

http://www.contentmanagement.co.uk/olympics/news/index.aspx?SyndicationType=2 2015-01-28T01:43:16Z Birmingham International Summer School Simon Levermore Our Birmingham International Summer School offers you the chance to study in the Heart of England, at a top institution and a pioneering university. 2015-01-19T09:52:00Z 2015-01-19T09:36:00Z http://www.birmingham.ac.uk/schools/sport-exercise/news/2015/16Jan-Birmingham-International-Summer-School.aspx Handbooks, Germany and Knowledge in Sport Verity Postlethwaite A book review on the Routledge Handbook of German Politics & Culture, with thoughts on the technical transfer of knowledge from academia to students and practitioners of sport. 2015-01-13T10:08:00Z 2015-01-12T17:15:00Z http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2015/12JanHandbook,-Germany-and-the-Knowledge-In-Sport.aspx Cycling: The Secret to Staying Young Alison Fletcher Study shows that active older people resemble much younger people physiologically. 2015-01-08T11:11:00Z 2015-01-08T10:46:00Z http://www.birmingham.ac.uk/generic/mrc-aruk/news/2014/Cycling-The-Secret-to-Staying-Young.aspx IOC reforms – Agenda 20+20, all smoke and mirrors or genuine reform? Verity Postlethwaite Early in December 2014 the International Olympic Committee [IOC] President Thomas Bach led the organisation into a self-proclaimed new era for the movement. Bach has pushed through the Agenda 2020 document setting his reputation against its adoption. 2015-01-05T11:02:00Z 2015-01-05T09:39:00Z http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2015/IOC-reforms.aspx 2014: a review of the year Andy Tootell 2014 has been an exceptional year for the University of Birmingham, from discovering previously unknown archaeological monuments at the Stonehenge site to installing Lord Bilimoria of Chelsea CBE as our new chancellor it has been an exciting year. 2014-12-17T15:44:00Z 2015-01-05T14:39:00Z http://www.birmingham.ac.uk/news/latest/2014/12/2014.aspx Postgraduate Research Conference on Sport Politics, Policy and Society Verity Postlethwaite A Report about the Postgraduate Research Conference on Sport Politics, Policy and Society, held at the University of Birmingham on the 4th December 2014. 2014-12-16T14:43:00Z 2014-12-16T11:08:00Z http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/16DecPostgraduate-Research-Conference-on-Sport-Politics,-Policy-and-Society.aspx Sporting Equals Guest Lecture Madame System Administrator On Monday 13th October 2014, CEO, Arun Kang, and Head of Consultancy, Nik Trivedi, of Sporting Equals delivered a guest lecture on their organisation and potential work placement opportunities open to those SportExR students undertaking the second year 'Sport and Development' module. 2014-12-02T15:45:00Z 2014-12-02T14:49:00Z http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/13Oct-Sporting-Equals-Guest-Lecture.aspx Brazil Conference on Sports Mega- Events, Physical Education and Sport in Schools Madame System Administrator On the 3rd and 4th of November 2014 Dr Jonathan Grix, Professor Joan Duda and Dr Mark Griffiths represented the University of Birmingham in São Paulo (Brazil). 2014-12-02T15:45:00Z 2014-12-02T14:49:00Z http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/04Nov-Brazil-Conference.aspx Has Invictus conquered a Sports Mega-Event? Madame System Administrator The 2014 Invictus Games can be seen as a pioneering strategy in British politics. Now the event has finished - we are perhaps left questioning what the Invictus Games actually are? Or, perhaps, what they really stand for? 2014-11-12T11:55:00Z 2014-12-02T14:49:00Z http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/Nov11-has-invictus-conquered-a-sports-mega-event.aspx Can I be excused? Finding out how the nation really feels about PE Simon Levermore A nation-wide survey, launched today, will use our memories of PE at school to identify how our experiences of sports days, shared showers and plimsolls have influenced our relationship with physical activity as adults. 