

# Identifying and managing occupational asthma: an overview and update

**Date(s)** Tuesday 9th April 2013 (09:00-17:00)

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## Course Summary

Every year up to 3000 adults develop asthma because they are exposed to materials at work. This represents 1 in 6 new cases of asthma in working-age adults, and the cost to the UK economy is estimated at £100 million per annum. The early diagnosis of occupational asthma and avoidance of further exposure can lead to complete recovery for the individual worker. However, delays in diagnosing the condition and accessing specialist advice mean that two thirds of sufferers do not currently make a full recovery.

Therefore it is vital that healthcare professionals are aware of workplace hazards and risks for asthma and can assess asthma patients for work-related causes.

This one-day course uses a variety of teaching methods, including interactive case studies, in order to present an overview of the presentation of occupational asthma, workplace hazards and risks for asthma, screening and diagnosis, interpretation of investigations and finally the management of the affected worker.

## Learning Objectives

To provide an overview of occupational asthma using the latest evidence and guidance, for any healthcare professional who attends working-age asthmatics on a clinical basis.

### Course Specific Objectives:

- Understand and have a working knowledge of the workplace hazards and risks associated with asthma
- Undertake an occupational history, screen for occupational asthma, initiate serial peak-flow measurements and refer for specialist advice
- Interpret workplace investigation results and understand the principles of diagnosis of occupational asthma
- Create a management plan for the worker with occupational asthma, by observing the perspectives of both worker and employer.

## Who is this course for?

- GPs and primary care nurses
- Occupational medicine consultants and trainees
- Occupational health nurses
- Respiratory technicians and physiologists
- Hospital doctors and trainees who diagnose or manage adult patients with asthma

## Course details

### Duration

One day

### Location

Centre for Professional Development, College of Medical and Dental Sciences, University of Birmingham, Edgbaston, Birmingham, B15 2TT

### Is this course accredited?

All delegates will receive a Certificate of Attendance for CPD credits

### Fees

£100 per person

### How to Apply

Register for this course using a debit / credit card at our [online shop \(http://shop.bham.ac.uk/browse/extra\\_info.asp?compid=1&modid=2&prodid=617&deptid=33&catid=56\)](http://shop.bham.ac.uk/browse/extra_info.asp?compid=1&modid=2&prodid=617&deptid=33&catid=56).

For further information please contact the Centre for Professional Development

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