Chrissie Wellington MBE

Triple world champion in one of the most gruelling sporting events on the planet

Chrissie graduated from Birmingham in 1998 with a First Class degree in Geography.

Why she is outstanding

British triathlete Chrissie Wellington is the reigning, and triple, World Ironman Champion (2007, 2008 and 2009).

Since she left her desk job working for the government to turn professional in February 2007, she has dominated the women's Ironman Triathlon scene.

Shortly after winning her first Ironman competition in August 2007 in Korea, Chrissie became Britain's first ever Ironman World Champion in 2007, and successfully defended her title in 2008 and again in 2009, where she broke the 17-year-old course record and finishing behind only 22 men. In July 2010, she broke her own World Ironman Distance Record by an incredible 12 minutes. Chrissie now remains undefeated at the Ironman distance, winning nine out of nine races.

In November 2009, readers of The Sunday Times newspaper voted her as their Sportswoman of the Year. She was awarded an MBE in 2010.

Did you know?

An elephant in Zambia has been named 'Wellington' after Chrissie (http://www.chrissiewellington.org/blog/the-welly-phant/#more-1629) .

Chrissie Wellington "I am proud and honoured to hold the world record. To have my name etched in triathlon history is something that I will not take for granted. But records are meant to be broken. I hope that women look at this and realise that there are no limits, and that it puts fire in their bellies to have a go at making history."

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