2014-10-27T09:39:00Z 2014-11-17T16:35:00Z http://www.birmingham.ac.uk/news/latest/2014/10/big-pe-conversation-27-10-14.aspx Great alumni join Great Birmingham Run Bryoney Johnson Information on Great alumni join Great Birmingham Run 2014-10-08T10:08:00Z 2014-10-08T12:59:00Z http://www.birmingham.ac.uk/alumni/news/items/2014/Great-alumni-join-Great-Birmingham-Run.aspx Faster than the speed of rail Bryoney Johnson Alumni race, and beat, the London underground 2014-10-03T13:21:00Z 2014-10-03T15:29:00Z http://www.birmingham.ac.uk/alumni/news/items/Racing-the-tube---and-winning!.aspx Win - National Badminton League tickets Bryoney Johnson Information on Win - National Badminton League tickets 2014-09-16T14:37:00Z 2014-09-16T14:21:00Z http://www.birmingham.ac.uk/university/building/sports-centre/name-of-the-game/news/Win---National-Badminton-League-tickets.aspx More needed to protect our sportspeople from brain injury say Birmingham experts Andy Tootell Two University of Birmingham academics are calling for more research to be carried out looking at how the brains of sportspeople – including children – react when they receive a blow to the head. 2014-09-11T00:01:00Z 2014-09-22T16:05:00Z http://www.birmingham.ac.uk/news/latest/2014/09/sportspeople-brain-injury.aspx School taking part in the 2014 British Science Festival Simon Levermore Staff from the School will be taking part in the 2014 British Science Festival being held at the University of Birmingham. Our session, entitled "Not enough exercise, too much stress: The curse of modern living" will combine the School's traditional strengths in Exercise Physiology and Behavioural Medicine to provide the public with an engaging and interactive discussion on how exercise and psychological stress affects their health. 2014-08-21T09:43:00Z 2014-11-18T09:39:00Z http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/21Aug-school-taking-part-in-the-2014-British-Science-Festival.aspx Training Study in Sport and Exercise Science Simon Levermore An expert exercise physiology research group from the University of Birmingham plan to guide participants through a 10-week leg resistance training programme in order to observe the importance of rest-interval duration on muscle growth. 2014-07-10T15:05:00Z 2014-11-17T16:37:00Z http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/10jul-training-study-in-sport-and-exercise-science.aspx Swim coach has a hole lot of love for the city's newest pool Kara Griffiths A swimming coach at the University of Birmingham finally got chance to get into a 50m pool in the city this week after 30 years of pining for one – although he'll have to wait a little while longer for the taps to be turned on. 2014-07-07T18:19:00Z 2014-08-28T10:14:00Z http://www.birmingham.ac.uk/news/latest/2014/07/Swim-coach-has-a-hole-lot-of-love-for-the-citys-newest-pool.aspx Control of breathing during exercise Simon Levermore Since 1996, 766 Sport and Exercise Sciences undergraduates have studied respiratory control with Dr Michael Parkes. Do you still remember the debates over how little is known about how breathing is controlled in exercise (Guz, 1966, Wasserman 1986, Goodwin 1972)? Does it matter any more?! 2014-07-07T10:30:00Z 2014-11-17T16:38:00Z http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/07jul-control-of-breathing-during-exercise.aspx What's in a name? Your chance to honour one of the region's sporting stars Bryoney Johnson Help name the gym in the University's new £55 million sports centre 2014-05-14T09:57:00Z 2014-05-14T09:52:00Z http://www.birmingham.ac.uk/university/building/sports-centre/name-of-the-game/news/Whats-in-a-name-Your-chance-to-honour-one-of-the-regions-sporting-stars.aspx What's in a name? Your chance to honour one of the region's sporting stars Kara Griffiths Work on the University of Birmingham's brand new £55m sports centre has now begun, and to celebrate, local people, staff and students past and present are being invited to have their say in who the facility should honour. 2014-05-08T10:51:00Z 2014-07-03T16:42:00Z http://www.birmingham.ac.uk/news/latest/2014/05/whats-in-a-name.aspx Musicalisation of Running: Experiencing Pleasurable Escape David Morris Dr. Finola Kerrigan discusses the role of music with regards to running, and how some may use it to create soundscapes in order to enhance their running experience. 