

Practical Workplace Ergonomics

Date(s) Tuesday 22nd (09:00) - Thursday 24th January 2013 (17:00)

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Course Summary

Ergonomics is the science of fitting the work to the human in a huge variety of workplaces ranging from offices through to construction, transport and health care. This course provides an introduction to the principles and practice of ergonomics within the occupational context.

This short course is aimed at training occupational health practitioners who wish to develop a better understanding of the needs of the human in work systems, and through this improve efficiency in maintaining good health at work.

Learning objectives

On completion of the course, delegates will be able to:

- Understand the philosophy behind ergonomic practice
- Understand the need for consideration of physical fit in the design of work, workplaces and equipment
- Understand and use ergonomic methods and techniques for risk assessment and identification of workplace risk factors
- Conduct a preliminary assessment to evaluate risks to the musculoskeletal system from poor ergonomic design and recommend suitable control measures

Who is this course for?

This course is designed for individuals with an interest in ergonomics, but specifically for those involved in occupational health, including physicians, nurses and physiotherapists.

Course Details

Duration

Three Days

Location

[Institute of Occupational and Environmental Medicine \(/schools/haps/departments/ioem/index.aspx\)](/schools/haps/departments/ioem/index.aspx), University of Birmingham, Edgbaston, B15 2TT

Is this course accredited?

CPD credits have been applied for from the [Institute of Ergonomics & Human Factors \(http://www.ergonomics.org.uk/\)](http://www.ergonomics.org.uk/).

Fees

£595 per person

This includes refreshments and lunch throughout the course.

How to apply

For further information please contact the CPD Training Team at the IOEM:

CPD Training Team, Institute of Occupational and Environmental Medicine, University of Birmingham, Edgbaston, Birmingham, B15 2TT

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