

Primary care mental health: what the data tell us

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NHS

Benchmarking Network

Raising standards
through sharing
excellence



Primary Care Mental Health

Data sources include:

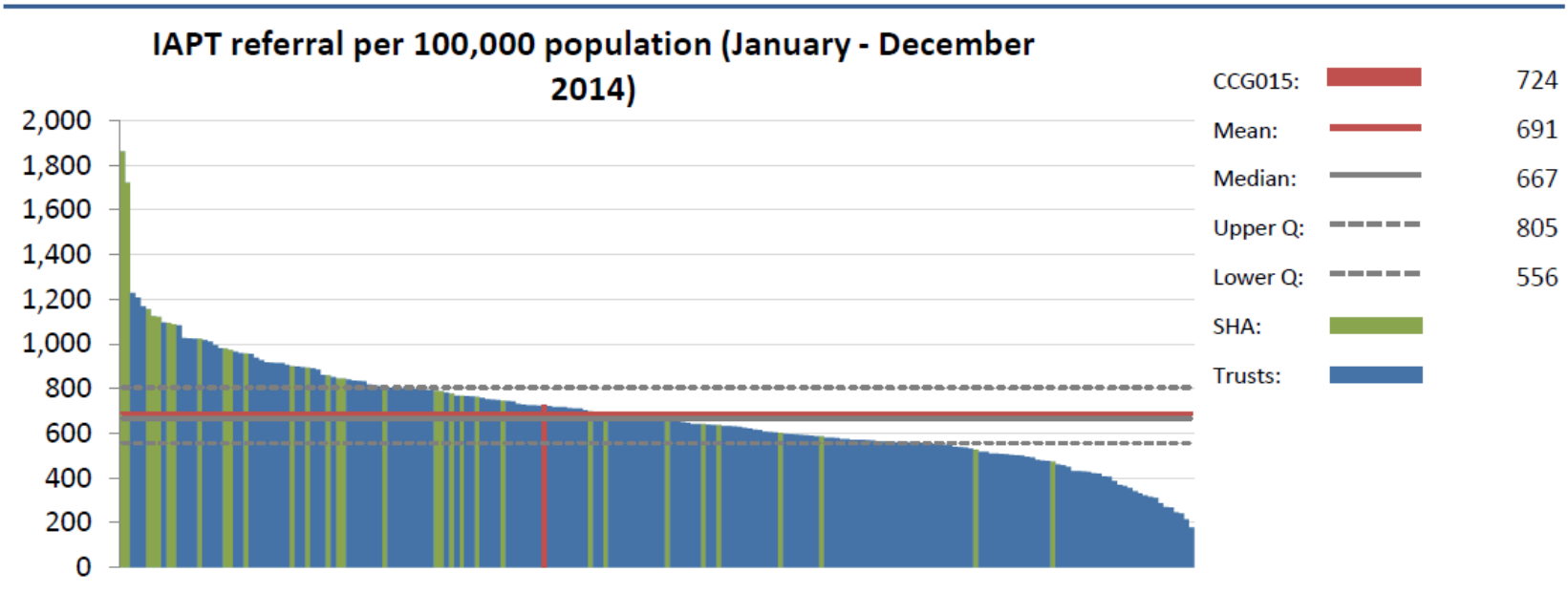
- IAPT
- QOF
- Prescribing - ePACT

Important to note:

- Data completeness
- Data validity e.g. high exception reporting in QOF (14.4% for SMI indicators vs. 4.4% for physical health indicators)
- What the indicators measure e.g. screening vs. treatment