2014-04-11T12:42:00Z 2014-04-11T13:29:00Z http://www.birmingham.ac.uk/schools/business/departments/marketing/news/2014/april/musicalisation-of-running.aspx University of Birmingham joins forces with UK Anti-Doping to keep sport clean Kara Griffiths University of Birmingham Sport (UBSport) has officially pledged its commitment to keep sport free of illegal drugs by becoming one of the first UK universities to sign new agreement with UK Anti-Doping (UKAD) to begin the process of receiving Clean Sport University Accreditation. 2014-04-09T17:01:00Z 2014-04-09T16:47:00Z http://www.birmingham.ac.uk/news/latest/2014/04/University-of-Birmingham-joins-forces-with-UK-Anti-Doping-to-keep-sport-clean.aspx Russian confidence dealt a blow by Sochi Paralympics boycotts Simon Levermore Dr Jonathan Grix, Reader (Associate Professor) in Sport Policy and Politics in the School of Sport, Exercise and Rehabilitation Sciences, discusses the recent boycotts of the Sochi Paralympics in an article on The Conversation website. 2014-03-10T12:06:00Z 2014-11-17T16:37:00Z http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/07Mar-russian-confidence-dealt-blow-by-sochi-paralympics-boycotts.aspx University of Birmingham and Jamaica National Foundation Legacy Scholarship Launch David Morris As a part of the 2012 Olympic Legacy Programme, University of Birmingham and the Jamaica National Building Society have joined forces to offer a unique scholarship. 2014-02-14T10:22:00Z 2014-02-14T10:06:00Z http://www.birmingham.ac.uk/schools/business/departments/marketing/news/2014/february/university-of-birmingham-and-jamaica-national-foundation-legacy-scholarship-launch.aspx House of Lords Action on Rheumatoid Arthritis Lesley Clarke Professor Karim Raza presents at a House of Lords summit on increasing public awareness of Rheumatoid Arthritis. 2014-01-16T13:38:00Z 2014-07-07T10:37:00Z http://www.birmingham.ac.uk/schools/immunity-infection/news/House-of-Lords-Summit-on-Rheumatoid-Arthritis.aspx Work due to commence on the University of Birmingham's £55m sports centre Andy Tootell The first 50m swimming pool in Birmingham has moved a step closer to reality with the announcement that work will start on the University of Birmingham's new £55m sports centre in April. 2014-01-10T11:25:00Z 2014-09-19T15:53:00Z http://www.birmingham.ac.uk/news/latest/2014/01/Work-due-to-commence-on-the-University-of-Birmingham-s-55m-sports-centre.aspx Why stress in sport need not leave you stumped Simon Levermore Following Jonathan Trott's decision to leave England's Ashes tour of Australia due to long-

term stress related illness, Professor Nikos Ntoumanis gives his opinion of the critical role of stress and anxiety in sports. 2013-11-28T10:31:00Z 2013-11-28T10:28:00Z
<http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/28Nov-why-stress-in-sport-need-not-leave-you-stumped.aspx> Former Vice Chairman of Arsenal and the FA talks to students at Birmingham Business School David Morris Former Vice Chairman of Arsenal Football Club and the Football Association recently came to Birmingham Business School to talk to our undergraduate students 2013-11-08T14:25:00Z 2013-11-08T14:13:00Z
<http://www.birmingham.ac.uk/schools/business/departments/management/news/2013/november/former-vice-chairman-of-arsenal-and-the-fa-talks-to-students-at-birmingham-business-school.aspx> Prof Janice Thompson features on BBC's Trust me I'm a Doctor Simon Levermore Professor Janice Thompson and some of our lovely postgrads featured in the first episode of the new BBC2 series 'Trust me I'm a Doctor' on Thursday 10 October. Janice helped the BBC team investigate whether it is possible to be both fat and fit. 2013-10-11T10:19:00Z 2014-11-18T09:41:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/11Oct-janice-thompson-trust-me-i-m-a-doctor.aspx> Eliminating 'scary coach' behaviour to keep kids in sport Samantha Williams Changing coaches' behaviour to give children a more positive experience of playing sport has been found to change children's intentions to drop out of sporting activity, according to sports scientists at the University of Birmingham, who announced their findings this week from a 4 year project called 'Promoting Adolescent Physical Activity' (PAPA). 