POSTGRADUATE PROGRAMMES IN THE CENTRE FOR APPLIED PSYCHOLOGY
Welcome to the Centre for Applied Psychology. The core philosophy of the Centre is to apply psychological theories, principles, knowledge, models and methods, in an ethical and evidence-based way, in order to promote the well being and effectiveness of individuals, families, groups, organisations and civil society in general, whilst respecting the dignity and rights of those concerned.

This is reflected in the training opportunities we provide whereby we strive to prepare our graduates to work in applied settings using the highest standards of psychological practice and professional competence.

The Centre for Applied Psychology brings together forensic, clinical and research psychologists who support a broad range of teaching programmes and research projects.

We deliver Masters and Doctoral programmes across Forensic Psychology, Clinical Psychology, Forensic Clinical Psychology, Psychological Practice, Cognitive Behaviour Therapy (CBT) and Compassion Focused Therapy (CFT).

Our staff are able to support research and provide consultancy within forensic applied settings including prisons, probation services and police forces; and within clinical settings relating to adult mental health, child services, learning disabilities, general health, neuropsychology, secure hospitals, and alcohol and substance abuse services.

We also have a number of PhD students and members of staff holding a range of research grants.
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Clinical Psychology Doctorate (ClinPsyD)

Course content
This programme will enable you to deliver psychology-based treatments by drawing upon a range of models, tailoring interventions to client needs within a range of service contexts. Our staff have expertise across a range of specialisms, skills and models. Like all similar courses, we give special consideration to cognitive-behavioural approaches but we also equip trainees with knowledge and skills in systemic practice and in psychodynamic and behavioural approaches. In year two, you will be able to choose which of these approaches you wish to specialise in. We will also prepare you for the wider organisational demands of the NHS by providing opportunities for you to understand, appraise and develop your own leadership behaviours.

The programme has a long and distinguished history, producing over 500 qualified Clinical Psychologists since 1967. It leads to a professional qualification in Clinical Psychology and eligibility to apply for registration with the Health and Care Professions Council. It is accredited by the British Psychological Society (BPS) and confers Chartered status with the BPS.

Our location in the West Midlands, which has a large and diverse population, means you will have access to a broad range of clinical placements and research opportunities. The course is also well integrated with clinical psychology services in the local area.

You will spend approximately 50% of your time in clinical practice, with the remainder divided between teaching, research and academic workshops. Workshops are delivered by experienced local clinicians and experts in the relevant clinical area. Time is scheduled for private study, academic assignments and research. Although there are some longer teaching blocks, a typical week consists of one day teaching, one day study and three days placement throughout the year.

How to apply
Home/EU applicants must apply through the Clearing House at www.leeds.ac.uk/chpccp

Overseas applicants apply directly through the University of Birmingham online application system.

FACT FILE

Start date: September
Duration: Three years full-time
Fees and funding: At present UK/EU trainees are hosted by a local NHS Trust and paid a salary. University fees are paid by the NHS. This model may change in the future but candidates should not be deterred from applying. Please see the Clearing House for updates at www.leeds.ac.uk/chpccp

For overseas fees, please email clinpsyd-admissions@contacts.bham.ac.uk

Entry requirements: Please see details on the Clearing house web site for more detailed information www.leeds.ac.uk/chpccp
At least a 2:1 degree, and we welcome applicants with higher degrees in a clinically relevant area. People who have taken conversion courses are not at a disadvantage but we do require their original degree to be 2:1 or above.

Academic qualifications must confer Graduate Basis for Chartered Membership (GBC) of the British Psychological Society (BPS). See www.bps.org.uk/what-we-do/membership/graduate-member-mbps/graduate-member-mbps

Work experience: Applicants must have been engaged in work experience that allows them to understand the profession of clinical psychology and to demonstrate skills that can be enhanced through training. This usually means one year’s full-time clinically relevant experience which could also be placement experience during a clinically relevant Master’s degree and clinical research conducted during a PhD. We welcome candidates who have previously pursued relevant professional careers and consider them on an individual basis.

International students:
We welcome applications from overseas, self-funding candidates. Applicants must meet the same entry criteria as those applying for NHS-funded places.

All of our graduates find employment and approximately 75% take up work as a Clinical Psychologist in the NHS in a wide range of specialities, others take up similar posts in other public or private sector organisations that offer psychological interventions or engage in clinical research or teaching.

