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Musculoskeletal Neck and Back Pain Management in Primary Care

Date(s)	Monday 9th January 2012 (09:00-17:00)
Download	**Add to Calendar (/facilities/mds-cpd/events/neck-back-pain-management.aspx?ical=true)**

Course Summary

An algorithm-based approach for the examination and management of musculoskeletal Neck, Thoracic and Low Back Pain which is achievable within the time-limited nature of Primary Care consultations. Topics covered on this interactive course include:

- Classifications of Spinal problems Cervical, Thoracic and Lumbar
- Whiplash – what it is and what it isn't
- Red & yellow flags
- Management of common spinal problems in Primary Care
- Introduction to key current documents such as NICE guidelines for the management of back pain and spinal taskforce
- Practical examination and assessment techniques including Waddell's signs

Learning Objectives

The course is designed to develop the skills to manage spinal pain of a musculoskeletal cause so that participants are able to:

Within a time limited consultation:

- Take a concise and relevant history
- Conduct a quick and slick examination
- Make an appropriate diagnosis and/or treatment plan.

Then:

- Deliver appropriate primary care management within one (or over a series of) 10 minute consultation(s) AND/OR make a timely onward referral to other agencies.

Who is the course for?

The course is aimed at Primary Care clinicians including, but not limited to GPVTs, AiTs, First5 and returners to practice. It will serve as a concise revision for more experienced clinicians.

Course Details

Duration
One Day

Location
Centre for Professional Development, College of Medical and Dental Sciences, University of Birmingham, Edgbaston, Birmingham, B15 2TT

Is this course accredited?
No

Fees
£150.00 per person
Fee includes lunch and refreshments throughout the day

SPECIAL OFFER - Register for all 3 Musculoskeletal Pain Management short courses and receive a £50 discount! Book onto all 3 of our musculoskeletal skills courses at our **online shop (https://www.bhamonlineshop.co.uk/browse/extra_info.asp?compid=1&modid=2&prodid=369&deptid=4&catid=1)** and pay £400 instead of £450.

How to apply
For further information, please contact David Oram or Kirstie McAra in the Centre for Professional Development

Email: **med-cpdbookings@contacts.bham.ac.uk (mailto:med-cpdbookings@contacts.bham.ac.uk)**
Tel: +44 (0)121 414 8606 / 8607

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