2013-09-25T11:38:00Z 2013-09-26T10:34:00Z <http://www.birmingham.ac.uk/news/latest/2013/09/Eliminating-scary-coach-behaviour-to-keep-kids-in-sport.aspx> Our alumna Non Stanford becomes ITU World Triathlon champion Simon Levermore Congratulations to our BSc Sport and Exercise Sciences alumna Non Stanford on becoming ITU World Triathlon champion on Saturday. 2013-09-23T14:04:00Z 2014-11-18T09:42:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/23Sep-Our-alumnus-Non-Stanford-becomes-ITU-World-Triathlon-champion.aspx> Prof Ian Henderson on Dara O'Briain's Science Club Lesley Clarke Professor Ian Henderson is a guest on Dara O'Briain's Science Club discussing microbes in the intestines 2013-08-30T12:48:00Z 2014-07-07T10:40:00Z <http://www.birmingham.ac.uk/schools/immunity-infection/news/Prof-Ian-Henderson-on-Dara-OBriains-Science-Club.aspx> A Wimbledon victory – was science the secret behind Murray's success? Andy Murray's Wimbledon victory earlier this week was, in many ways, unsurprising. He was long regarded among many tennis fans and experts as a highly talented tennis player. However, until last year, his talent and incredible determination had proved insufficient to secure a grand slam victory. 2013-08-27T12:13:00Z 2013-08-27T12:11:00Z <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/2013/07/A-Wimbledon-victory—was-science-the-secret-behind-Murrays-success1.aspx> Hip fractures and depression quicken frailty in the elderly Simon Levermore Older people are more likely to suffer a fall and with an ageing population, hip fractures are a growing issue. And new research suggests that the impact of a fall may speed up frailty. The factors influencing recovery after a hip fracture are poorly understood, but we now know that depression is common and is associated with increased risk of infections and an inability to regain previous levels of physical functioning. 2013-08-22T11:14:00Z 2013-08-22T11:12:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/14Aug-anna-phillips-the-conversation.aspx> Premier League football referees more likely to book foreign players David Morris The 2013/14 Barclays Premier League season starts this Saturday and a major analysis of referee's decisions in the league has shown that officials are around 15% more likely to book foreign players who are from the same background as the most sizable ethnic minority groups in the UK. 2013-08-14T15:50:00Z 2013-08-14T15:37:00Z <http://www.birmingham.ac.uk/schools/business/departments/economics/news/2013/august/premier-league-football-referees-more-likely-to-book-foreign-players.aspx> 2012 and the 'Legacy' Games: assessing the Olympic Legacy one year on Andy Tootell For many years sport has been viewed by political elites as a panacea of all ills. In particular sports mega-events, such as the Olympics and the FIFA World Cup, are looked upon as opportunities to transform, increase, improve and grow anything from mass participation in physical activity, to urban regeneration, economic growth and a nation's international image. The benefits derived from such events are termed 'legacies,' and the promise of them materialising is often used as the chief justificatory discourse for the investment of large sums of public finance into hosting a sports mega-event at the outset. 2013-07-26T10:31:00Z 2013-07-26T17:01:00Z <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/26-Jul-2012-and-the-Legacy-Games-assessing-the-Olympic-Legacy-one-year-on.aspx> A Wimbledon victory – was science the secret behind Murray's success? Andy Tootell Professor Nikos Ntoumanis' Birmingham Brief about the science behind Andy Murray's success at Wimbledon 2013. 