LEARN MORE
Clinical Psychology Admissions
Tel: +44 (0)121 414 5476
Email: clinpsyd-admissions@contacts.bham.ac.uk
www.birmingham.ac.uk/clinpsyd
Clearing House for Clinical Psychology applications www.leeds.ac.uk/chpccp
Clinical Psychology
MRes

Course content
This programme will provide you with knowledge and experience of research methods and techniques appropriate for clinical and applied settings.

We work with clinicians and researchers to provide two research placements and a research project for each student. While on placement, you will contribute to the development of ongoing clinical research programmes, and following your project, you will write up an independent, clinically-relevant research report.

You will have access to a varied pool of potential supervisors. Placements and projects can include service evaluation and development programmes across a range of clinical services, systematic reviews, experiments in clinical neuropsychology, qualitative studies of therapeutic processes, measurement of therapeutic outcomes and studies of developmental difficulties.

Our programme is run by members of the Clinical Psychology course team, and makes use of the excellent links which exist between this well-established group, our colleagues in the wider School, and our colleagues in the NHS.

Modules
This programme will equip you with research skills that will be helpful when working towards a career in clinical or other applied psychology fields, or in clinical research.

Students must complete the following modular components:
- Psychological Research in Clinical Settings 1
- Psychological Research in Clinical Settings 2
- Transferable Skills
- Foundations In Critical Thinking
- One optional module from: Principles of Applied Psychology, Computer Use, or Design and Analysis 1 (Basic Statistics)
- Research Component. This comprises Research Placement 1 and 2, and the Research Project, which is presented in thesis format

FACT FILE
Start date: September
Duration: One year full-time, two years part-time
Entry requirements: 2:1 Honours degree in Psychology

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Psychology Admissions
Tel: +44 (0)121 414 4906
Email: pg-psychology-admissions@contacts.bham.ac.uk
www.birmingham.ac.uk/mres-clin-psych

On completion of the programme graduates will be equipped to carry out further applied/clinically-relevant research in a variety of settings. Previous students have moved on to clinically-relevant research posts, PhDs, assistant psychology posts and places on clinical doctorate programmes.
Forensic Psychology Practice Doctorate (ForenPsyD)

Doctorate Programme for Psychology Trainees (ForenPsyD) employed in a forensic setting

Course content
The core philosophy of this programme is to prepare trainees in forensic psychology to work at the highest standards of psychological practice in forensic settings. It follows the British Psychological Society (BPS) and the Health and Care Professions Council guidelines for forensic psychology training.

In delivering this programme we combine a number of theoretical and practical approaches and, uniquely, take a developmental and domestic perspective to the study of offending behaviour and criminal activity.

The programme is aimed at psychologists who intend to work in forensic settings with victims or offenders of crime. On entry into the programme, trainees must be eligible to hold the Graduate Basis for Charteredship (GBC) with the BPS and Health and Care Professions Council.

Full-time Doctorate
Students attend University one day per week for 36 weeks a year over a period of two years (for MSc award) and for three blocks of three days in their final Doctorate year.

Part-time Doctorate
The part-time course is for trainees who are sponsored by employers (or self-funded) who are willing to supervise employees in the workplace throughout the course. Participants attend for one day per week for 36 weeks a year over a period of two years, and for three blocks of three days in their final part-time Doctorate year.

Modules
Both theory and practice are set in the context of the legal and institutional systems through which offenders and victims are managed. Programme modules include:
- Psychological Theories and the Understanding of Crime
- Working with Offenders (and Managing Offending Behaviour)
- Psychology, Law Enforcement and Criminal Justice
- Assessment Issues (Offenders and Victims)
- Forensic Psychotherapy and Forensic Issues
- Psychology and the Court System
- Forensic Practice Placements
- Systematic Literature Review Methods and Critical Appraisal
- Forensic Case Study Methods and Case Studies
- Forensic Research Study Methods and Research Projects
- Professional Writing, Training and Presentation
- Development of Psychometric Measures
- Advanced Research and Evaluation Methods

To see modules go to: www.birmingham.ac.uk/fpp-doc

FACT FILE

Start date: September
Duration: Three years full-time, four years part-time for those employed in a forensic setting, employee sponsored, or self-funded
PT/FT/DL options: Full-time, part-time
Fees and funding: See www.birmingham.ac.uk/postgraduate/pgt-fees/pgfees.aspx for fees and funding information.
Entry requirements:
ForenPsyD
A good Honours degree (typically a 2:1 or above) in Psychology that confers Graduate Basis for Chartered Membership of the British Psychological Society and experience working in a forensic setting.

CPD route
A BPS accredited MSc (merit or above) in Forensic Psychology). Proof of status and work as a Forensic Psychologist, registered with the Health and Care Professions Council. Graduate Basis for Chartered Membership of the British Psychological Society (preferable).

