, smoking, etc.

# Dioxin and human cancer



# Dioxin and human cancer

- IARC regards dioxin as a known human carcinogen
  - Some degree of controversy !

# UK Risk Assessment

## ■ UK

- Committee on Toxicity of Chemicals in Food, Consumer Products and the Environment (COT)
  - <http://www.food.gov.uk/science/ouradvisors/toxicity/statements/cotstatements2001/dioxinsstate>
    - Human epidemiology data inadequate for a risk assessment
- Define most sensitive animal model of dioxin toxicity
  - Developmental effects on F<sub>1</sub> male sperm counts
- Extrapolate to human on the basis of body burden of TCDD
  - Some uncertainty in rat foetal body burden of TCDD

# Male Reprotox Endpoint

Dose pregnant rat

Male offspring

Day 49, ca. puberty

Day 63-90-120

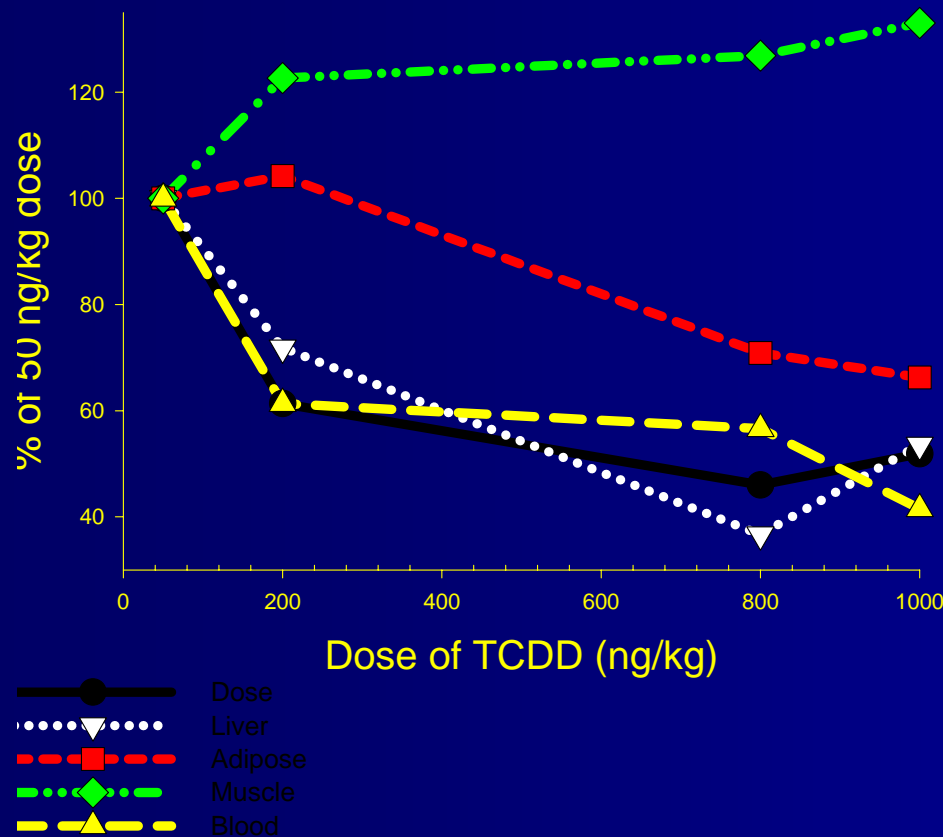
Day 450

Fetus is target organ  
Measure TCDD concentration

- Sperm production
- Epididymis size/ sperm no.
- Testis histology
- Sexual behaviour

