

## Alison Leonard

**Name:** Alison Leonard

**Hometown:** Chorley, Lancashire

**Sport/discipline/position:** Athletics – 800m

**Describe yourself in three words**

Enthusiastic, friendly and a little bit eccentric!

**What course did you study at the University of Birmingham and why?**

Biological Sciences, because it was my favourite A Level... I loved it, so it was a good decision.

**When did you start your sport and why?**

I ran in the toddler's race at my sister's primary school sports day, won, and then got stroppy because I didn't get a medal like my sister did, so my dad made me one of wood and string. Clearly this wasn't good enough, as I kept on trying to get a real medal... I've kept the wooden one though!

**What was the last book you read?**

The Girl Who Kicked the Hornet's Nest

**What was the last music single/album you bought/downloaded?**

Get Lifted – by John Legend... Not cool!

**Who would you want to play you in a film of your life and why?**

Emma Watson... She'd make me look good!

**Who has been the greatest influence in your life?**

My parents, they've supported me from school sports days to international races.

**If you could play any other sport what would it be?**

A team sport like Hockey... I miss being part of a team, because athletics is so individual.

**What is your current training schedule like?**

Fairly heavy as we're going into track season... I'm starting to do more track work to sharpen up for races, but still doing lots of runs and strength and conditioning.

**What are you most looking forward to about the London 2012 Olympics?**

I think the public reaction is going to be even better than people think... the atmosphere around London for those few weeks is going to be like nothing I've ever experienced.