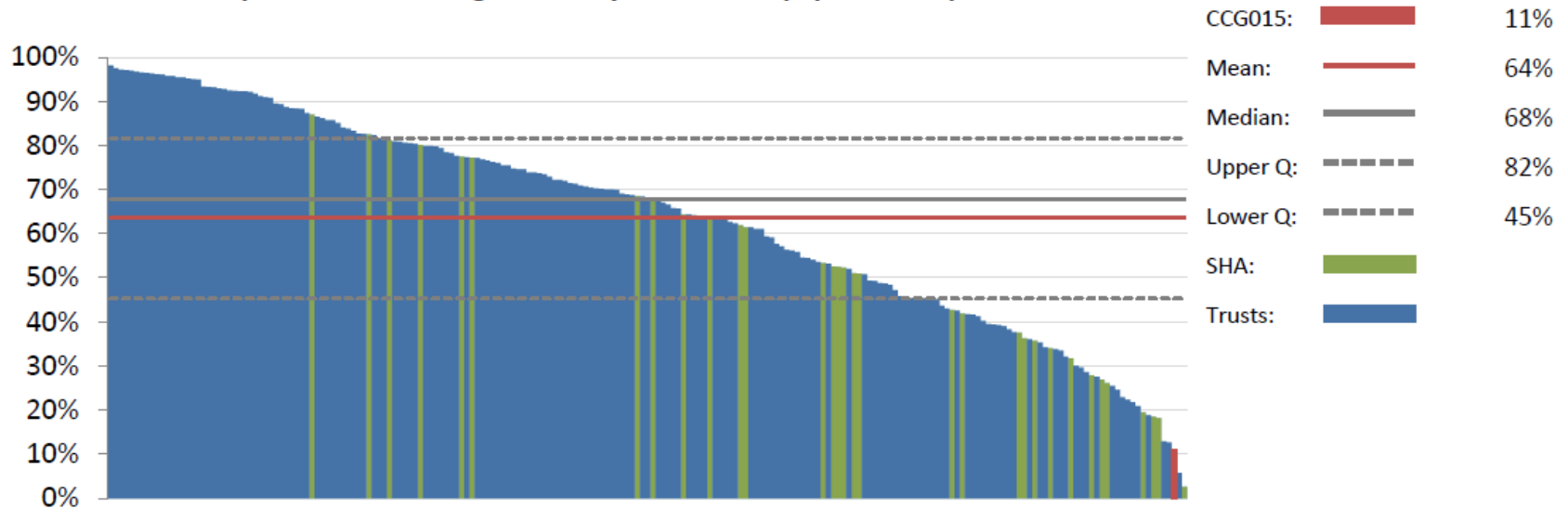


IAPT referral rates per 100,000 population



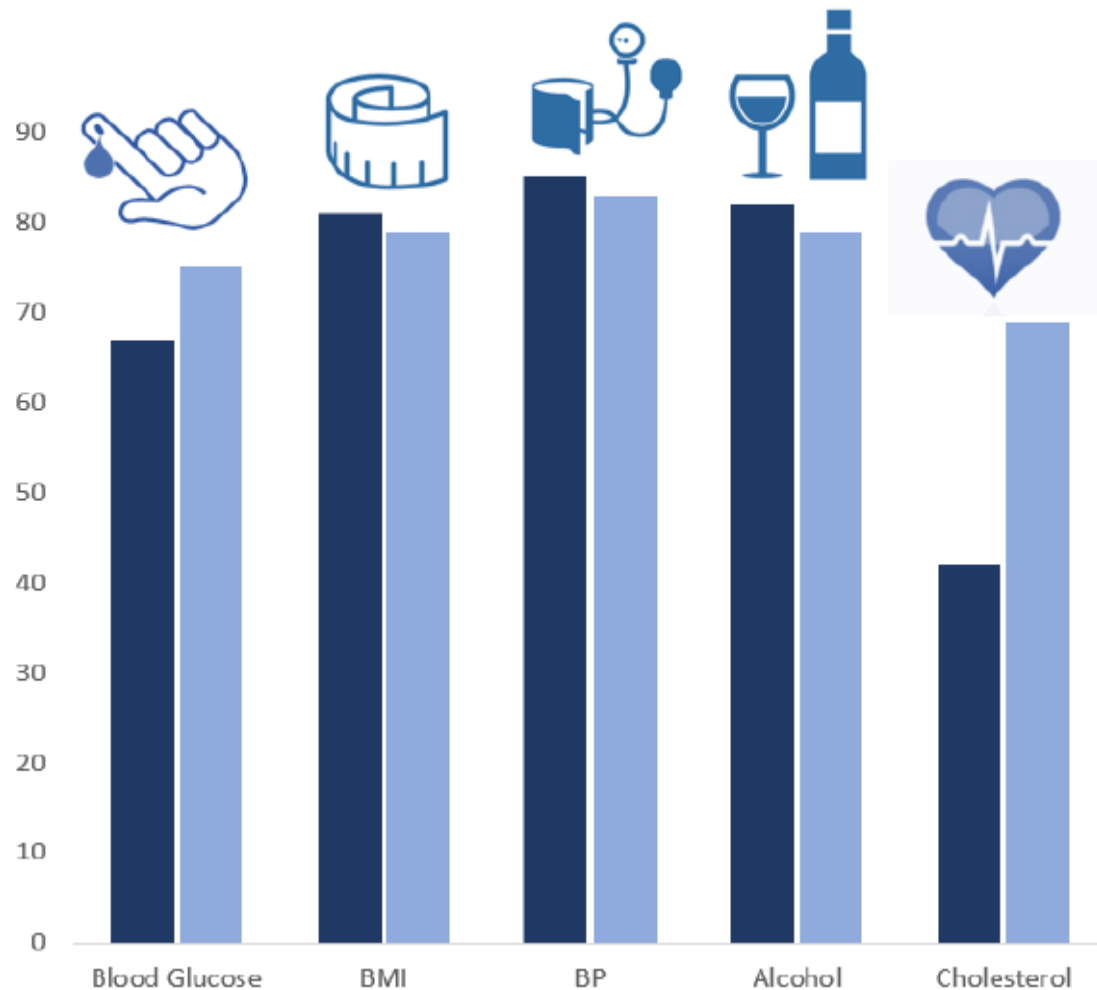
IAPT Access: Patients waiting < 28 days

% of patients waiting < 28 days for IAPT (April 2014)



Physical Health Checks (QOF)

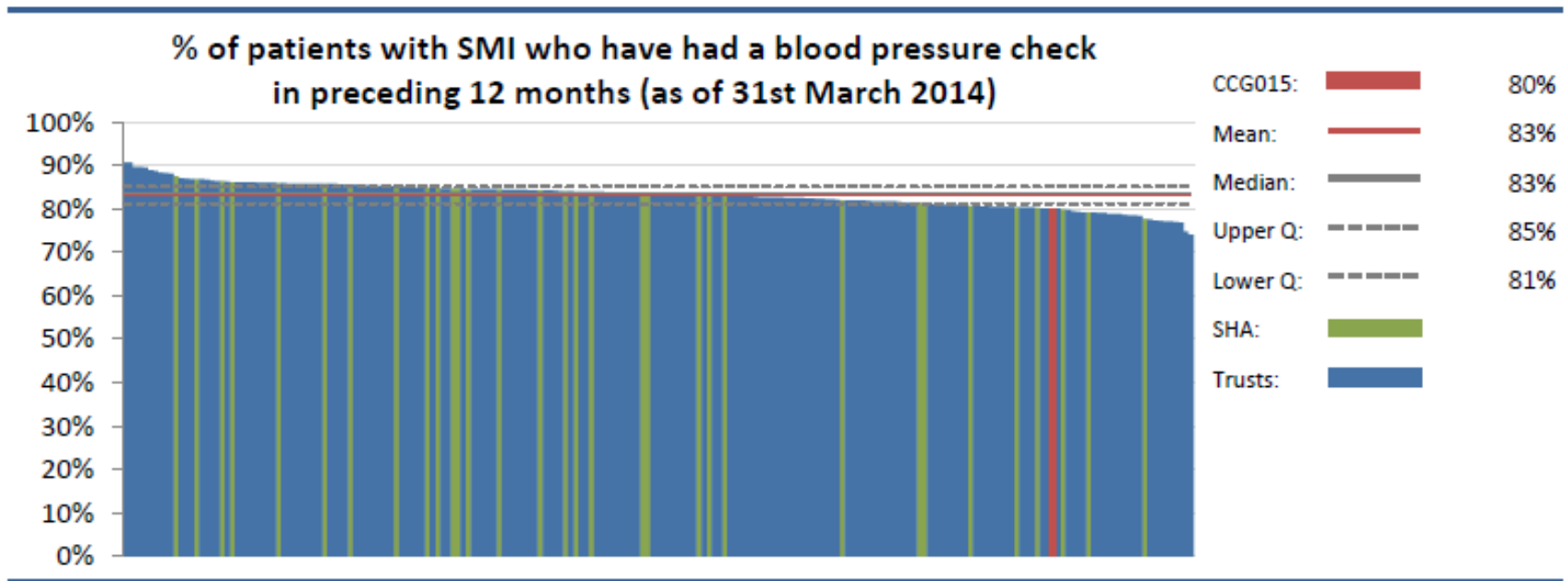
Percentage of patients with SMI who had physical health checks, 2012/13 and 2013/14



Physical Health Checks (QOF): Alcohol



Physical Health Checks (QOF): Blood Pressure



Other Sources and Conclusions

- Definitive prevalence data for mental health conditions is challenging
- Completeness of GP registers is important
 - Depression
 - SMI
 - Dementia
- Cross-referencing with physical healthcare metrics & optimising contacts
- Integrating primary and secondary mental health data will require assertive action
- Work in progress!

