A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women's health – in fact anything that you ask for!

If you have a topic suggestion, please email it to Rachel Posaner.

**NHS England**

NHS Commissioning » C06. Perinatal Mental Health

Maternal and neonatal paediatric interventions

**NHS Confederation**

Mapping highlights gaps in maternal mental health services

Children and young people’s health and wellbeing in changing times

Investing in emotional and psychological wellbeing for patients with long-term conditions.

**NHS Evidence**

Service user experience in adult mental health: Evidence ...

guidelines parent-infANT mental health - Evidence Search

paternal postpartum depression - Search Results - Evidence ...

Cost of perinatal mental health problems

The costs of perinatal mental health problems

Antenatal and postnatal mental health: clinical management and service guidance - guidance (CG192)

**In the news**

NHS failures cost billions to taxpayers

Couple launch campaign to bring designated mother and baby unit ...

Extra mental health support for mums-to-be and new mothers ...

Women who experience postpartum depression symptoms before ...

Co-morbidities prove large risk factor for maternal deaths

Poignant Women’s Health Memoir Brings Hope Breastfeeding Rate for Native Women in Michigan Tribal Program ...

Medical co-morbidities associated with direct maternal deaths in the ...

**BBC**

Shirley Conran; Perinatal Mental Health; Faith and … - BBC

BBC News - Mental health: The £8bn cost of poor care for ...

Perinatal warning: Mum 'had panic attacks' after birth - BBC …
Antidepressant treatment for postnatal depression

National guidelines on accessible health and social care services: guidance document for staff on the provision of accessible services for all

The maternal mental health of migrant women

The clinical effectiveness, cost-effectiveness and acceptability of community-based interventions aimed at improving or maintaining quality of life in children of parents with serious mental illness: a systematic review

The importance of promoting mental health in children and young people from black and minority ethnic communities

Closing the gap: priorities for essential change in mental health. Policy briefing

Does progesterone or progestogen supplementation prevent postnatal depression?

A good start in life: Improving perinatal and maternal mental health provision

Frontline First: Turning back the clock? RCN report on mental health services in the UK

Maternity services in England: fortieth report of session 2013-14

Bipolar disorder, affective psychosis, and schizophrenia in pregnancy and the post-partum period

Non-psychotic mental disorders in the perinatal period

Closing the Gap: Priorities for essential change in mental health

Mental Elf

Do perinatal mental health problems cost UK £8b per year?

Do perinatal mental health problems cost the UK £8 billion per year?

95 Responses »

NSPCC

Prevention in mind: All Babies Count: spotlight on perinatal...
Royal College of Psychiatrists

perinatal mental health services - Royal College of ...  
Guidance for commissioners of perinatal mental health services

CR88. Perinatal mental health services. Recommendations for ...  
Black and minority ethnic women and perinatal mental health  
developing commissioning standards for perinatal mental health...

NICE

NICE - National Institute for Health and Care Excellence ...  
NICE guideline CG192

Other guidelines

SIGN/HIS Guideline 127

Guidance for commissioners of perinatal mental health services

Perinatal Mental Health Curricular Framework

NHS Choices

Mental health problems and pregnancy

TRIP

Best Practice Guidelines for Mental Health Disorders in the Perinatal Period

British Columbia Perinatal Health Program

Cohort study: Gender-based violence, perinatal mental health in women and child development  
Evidence-Based Medicine (Requires free registration)

National perinatal mental health project - perinatal mental health of black and minority ethnic women: a review of current service provision in England Scotland and Wales

Perinatal mental health : experiences of women and health professionals Publisher Information S.I. : Boots Family Trust Alliance, 2013, 3,26,1 p.

Improving maternal perinatal mental health : : integrated care for all womenversus screening for depression.  
Laios, Lia.  
Australasian Psychiatry, , Vol. 21, No. 2, Apr 2013, p 171-175

Perinatal mental health services : what are they and why do we need them?  
Galbally, Megan.  
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Collaboration and integrated services for perinatal mental health : an integrative review.  
Myors, Karen A.  
Child and Adolescent Mental Health, Vol. 18, no. 1, Feb 2013, p 1-10

Liaison psychiatry in the modern NHS  
Parsonage, Michael.  
Publisher Information  
London - 134 - 138, Borough High Street, London SE1 1LB: Centre for Mental Health, 2012, 2,84,1p

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Learning Tools

E-learning: Postnatal depression

Postnatal depression information for health professionals

Links

Mind: understanding postnatal depression

Royal College of Psychiatrists: postnatal depression

Royal College of Psychiatrists: postpartum psychosis

Best use of medicines in pregnancy
Psychosocial interventions for perinatal common mental disorders delivered by providers who are not mental health specialists in low- and middle-income countries: a systematic review and meta-analysis.

Starting a perinatal and infant mental health service at Winnunga Nimmityjah. Australasian psychiatry : bulletin of Royal Australian and New Zealand College of Psychiatrists

Correction: psychosocial interventions for perinatal common mental disorders delivered by providers who are not mental health specialists in low- and middle-income countries: a systematic review and meta-analysis.

Public views of acceptability of perinatal mental health screening and treatment preference: a population based survey.

BMC Pregnancy and Childbirth

PMM.44 Implementation of an "at risk" triage service for perinatal mental health in a tertiary hospital in Bristol.

Mothers at risk: maternal mental health outcomes after perinatal death.

Open Grey

Relational determinants of perinatal mental health (a ... Perinatal maternal mental health services

Factors influencing postnatal emotional distress and barriers to ...

Fathers' experiences of a mother and baby unit : a qualitative ...