2013-07-17T12:14:00Z 2013-07-18T14:50:00Z <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/10jul-was-science-behind-murrays-success.aspx> University proposes £175m transformation of historic Edgbaston campus to include a new sports centre Lydia Rea The University of Birmingham is announcing a five year investment in facilities that will transform the University's famous Edgbaston campus, reinterpreting founder Joseph Chamberlain's vision for the estate for the 21st century and extending the services available to the local community. The key developments include a new sports centre and a new library, to join the new Music building currently nearing completion. 2013-07-16T11:28:00Z 2011-08-18T14:04:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/09Aug-Estates-Development-Framework-Release.aspx> A Wimbledon victory – was science the secret behind Murray's success? Kylie Morris Andy Murray's Wimbledon victory earlier this week was, in many ways, unsurprising. He was long regarded among many tennis fans and experts as a highly talented tennis player. However, until last year, his talent and incredible determination had proved insufficient to secure a grand slam victory. 2013-07-10T16:09:00Z 2013-08-27T12:10:00Z <http://www.birmingham.ac.uk/news/thebirminghambrief/items/2013/07/A-Wimbledon-victory—was-science-the-secret-behind-Murrays-success.aspx> Double award for collaborative paper in Sport and Exercise Sciences Simon Levermore Postgraduate researcher Richard Bruce and his supervisor Dr Mike White, both from the School of Sport and Exercise Sciences at the University of Birmingham, have received two awards for their paper "Muscle afferent activation causes ventilatory and cardiovascular responses during concurrent hypercapnia in humans", published in Experimental Physiology in February. 2013-06-14T14:55:00Z 2013-06-14T14:47:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/10Jun-double-award-for-collaborative-paper-in-Sport-and-Exercise-Sciences.aspx> Research Poster Conference success for Sport and Exercise Sciences students Simon Levermore Postgraduate researchers from the School of Sport and Exercise Sciences have been celebrating following their success at the annual University of Birmingham Research Poster Conference 2013. 112 presenters from across the institution presented their research at the seventh annual event held on Wednesday 12 June in the University's Great Hall. 2013-06-14T14:08:00Z 2013-06-14T14:06:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/14Jun-research-poster-conference-success-for-Sport-and-Exercise-Sciences-students.aspx> Robots, dancers, and dinosaurs make their way to this year's University Community Day Michael Lee The University of Birmingham is throwing open its doors next weekend to welcome the public to its annual Community Day on Sunday 9 June. 2013-06-03T11:08:00Z 2013-06-27T10:15:00Z <http://www.birmingham.ac.uk/news/latest/2013/06/3-Jun-Robots,-dancers,-and-dinosaurs-make-their-way-to-this-years-University-Community-Day.aspx> Student profile: Jose Van Oosten, MSc International Development Nathan Johnson I chose to study at Birmingham because for me it offered a great balance between being at the heart of a dynamic city, having a really large campus, a really large university with lots of activities, the politics department which I'm involved in is in the top ten of the country and of course, Birmingham is in the top three of the British University sports rankings, which is a big seller for me. 2013-05-21T16:15:00Z 2013-05-21T16:09:00Z <http://www.birmingham.ac.uk/schools/government-society/teaching/student-profiles/postgraduate/idd/2012-13/jose-van-oosten-msc-idd.aspx> SportEx ranked number 1 in Complete University Guide 2014 Simon Levermore The University of Birmingham has been ranked number 1 out of 76 universities for Sport Sciences subjects in the Complete University Guide 2014 league tables. 2013-04-30T18:51:00Z 2013-05-01T12:29:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-SportEx-ranked-number-1-in-Complete-University-Guide-2014.aspx> Announcing the arrival of The School of Sport, Exercise and Rehabilitation Sciences Simon Levermore The School of Sport and Exercise Sciences is already recognised as a world leader in the sciences of sport, exercise, health and rehabilitation, and the addition of Physiotherapy will add significantly to our expertise in rehabilitation. 