A quick overview of the latest guidance and evidence on current issues such as smoking, sexual health, health inequalities, mental health, obesity, substance abuse, women's health – in fact anything that you ask for!
If you have a topic suggestion, please email it to Rachel Posaner. Previous searches can be found at: http://bit.ly/1H6QOOk

**NICE**

Self-harm (Clinical Knowledge Summaries)

Self-harm: The short-term physical and psychological management and secondary prevention of self-harm in primary and secondary care

Using NICE CG16 Self-harm guidance to improve psychosocial assessment of patients following self harm (Shared learning database)

Self-harm: longer-term management

Quality standard for self-harm

Standards of care for people who self-harm must be improved, says NICE

Psychosocial assessments can help tackle 'hidden problem' of self-harm

Support for commissioning for self-harm - support for commissioning (CMG50)

**Eyes on Evidence series**

Eyes on Evidence: self-harm and suicide in prisons

Eyes on Evidence: self harm in teenagers and young adults

Eyes on Evidence: bullying and self-harm in young adolescents

**NHS Evidence**

Self-harm and ethnicity: A systematic review

The association of ADHD symptoms to self-harm behaviours: a systematic PRISMA review

Therapeutic Interventions for Suicide Attempts and Self-Harm in Adolescents: Systematic Review and Meta-Analysis

A help sheet to reduce self-harm among people admitted to hospital for self-harm

Working with children and adults who may be at risk of self-harm: practice guidance on information sharing, protection and confidentiality

Risk factors for repetition of self-harm: a systematic review of prospective hospital-based studies

Research summary: adolescent self-harm

Self-harm in prisons in England and Wales: an epidemiological study of prevalence, risk factors, clustering, and subsequent suicide

**Social Care Online**

A school policy for self-harm

A sign that something is wrong?: young people talking about self-harm

Who can I talk to? Self-harm and seeking help among 16 year olds: changes between 2008 and 2013

Severity of hospital-treated self-cutting and risk of future self-harm: a national registry study

**Mental Health Foundation**

Mental Health Statistics: Self-Harm
Mind

**Self-harm** (includes information on self-help, treatment and support)

**What can friends and family do to help?**

**Further charities providing help and resources**

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**Selfharm UK**

Site contains articles and case studies, a blog, 'stories', and a link to training resources

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**Being Public with a Private Illness**

**Self-harm** (on why children harm themselves, warning signs, response to self-harm)

**Under pressure: what affected children in April 2013 – March 2014**

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**ChildLine**

**Why do people self-harm?** (includes videos, a chat facility and further information on the topic)

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**Young Minds**

**Alarming effect of online self-harm images revealed**

**Internet use link to increase in self-harm**

**SHAD: Myth busting campaign**

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**The Site**

**Self-harm** (includes videos, advice and 'true stories')

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**Self Injury Support**

**Help and support with self-injury**

**Publications about self injury**

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**Harmful or helpful? the role of the internet in self-harming and suicidal behaviour in young people**

**Talk to me 2: suicide and self harm prevention strategy and action plan for Wales; consultation document**

**That difficult age: developing a more effective response to risks in adolescent**

**Where's the harm?** (on self-trolling on the internet)

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**Self-injurious behaviour, non-interventionism and practitioners’ needs: implications for training and managerial support**

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**Social Sciences Citation Index**

**Suicide following self-harm: Findings from the Multicentre Study of self-harm in England, 2000-2012**

(Hawton et al: JOURNAL OF AFFECTIVE DISORDERS Volume: 175 Pages: 147-151 Published: APR 1 2015)

**The co-occurrence of aggression and self-harm: Systematic literature review**

(O'Donnell et al: JOURNAL OF AFFECTIVE DISORDERS Volume: 175 Pages: 325-350 Published: APR 1 2015)

**Letters, green cards, telephone calls and postcards: systematic and meta-analytic review of brief contact interventions for reducing self-harm, suicide attempts and suicide**

(Milner et al: BRITISH JOURNAL OF PSYCHIATRY Volume: 206 Issue: 3 Pages: 184-190 Published: MAR 2015)

**Consciousness, not only intentionality, yields self-harming behavior**

(Tschiesner and Basso: FRONTIERS IN HUMAN NEUROSCIENCE Volume: 9 Article Number: 69 Published: FEB 12 2015)

**Frequency and functions of non-suicidal self-injury: Associations with suicidal thoughts and behaviors**

(Paul et al: PSYCHIATRY RESEARCH Volume: 225 Issue: 3 Pages: 276-282 Published: FEB 2015)

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**Defining and Refining Self-Harm A Historical Perspective on Nonsuicidal Self-Injury**


**Building an online community to promote communication and collaborative learning between health professionals and young people who self-harm:**
Monthly e-bulletins on self-injury

Time to Change
Blogs and stories about self harm

Cello Group
UK TEENAGERS ‘NOWHERE TO TURN’ AS SELF-HARM SPIRALS

Royal College of Psychiatrists
Self-harm (introduction to the subject with references)

COLLEGE REPORT: Managing self-harm in young people

Manchester Self-Harm Project
The Manchester Self-Harm project: influencing national guidelines and government strategy

Self-harm in Manchester continues to rise in latest figures

In the news
Self-harm hospital admissions among children 'at five-year high' (BBC News; includes video. Dec. 2014)

Shock figures show extent of self-harm in English teenagers (The Guardian, May 2014)

Blaming technology for self-harm is too easy (The Guardian, Aug. 2014)

Number of children who self-harm jumps 70 per cent in just two years (The Independent, Aug. 2014)

'Exam factory' conditions at school causing children to self-harm, says new research (The Independent, April 2015)

Self-harm may be on the rise, but it's not all the internet's fault (The Telegraph, May 2014)

Self-harm: Manchester youngsters tell their stories - and how sufferers can get help (Manchester Evening News, April 2015)

'Suicide app' could help those at risk of self harm (Birmingham Post, Oct. 2014)

How society makes it worse for people who self-harm (Lancaster University, Jan. 2015)

'Thanks To The Internet, Self-Harm Is Becoming Mainstream,' Warns Priory Group Doctor (Huffington Post, Feb. 2014)

an exploratory study
(Owens et al: HEALTH EXPECTATIONS Volume: 18 Issue: 1 Pages: 81-94 Published: FEB 2015)

Evidence on the extent of harms experienced by children as a result of online risks: implications for policy and research
(Slavtcheva-Petkova et al: INFORMATION COMMUNICATION & SOCIETY Volume: 18 Issue: 1 Pages: 48-62 Published: JAN 2 2015)

Coping Strategies in Adolescents Who Self-Harm A Community Sample Study

Risky sexual behavior. Forms of sexual self-harm
(Hill et al: PSYCHOTHERAPEUT Volume: 60 Issue: 1 Pages: 25-30 Published: JAN 2015)
Symposium

Suicide, Self-harm and the Internet: Exploring Use, Prevention and Intervention (19 May 2015, Cardiff University)