A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOOk

Department of Health
Health, Work and Wellbeing initiative
Fit for work: work-related musculoskeletal disorders

Health and Safety Executive
Musculoskeletal disorders (overview)
MSD – guidance and research
Case studies (on key factors needed to tackle MSDs and offers controls of MSD risks)
Musculoskeletal Disorders (MSDs) in Great Britain
Ageing and work-related musculoskeletal disorders (RR799, published 2010)

Institution of Occupational Safety and Health (IOSH)
Musculoskeletal disorders (toolkit covering training for employers and employees, prevention, intervention etc.)

Chartered Society of Physiotherapy
Physiotherapy Works briefing: Musculoskeletal

Cochrane Database of Systematic Reviews
Workplace interventions for reducing sitting at work (Jan. 2015)

NHS Evidence
Topics and trends in research on non-clinical interventions aimed at preventing prolonged work disability in workers compensated for work-related musculoskeletal disorders (WRMSDs) : a systematic, comprehensive literature review

Work-related psychosocial risk factors and musculoskeletal disorders in hospital nurses and nursing aides : a systematic review and meta-analysis
Cost-effectiveness of interventions to return employees to work following long-term sickness absence due to musculoskeletal disorders
Are pushing and pulling work-related risk factors for upper extremity symptoms? A systematic review of observational studies

HMIC
The Work Foundation

**Musculoskeletal Disorders, Workforce Health and Productivity in the United States** (June 2015)

**Self-management of chronic musculoskeletal disorders and employment** (Sept. 2014)

**Musculoskeletal disorders and mental health major causes of sickness absence** (Feb. 2014)

**NHS incurring needlessly high sick pay costs as many staff with musculoskeletal disorders still lack support to remain working** (March 2013)

**Poor clinical & workplace support for musculoskeletal disorders leaving hundreds of thousands facing lost income, job insecurity & early retirement** (Dec. 2012)

**Taking the strain: Measuring the impact of musculoskeletal disorders** (Dec. 2012)

**Fit for Work? Musculoskeletal Disorders in the European Workforce** (June 2009)

NHS Inform

**Musculoskeletal Zone**

Ergo Health Physiotherapy and Ergonomics

**Managing Musculoskeletal Disorders in the Workplace** (with link to ebook: Managing Musculoskeletal Disorders in the Workplace)

European Agency for Safety and Health at Work

**Musculoskeletal disorders** (includes link to several fact sheets)

(Dick RB; Lowe BD; Lu ML; Krieg EF. : Journal of Occupational & Environmental Medicine. 57(8):910-28, 2015 Aug.)

**Communicating with employers: experiences of occupational therapists treating people with musculoskeletal conditions.**
(Coole C; Birks E; Watson PJ; Drummond A. : Journal of Occupational Rehabilitation. 24(3):585-95, 2014 Sept.)

**Constant negotiating: managing work-related musculoskeletal disorders while remaining at the workplace.**
(Smith-Young J; Solberg S; Gaudine A. : Qualitative Health Research. 24(2):217-31, 2014 Feb.)

**Effect of a musicians' exercise intervention on performance-related musculoskeletal disorders.**
(Chan C; Driscoll T; Ackermann BJ. : Medical Problems of Performing Artists. 29(4):181-8, 2014 Dec.)

**Breaking up workplace sitting time with intermittent standing bouts improves fatigue and musculoskeletal discomfort in overweight/obese office workers.**
(Thorl AA; Kingwell BA; Owen N; Dunstan DW. : Occupational & Environmental Medicine. 71(11):765-71, 2014 Nov.)

**Work-related musculoskeletal disorders in nursing: current knowledge and ongoing challenges for occupational health.**
(Serranheira F; Smith D. : Medicina del Lavoro. 105(5):395-7, 2014 Sep-Oct.)

**Are the predictors of work absence following a work-related injury similar for musculoskeletal and mental health claims?.**
(Smith PM; Black O; Keegel T; Collie A. : Journal of Occupational Rehabilitation. 24(1):79-88, 2014 Mar.)

**Predictive risk factors for chronic regional and multisite musculoskeletal pain: a 5-year prospective study in a working population.**
(Herin F; Vezina M; Thaon I; Soulat JM; Paris C; ESTEV group. : Pain. 155(5):937-43, 2014 May.)

**Preface. Epidemiological studies of workplace musculoskeletal disorders.**
(Miranda H; Punnett L; Gore RJ; ProCare Research Team. : Human Factors. 56(1):215-27, 2014 Feb.)
Prevention of work-related musculoskeletal disorders. (Kang D; Kim YK; Kim EA; Kim DH; Kim I; Kim HR; Min KB; Jung-Choi K; Oh SS; Koh SB. : Annals of Occupational & Environmental Medicine. 26:14, 2014.)

Social Sciences Citation Index

Upper limb musculoskeletal disorders in healthcare personnel
(Occhionero, Vincenzo; Korpinen, Leena; Gobba, Fabriziomaria : ERGONOMICS Volume: 57 Issue: 8 Pages: 1166-1191 Published: AUG 2014)

Occupational rehabilitation programs for musculoskeletal pain and common mental health disorders: study protocol of a randomized controlled trial
(Fimland, Marius S.; Vasseljen, Ottar; Gismervik, Sigmund; et al. : BMC PUBLIC HEALTH Volume: 14 Article Number: 368 Published: APR 16 2014)

Effects of personal, psychosocial and occupational factors on low back pain severity in workers
(Govindu, Nirathi Keerthi; Babski-Reeves, Kari : INTERNATIONAL JOURNAL OF INDUSTRIAL ERGONOMICS Volume: 44 Issue: 2 Special Issue: SI Pages: 335-341 Published: MAR 2014)

Job Stress and Work-Related Musculoskeletal Symptoms Among Intensive Care Unit Nurses: A Comparison Between Job Demand-Control and Effort-Reward Imbalance Models
(Lee, Soo-Jeong; Lee, Joung Hee; Gillen, Marion; et al. : AMERICAN JOURNAL OF INDUSTRIAL MEDICINE Volume: 57 Issue: 2 Pages: 214-221 Published: FEB 2014)

In the news
Back to business: musculoskeletal disorders (SHP Online, August 2015)
Musculoskeletal disorders in the workplace: the role of HR and line managers (Personnel Today, June 2015)
Work-related musculoskeletal disorders: are they truly declining? (Occupational and Environmental Medicine, Nov. 2014 (Online First))
University to tackle musculoskeletal disorders in the workplace (University of Manchester press release, Dec. 2014)
New national research centre to tackle musculoskeletal disorders in the workplace (Medical Research Council, Nov. 2014)
Concerns as work-related ill health increases (British Safety Council, Oct. 2014)