2013-04-30T16:44:00Z 2013-05-02T14:08:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-arrival-of-School-of-Sport,-Exercise-and-Rehabilitation-Sciences.aspx> Applied Golf Management Studies student wins volunteering award Simon Levermore Final year Applied Golf Management Studies student Charlotte Stanton has been named Young Volunteer of the Year by the England Golf Partnership, and has gone on to discuss her volunteer work with Sky SportsNews. 2013-04-30T13:51:00Z 2013-04-30T14:44:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-agms-student-wins-volunteering-award.aspx> Research by SportEx Academics featured in Runner's World Simon Levermore Runner's World has recently featured an experiment, examining the effects of competition on performance, conducted at the School of Sport and Exercise Sciences, by Christopher Ring, Maria Kavussanu, David McIntyre, and Andrew Cooke, who is now a lecturer at the University of Bangor. 2013-04-30T11:48:00Z 2013-04-30T13:46:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-sportex-research-featured-in-Runners-World.aspx> Newsreader headlines PGA graduation Simon Levermore BBC newsreader, Celebrity Mastermind champion and self-confessed golf nut Naga Munchetty is the guest of honour at this year's PGA Graduation ceremony at the University of Birmingham. The 38-year-old BBC Breakfast and BBC World News presenter will

recognise the achievements of the newest crop of aspiring PGA Professionals. 2013-04-16T11:32:00Z 2013-04-30T13:46:00Z
<http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/16Apr-newsreader-headlines-PGA-graduation.aspx> Sportex PhD student awarded place on European Nutrition Leadership Programme 2013 Simon Levermore Adrian Hodgson (currently in the final year of his PhD in the School of Sport & Exercise Sciences) has been awarded one of just 30 places on the European Nutrition Leadership Programme 2013. 2013-03-21T12:10:00Z 2013-04-30T13:47:00Z
<http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/21Mar-phd-student-awarded-place-on-enl-programme-2013.aspx> AGMS students put theory into practice at Edgbaston Golf Club. Simon Levermore A premier Midlands Golf Club has been put under the microscope by first year students on the PGA-backed Applied Golf Management Studies degree. 2013-03-11T16:08:00Z 2013-03-11T16:14:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/agms-students-edgbaston-golf-club.aspx> Record results from School students in BUCS Championships Simon Levermore Students from the School of Sport & Exercise Sciences excelled in recent BUCS Championships in gymnastics and judo. On 24th February Lucas Rowe (BSc SPECS) won gold in the 60kg men's high grade category of the British Judo Association/BUCS Gatorade Nationals in Sheffield 2013-03-01T13:54:00Z 2013-03-01T14:04:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/01Mar-record-results-in-bucs-championships.aspx> The greatest row on earth Dean Miller After being medically discharged from a Military training scheme in 2010, Pamela Relph MBE (BSc Physics, 2011) took up rowing and is taking the sport by storm. A London 2012 Paralympic Gold medalist as part of Team GB's LTA mixed coxed four, Pamela reflects on her unforgettable summer. 2013-02-25T10:51:00Z 2013-02-18T16:39:00Z
<http://www.birmingham.ac.uk/alumni/news/items/2013/02/The-greatest-row-on-earth.aspx> Soccer bookings show ethnic discrimination Dean Miller The behaviour seen on Premier League football pitches is indicative of the attitudes of wider society according to Dr James Reade, whose research collaboration with colleagues at the Universities of Oxford and Cambridge has revealed that referees are more likely to unwittingly discriminate against certain ethnic groups than others. 2013-02-18T15:49:00Z 2013-02-25T10:51:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/12/Soccer-bookings-show-ethnic-discrimination.aspx> Research grant awarded to Dr Maria Kavussanu Simon Levermore Dr Maria Kavussanu has been awarded a grant (\$45,445) from the World Anti Doping Agency (WADA) to conduct a two-year project entitled "A cross-cultural approach to a cross-cultural issue: Psychosocial factors and doping in young athletes". 