Successful students may leave after two years full-time with an MSc Forensic Psychology Practice, or after three years full-time or four years part-time with a Doctorate in Forensic Psychology Practice (ForenPsyD) conferring eligibility for BPS Chartered Psychology status and full membership of the Division of Forensic Psychology. You will also be eligible to apply for registration with the Health and Care Professions Council as a Forensic Psychologist, which is the statutory regulating body for Psychology.

LEARN MORE
Forensic Psychology Admissions
Tel:+44 (0)121 414 5476
Email: forensicspsych-admissions@contacts.bham.ac.uk
www.birmingham.ac.uk/fpp-doc
Forensic Clinical Psychology Doctorate (ForenClinPsyD)

Course description
This unique course integrates forensic and clinical psychological practice at doctoral level. The qualification confers a dual qualification: British Psychological Society (BPS) and Health and Care Professions Council (HCPC) approved, for practice in forensic, clinical or combined settings.

The programme is aimed at psychologists who wish to work in forensic and clinical settings, and who require skills in both forensic and clinical disciplines. Most trainees have been sponsored by their employer and the University is happy to work with applicants in order to support these applications. Self-funding trainees will also be considered. You will expand your knowledge in these crucial areas of psychological practice through your own forensic clinical research and push the boundaries to improve forensic clinical practice and protect the public.

In the first year, a block of University-based study will prepare you for a ten-month forensic clinical foundation placement with a shorter teaching block part-way through the year. In the following years you will follow individually tailored programmes with two five-month clinical placements in Year 2, forensic placements in Year 3 and a ten-month forensic clinical placement in Year 4. Further teaching takes place a day a week during term time complemented by teaching blocks at other times to prepare you for forensic clinical work and provide space for reflection, review and integration of theory and practice.

It would normally take six years of study to achieve joint registration in forensic and clinical psychology. This course allows candidates to complete this training in four years.

The course has been accredited by the BPS and approved by HCPC. This means that successful graduates of the programme will be able to work as qualified forensic and clinical psychologists. It is particularly appropriate for those planning to use clinical skills within a forensic mental health setting, where it is necessary to carry out risk assessments for public protection purposes, and for those working in forensic settings where mental health needs can be overlooked.

FACT FILE
Start date: September
Duration: Four years full-time
Fees and funding: Places will be available in 2017. A sponsorship arrangement with St Andrews healthcare has been available in alternate years for a limited number of candidates who are employed by St Andrews Health Care that covers fees and a small grant payable over the four years of the course. Other employers have also sponsored places on the course. We also welcome applicants interested in self funding and general enquiries and applications for the 2017 intake.
Entry requirements: A good Honours degree, (eg, 2:1 or above) in Psychology that confers Graduate Basis for Chartered Membership (GBC) of the British Psychological Society. Clear enhanced DBS check. At least 12 months’ relevant experience of working in a clinical and/or forensic setting.
Continued Professional Development route to the Doctorate in Forensic Psychology Practice

Course description
This programme is designed to allow Forensic Psychologists, who hold a valid Health and Care Professions Council (HCPC) certificate, to ‘top up’ their existing MSc qualification to Doctoral level.

Through this Continued Professional Development route you will develop your ability to formulate complex applied research questions and investigate these in a methodologically rigorous manner. You will also develop and apply psychological theories, principles, knowledge, models and methods in an ethical and evidence-based way, in order to promote the wellbeing and effectiveness of individuals, groups, organisations and civil society in general, whilst respecting the dignity and rights of those concerned.

The course consists of taught elements and self-directed research. You will be required to attend nine compulsory days of taught classes to develop advanced research skills. We use a number of teaching methods to encourage students to adopt an active approach to learning, to be sensitive to different learning styles and to maximise the learning outcomes. This will provide you with the research skills needed to complete your thesis. Research will be self-directed, carried out under the supervision of one member of academic staff.

Modules
You will complete the following modules and associated assignments:
- Systematic Literature Review Methods and Critical Appraisal
- Development of Psychometric Measures
- Advanced Research and Evaluation Methods
- Research Project

FACT FILE
Start date: September
Duration: One-two years full-time, two-three years part-time
Entry requirements: A BPS accredited MSc (merit or above) in Forensic Psychology. Proof of status and work as a Forensic Psychologist, registered with the Health and Care Professions Council. Graduate Basis for Chartered Membership of the British Psychological Society (preferable).

