A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

**NICE**

Walking Away from Type 2 Diabetes: implementation of a diabetes prevention programme

An innovative approach to providing lifestyle education and behaviour change to prevent type 2 diabetes

Preventing type 2 diabetes overview

**Google Scholar**

Walking away from type 2 diabetes: trial protocol of a cluster randomised controlled trial evaluating a structured education programme in those at high risk of developing type 2 diabetes

Diabetes Prevention in the Real World: Effectiveness of Pragmatic Lifestyle Interventions for the Prevention of Type 2 Diabetes

SLIMMER: a randomised controlled trial of diabetes prevention in Dutch primary health care: design and methods for process, effect, and economic evaluation

Lifestyle Interventions to Reduce Diabetes and Cardiovascular Disease Risk Among Children

Strengthening the rigour of population-wide, community-based obesity prevention evaluations

**NHS Evidence**

Preventing type 2 diabetes: population and community-level interventions

Can diabetes prevention programmes be translated effectively into real-world settings and still deliver improved outcomes? A synthesis of evidence

A systematic review of the translational research on the Diabetes Prevention Program

How effective were lifestyle interventions in real-world settings that were modelled on the Diabetes Prevention Program?

Early response to preventive strategies in the Diabetes Prevention Program.

Translating the Diabetes Prevention Program lifestyle intervention for weight loss into primary care: a randomized trial.

**HMIC**

An evaluation of the performance of the NHS Health Check programme in identifying people at high risk of developing type 2 diabetes.

Predictors of sustained reduction in energy and fat intake in the Diabetes Prevention Program Outcomes Study intensive lifestyle intervention.

Behaviour change among people with impaired glucose tolerance: Comparison of telephone-based and face-to-face advice.

Opportunistic screening and health promotion for type 2 diabetes: an expanding public health role for the community pharmacist.

**Regional Initiatives**

Diabetes prevention project in Ashton, Leigh and Wigan
Norfolk Diabetes Prevention Study

Diabetes prevention pathway in a south Asian population (East Midlands)

Diabetes UK

NHS to develop Type 2 diabetes prevention programme with Diabetes UK

Juvenile Diabetes Research Foundation

Prevent

NHS Choices

Diabetes Apps

Health and Social Care Information Centre

Young diabetes patients receive fewer vital checks than older patients

Health information regarding diabetes mellitus reduces misconceptions and underestimation of consequences in the general population.

Structured education in diabetes.

'A one-to-one thing is better than a thousand books': views and understanding of older people with diabetes.

Three-year effects on dietary quality of health education: a randomized controlled trial of people with screen-detected dysglycaemia (The ADDITION study. Denmark).

Fruit and vegetable intake and the association with glucose parameters: a cross-sectional analysis of the Let's Prevent Diabetes Study

In the news

Call for EU diabetes strategy 'still to be answered'

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