2013-02-07T14:41:00Z 2013-03-11T16:15:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/07Feb-Research-grant-awarded-to-Dr-Maria-Kavussanu.aspx> BBC Birmingham report on School's work with Jamaican Olympic team Simon Levermore Dr Francois Xavier-Li talks to BBC's David Gregory about the work done with the Jamaican Olympic team ahead of London 2012. 2013-02-04T17:36:00Z 2013-02-04T14:47:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/bbc-birmingham-report-on-our-work-with-jamaican-olympic-team.aspx> Brazilian Government and University embark on sports science partnership Catherine Byerley The University of Birmingham has signed a sports science based agreement with the Brazilian Government this month. The collaboration between Brazil's Ministry of Sport and the University of Birmingham will see the two partners work together on a range of sports science initiatives. 2012-12-14T10:14:00Z 2012-12-14T09:50:00Z
<http://www.birmingham.ac.uk/news/latest/2012/12/14DecBrazilian-Government-and-University-embark-on-sports-science-partnership.aspx> Sportex graduate, Adam Pengilly, becomes Honorary Graduand Simon Levermore Information on Sportex graduate, Adam Pengilly, becomes Honorary Graduand 2012-12-06T15:05:00Z 2012-12-06T14:42:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/3Dec-Sportex-graduate-becomes-Honorary-Graduand.aspx> Sporting success and Olympic Committee member receives honorary degree Samantha Williams Adam Pengilly, a member of the International Olympic Committee and former Skeleton competitor, will receive an honorary degree from the University of Birmingham on Thursday 6th December 2012 at 4.30pm. 2012-12-06T14:01:00Z 2012-12-20T09:48:00Z <http://www.birmingham.ac.uk/news/latest/2012/12/06-Dec-12-Sporting-success-and-Olympic-Committee-member-receives-honorary-degree.aspx> PGA and University of Birmingham unveil new international golf degree programme Catherine Byerley A new honours degree aimed at international students eager for a career in the golf industry has been launched by The Professional Golfers' Association (PGA) and the University of Birmingham. 2012-11-30T11:49:00Z 2012-12-10T15:31:00Z <http://www.birmingham.ac.uk/news/latest/2012/11/30NovPGA-and-University-of-Birmingham-unveil-new-international-golf-degree-programme.aspx> PGA and University of Birmingham unveil new international golf degree programme Simon Levermore A new honours degree aimed at international students eager for a career in the golf industry has been launched by The Professional Golfers' Association (PGA) and the University of Birmingham. 2012-11-30T11:49:00Z 2012-12-06T14:35:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/30NovPGA-and-University-of-Birmingham-unveil-new-international-golf-degree-programme.aspx> Lessons from London, the road to Rio: conference examines leveraging legacies of major sporting events Andy Tootell International sports legacy experts will convene at the University of Birmingham this week to discuss the rationale behind hosting global mega-events and their lasting impact. 2012-11-26T11:00:00Z 2012-11-28T11:23:00Z <http://www.birmingham.ac.uk/news/latest/2012/11/26-Nov-Lessons-from-London,-the-road-to-Rio-conference-examines-leveraging-legacies-of-major-sporting-events.aspx> Lessons from London, the road to Rio: conference examines leveraging legacies of major sporting events Simon Levermore International sports legacy experts will convene at the University of Birmingham this week to discuss the rationale behind hosting global mega-events and their lasting impact. 2012-11-26T11:00:00Z 2012-11-29T12:20:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/26-Nov-Lessons-from-London,-the-road-to-Rio.aspx> Lapworth Museum wins heritage lottery grant and seeks volunteers to help shape its redevelopment Lydia Rea The Lapworth Museum of Geology at the University of Birmingham has been awarded a Heritage Lottery Fund Development grant of £130,000 to progress plans to apply for a full grant for a major redevelopment project to create a significantly improved visitor experience and widen its access to young people, the public, and schools. Find out how you can get involved... 