Non-academic requirements:
A research proposal must be presented with the application. This should outline the background rationale to the project; aims and hypotheses; methodology (sample to be accessed, procedure, measures used, and ethical considerations); description of proposed statistical analysis; and practical implications of the proposed research. Additionally, the area/question to be considered for the systematic review should also be presented.

Work experience required:
Experience working as a Forensic Psychologist, registered with the Health and Care Professions Council.

Successful course participants will graduate with a Doctorate in Forensic Psychology Practice (ForenPsyD). The course will provide a significant contribution to CPD as a forensic psychologist.

LEARN MORE
Forensic Psychology Admissions
Tel: +44 (0)121 414 8327
Email: forensicpsych-admissions@contacts.bham.ac.uk
www.birmingham.ac.uk/fpp-doc
Programmes in Cognitive Behaviour Therapy

Overview of courses
These courses are primarily aimed at those who currently work in a health or social care environment.

Cognitive Behaviour Therapy (CBT) is an evidence-based psychological therapy which is now recommended as a first line treatment for many psychological disorders (by NICE guidelines). More health professionals than ever are now using CBT in their work to help their clients manage psychological stress and realise their goals.

We aim to develop our students so that they become confident and competent cognitive behavioural psychotherapists. We also develop academic skills to enable our students to critically evaluate research and theory, and contribute to the evidence base.

We offer two routes for the Postgraduate Diploma in Cognitive Behavioural Therapy, the details are as follows:

Route 1:
Route 1 entry is the full 36 month course, which is designed for Psychology graduates. This 36 month course leads to a Postgraduate Diploma in CBT worth 120 Higher Education level 7 (or M) credits. Applicants need to have a good 2:1 (GPA 65 or above) in Psychology, and some experience (paid or voluntary) in a role which entails working closely with people in a helping capacity. In this route, students can exit after successful completion of the first two years (modules 1-3) with a Postgraduate Certificate in Cognitive Behavioural Approaches worth 60 Higher Education level 7 (or M) credits.

Route 2:
Route 2 entry is for mental health professionals who have appropriate training, qualifications and clinical experience. The applicant's existing training, qualifications and experience may enable exemption (Accreditation of Prior Learning APL) from Modules 1, 2 and/or 3. Therefore, this makes the whole course shorter depending on which modules are completed. This means all applicants must provide information in their application form concerning their prior learning and work experience that is at least equivalent to the content of the modules from which they are claiming exemption, so that the CBT Director can be assured that this content has been covered. At interview, applicants will be advised on whether to apply for APL, and if so, the application should be made as soon as you are offered a place on the course.

Continuing Professional Development
In addition to our postgraduate diploma CBT courses, we run a variety of stand-alone courses and workshops in Cognitive Behaviour Therapy (CBT), Acceptance and Commitment Therapy (ACT) and Compassion Focused Therapy (CFT), ranging from one to five days’ duration. Certificates of attendance are given to all of these courses which can be used towards CPD hours with the BABCP and other professional bodies for the full CPD programme. Please visit our website www.birmingham.ac.uk/cbt for more details including dates, prices and how to book your place.

<table>
<thead>
<tr>
<th>Course</th>
<th>Start date</th>
<th>Duration of course and entry requirements</th>
</tr>
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<tbody>
<tr>
<td>Postgraduate Diploma in Cognitive Behavioural Therapy (Route 1)</td>
<td>September</td>
<td>Three years part-time.</td>
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<tr>
<td>Postgraduate Diploma in Cognitive Behavioural Therapy (Route 2)</td>
<td>January for 18 month course (modules 2–7) September for 12 month course (modules 4–7)</td>
<td>12–18 months part-time. The duration of the course depends upon which modules the candidates are able to claim exemption from due to Accredited Prior Learning (APL)</td>
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<tr>
<td>Postgraduate Diploma in Compassion Focused Therapy</td>
<td>September</td>
<td>One year part-time.</td>
</tr>
<tr>
<td>Postgraduate Diploma in Cognitive Behavioural Therapy (High Intensity IAPT course)</td>
<td>September</td>
<td>One year full-time.</td>
</tr>
</tbody>
</table>

The majority of our graduates go on to work as Cognitive Behavioural Psychotherapists within the NHS or third sector services. Some graduates also work within the private sector. A minority of our graduates may continue to work within their core mental health professional role, whilst using cognitive behavioural interventions with their clients.
This leaflet was written several months in advance of the start of the academic year. It is intended to provide prospective students with a general picture of the programmes and courses offered by the School. Please note that not all programmes or all courses are offered every year. Also, because our research is constantly exploring new areas and directions of study some courses may be dropped and new ones offered in their place.