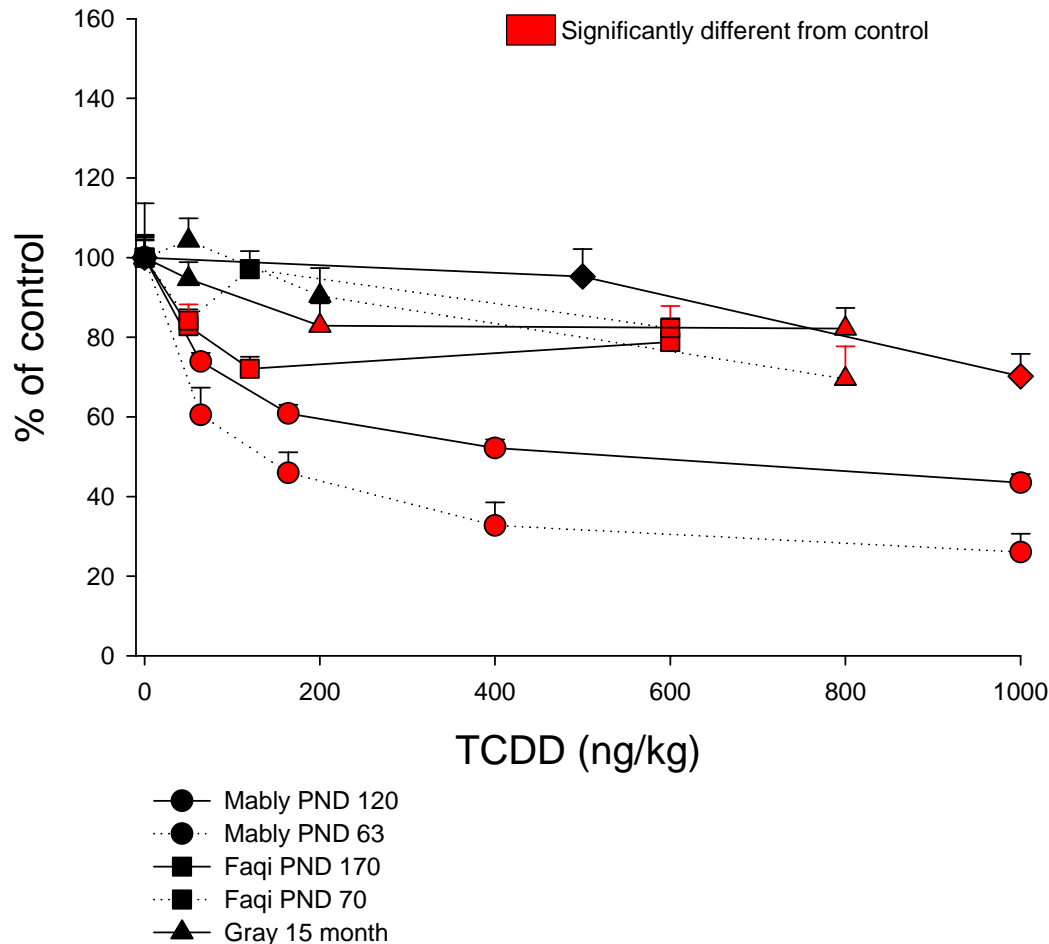
# [<sup>3</sup>H]-TCDD in tissue

Non-linearity of fetal TCDD dose:  
acute dose study



- % of TCDD measured in foetus varies as a function of dose
- [<sup>3</sup>H]-TCDD is limited methodology
- 200-300% variability in foetal burden estimates

# Effect of TCDD on sperm



Pre-2000 data

- Potent effect
- Low variation in sperm counts with small  $n$
- Effect ~two-fold
- Flat dose-response

# Rat TCDD reprotox

	Epididymal weight	Cauda Epid. Weight	Sperm prodn.	Cauda sperm	Sexual behaviour
Mably 92 64ng/kg day 40-120 Holtzman	+	+	+	+	+ 200
Faqi 98 25/5ng/kg day70/170 Wistar	-		+	+	+
Gray 97 200 ng/kg day 450 Long Evans	+	+	-	+	
Gray 97 50 ng/kg day 450 Long Evans	-	-	-	-	
Gray 97 200 ng/kg day 49-63 Long Evans	-	-	-	-	
Wilker 96 500 ng/kg day 62 SD	-		-	-	



# Experimental design 1

- *In vivo* experiments to GLP
  - Experienced commercial contractor
- TCDD measurements to UKAS accreditation with HR GC-MS
- Improved and robust methodology
- Robust experimental design
  - ca. 25 dams per group
  - ca. 75  $F_1$  males for analysis

# Experimental design II

## Acute dose study

Doses of 0, 50, 200 and 1000 ng TCDD/ kg by oral gavage  
Rats are Crl Wistar Han

Dose pregnant rats on GD15

GD16- **Kill**

GD21- **Kill**

Measure TCDD in

- Adipose
- Blood
- Foetus
- Liver

n=5 samples/ group

Allow ~25 rats per group to litter  
Retain 5 males/ litter

Post Natal Day (PND) 70- **Kill 25 rats/ group**

Post Natal Day (PND) 120- **Kill ~60 rats/ group**

Necropsy  
Seminology

# TCDD analysis 1

- Sensitive and specific analysis in control tissues
- Control values ~1% of the values in the 50 ng/kg dose group at GD 16

# Animal data 1

- 1000 ng TCDD kg<sup>-1</sup> group
  - 4/ 20 females had total litter loss
- 1000 ng TCDD kg<sup>-1</sup> represents a frankly toxic dose

# Animal data 2

- Seminology at PND 120
  - Epididymal sperm counts raised at 200 and 1000 ng kg<sup>-1</sup> \*

# Animal data 3

- 50/ 200 ng TCDD kg<sup>-1</sup> groups PND120
  - 200 ng kg<sup>-1</sup> group
    - Transient decrease in body weight
    - Delay in balano-preputial separation
  - Liver weights up by ~3% vs control, no dose response

# Chronic study

- Administer dioxin in the food
  - Better representation of human exposure
- Three months exposure to load the animals with dioxin, before allowing animals to mate

# Summary 1

- Concurrent measurement of TCDD in tissue samples
- A single oral dose of 1000 ng TCDD  $\text{kg}^{-1}$  is toxic
  - Decreased pup numbers, changed organ weights, some subtle effects
- 200 ng TCDD  $\text{kg}^{-1}$  is the LOAEL
  - Transient decreased weight, delayed BPS
- 50 ng TCDD  $\text{kg}^{-1}$  is the NOEL



# Summary 2

- The developmental reproductive effects of TCDD are the basis of regulatory advice:
  - UK CoT <http://www.food.gov.uk/science/ouradvisors/toxicity/statements/cotstatements2001/dioxinsstate>
  - EU Scientific Committee on Food [http://europa.eu.int/comm/food/fs/sc/scf/outcome\\_en.html](http://europa.eu.int/comm/food/fs/sc/scf/outcome_en.html)
  - WHO JECFA <http://www.who.int/pes/jecfa/jecfa.htm>
- Since 2000, there are 5 studies and our results which fail to show a low-dose effect of TCDD on development of male reproductive tract

# Thanks



## Members of the consortium

Sally Clode, Alwyn Fernandes, Martin Rose, Lang Tran, Paul Foster, George Loizou, Alan MacNicoll, Brian Miller

