# Symposium & Workshop - 4<sup>th</sup> September 2018 (Room UG07, Murray Learning Centre) Perspectives and Experiences of Intersectional Systems Based Approaches To Childhood Obesity Prevention

9:30 -10:00 Registration and Drinks (Prior registration required)

#### MORNING SESSION

10:00 -10:10 Welcome from Head of Institute of Applied Health Research (Professor KK Cheng)

**10:10 - 10:40** Introduction and summary of childhood obesity prevention research in Birmingham (*Professor Peymane Adab*)

**10:40** -**11:10** Experience of development and evaluation of systems based approaches to childhood obesity prevention in Australia and New Zealand (*Professor Steven Allender, Director of Global Obesity Centre, Deakin University, Australia*)

11:10 - 11:25 Q & A

11:25 - 11:40 Break & Drinks

**11:40** - **12:10** Community based approach to childhood obesity prevention – Shanghai experience (*Professor William Fraser, Directeur scientifique, Centre de recherche du CHUS, University of Sherbrooke, Canada*)

12:10 - 12:25 Q & A

LUNCH BREAK & NETWORKING

12:30- 1:30

### AFTERNOON SESSION

## 1:30 -2:10 Small group discussion:

The aim of the workshop discussion is to explore some of the themes raised in the morning session and use this as an opportunity to consider new collaborative research. Suggested questions for discussion are below (Facilitators: Dr Bai Li, Dr Miranda Pallan, Dr Emma Frew, Professor Peymane Adab, Professor William Fraser and Professor Steven Allender)

- 1) Developing a system or "route" map Which stakeholders should be consulted?
- 2) What entity should the system encompass / how wide should the system be?
- 3) What constitutes the "community" in the Birmingham context?

### 2: 10-2:30 Group feedback and discussion

2:30 -2:45 Break & Drinks

2:45 – 3:25 Small group discussion continued

4) Evaluation of a systems approach and its challenges (consider evaluation framework, population, comparator, outcomes, measurement of processes of change at leverage points5) Data sources for evaluation – what data is routinely available and what are the gaps?

3:25 - 3: 45 Group feedback and discussion

3:45 - 4:00 Conclusions and closing remark

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