A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women’s health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOOk

---

**NICE**

- Behaviour change - local government briefing (LGB7)
- Behaviour change: individual approaches (= NICE guidelines [PH49])

**Local Government Association**

- Changing behaviours in public health: to nudge or to shove?

**British Medical Association**

- Behaviour change, public health and the role of the state: BMA position statement

**Health Foundation**

- Nudging towards NHS innovation

**The Conversation**

- Nudge can make us healthier even if it’s a bit 1984

**MOOC**

- Nudge-it: Understanding obesity (for information on this European research project please see the project website)

---

**NHS Evidence**

- Getting a healthy start? Nudge versus economic incentives
- Nudging guideline-concordant antibiotic prescribing: a randomized clinical trial.
- Understanding society: how do we change behaviour? Make it simple
- How effective are interventions at reducing socioeconomic inequalities in obesity among children and adults? Two systematic reviews

**HMIC**

- "Nudge" in the clinical consultation an acceptable form of medical paternalism?. (Aggarwal, Ajay: BMC Medical Ethics, Vol. 15, no. 51, 2014)
- Approaches based on behavioral economics could help nudge patients and providers toward lower health
Webinar

Nudging health outcomes: Using behavioural economics to design health interventions in developing countries [past event – includes link to presentation]

In the news

Nudging healthy food choices: a field experiment at the train station (Journal of Public Health, July 2015)

“Nudges” in health: Lessons from a fitness tracker on how to motivate patients (Stanford Medicine blog, July 2015)

Ministers turning to behavioural psychology to tackle policy problems (Independent, July 2015)

The rise of nudge – the unit helping politicians to fathom human behaviour (Guardian, July 2015)

Luc Bovens discusses the ethics of “Nudge” for public health (LSE, June 2015)

Nudge theory in public health – a way to achieve behavioural change? (= Mike Kelly's talk at the Australian Prevention Partnership Centre. Sax Institute, May 2015. Also available here)

Nudging or Shoving? The Ethical Debate (Department of Health, Ireland, May 2015)

Solving the obesity crisis: knowledge, nudge or nanny? (BMC Series blog, April 2015)

Nudge + Coach App Connects Health Data to a Real-Life Coach (New York Times blog, April 2015)

Has The "Nudge" Meme Gotten Out Of Control? (Forbes Magazine, Jan. 2015)

Nudge economics: has push come to shove for a fashionable theory? (Observer, June 2014)

Nudging for health: on public policy and designing choice architecture (Medical Law Review, Sept. 2013)

Social Sciences Citation Index

From mechanism to virtue: Evaluating Nudge theory
Kosters, Mark; Van der Heijden, Jeroen : EVALUATION Volume: 21 Issue: 3 Pages: 276-291 Published: JUL 2015

Government interventions to aid choice: Help to self-help or paternalism?
Gyrd-Hansen, Dorte; Kjaer, Trine HEALTH POLICY Volume: 119 Issue: 7 Pages: 874-881 Published: JUL 2015

Do English healthcare settings use ‘Choice Architecture’ principles in promoting healthy lifestyles for people with psoriasis? An observational study
Keyworth, Chris; Nelson, Pauline A.; Griffiths, Christopher E. M.; et al. BMC HEALTH SERVICES RESEARCH Volume: 15 Article Number: 215 Published: JUN 2 2015

Making the Blue Zones: Neoliberalism and nudges in public health promotion
Carter, Eric D. : SOCIAL SCIENCE & MEDICINE Volume: 133 Special Issue: SI Pages: 374-382 Published: MAY 2015

Nudging Physician Prescription Decisions by Partitioning the Order Set: Results of a Vignette-Based Study
Tannenbaum, David; Doctor, Jason N.; Persell, Stephen D.; et al. : JOURNAL OF GENERAL INTERNAL MEDICINE Volume: 30 Issue: 3 Pages: 298-304 Published: MAR 2015

Needs, norms and nudges: the place of behaviour change in health promotion

Using 'nudge' principles for order set design: a before and after evaluation of an electronic prescribing template in critical care
Bourdeaux, Christopher P.; Davies, Keith J.; Thomas, Matthew J. C.; et al. : BMJ QUALITY & SAFETY Volume: 23 Issue: 5 Pages: 382-388 Published:
Produced by the Health Services Management Centre Library & Information Services for registered library users only, and not for re-distribution

Whilst we make every effort to check the contents of this Digest when it is first produced, HSMC Library cannot guarantee its correctness, completeness or that the links will work, as we have no control over the availability of the linked sites.

All links from this Digest are provided for information only and are supplied to you under the UK copyright concept of "fair dealing". The HSMC Library does not accept responsibility for the reliability of external websites and, links should not be taken as an endorsement of the contents, views and information held on these sites.

Unsubscribe