2012-11-16T15:05:00Z 2012-11-16T14:56:00Z <http://www.birmingham.ac.uk/schools/gees/news/2012/15Nov-heritage-lottery-grant.aspx> The Business of Sport with David Gill Kabir Ganguly Business School alumnus David Gill has been appointed Vice Chairman of the Football Association. 2012-10-26T16:18:00Z 2012-10-29T16:24:00Z <http://www.birmingham.ac.uk/schools/business/departments/economics/news/2012/october/david-gill.aspx> What does sport mean to you? Amy Cory For Dean, former student and 2012 Paralympian, sport is about being the very best in the world. He is one of the reasons we are building a new sports centre with facilities to meet all of his needs. From our students to you, our alumni, to members of the local community and talented athletes, this new state-of-the-art facility will offer something for everyone. 2012-09-27T16:20:00Z 2012-10-29T14:22:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/10/What-does-sport-mean-to-you.aspx> Providing a Ticket to Ride Dean Miller The gap year experiences of one alumnus kick-started his career as Director and Co-founder of a totally unique surf-travel company which is striving to offer aspiring surfers the ticket to inspiring locations. 2012-09-25T12:41:00Z 2013-09-23T15:45:00Z
<http://www.birmingham.ac.uk/alumni/news/items/2012/10/Providing-a-Ticket-to-Ride.aspx> London 2012 Alumni Superstars Amy Cory 'Winning a gold medal in front of a home crowd was indescribable and an experience I will never forget,' explains Birmingham graduate and former Pussycats captain, Pamela Relph (BSc Physics, 2011) who raced to Paralympic success earlier this month. 2012-09-21T11:05:00Z 2012-09-21T10:53:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/09/London-2012-Alumni-Superstars.aspx> Student development scholarship: My time in Kenya Dean Miller Information on Student development scholarship: My time in Kenya 2012-09-20T11:48:00Z 2012-09-20T11:35:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/09/Student-development-scholarship-My-time-in-Kenya.aspx> Paralympic Gold for Birmingham's Relph Alberto Guglielmi Information on Paralympic Gold for Birmingham's Relph 2012-09-03T19:00:00Z 2012-09-03T17:54:00Z <http://www.birmingham.ac.uk/olympics/news/Pamel-Relph-Gold-Medal.aspx> Paralympic gold for alumna Pamela Amy Cory Birmingham Physics graduate Pamela Relph stormed to Paralympic gold as part of Team GB's Mixed Coxed Four on Sunday. Her victory with teammates, Naomi Riches, David Smith and James Roe was the only Paralympic rowing medal won by team GB. 2012-09-03T15:47:00Z 2012-09-03T16:30:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/09/Paralympic-gold-for-alumna-Pamela.aspx> Bolt bigs up Birmingham! Simon Levermore In an interview immediately following the Jamaican victory in the the men's 4x100m relay, Usain Bolt sings the praises of the University of Birmingham and of the sporting facilities which the Jamaican team had access to during the stay here leading up to the London 2012 Olympic Games. 2012-08-14T17:37:00Z 2012-08-14T19:13:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/14Aug-Bolt-bigs-up-Birmingham!.aspx> Expert panel debates Olympic legacy Amy Cory "Will London 2012 'inspire a generation' and be the first Olympics to deliver a participatory legacy?" was the theme of an open debate at the Bramall Music Building. 2012-08-07T16:13:00Z 2012-08-20T09:53:00Z
<http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Expert-Panel-Debates-Olympic-Legacy.aspx> Birmingham at London 2012 - ones to watch Joanna Clark Flying the flag for Great Britain at the London 2012 Olympic and Paralympic Games will be 10 alumni and one current student. 2012-08-07T16:12:00Z 2012-08-08T10:18:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Birmingham-at-London-2012.aspx> Preparing for the greatest show on earth Joanna Clark One alumnus gives an insight into Olympic fever from a different perspective. 2012-08-07T16:12:00Z 2012-08-08T10:17:00Z

<http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Preparing-for-the-greatest-show-on-earth.aspx> Lindsey Maguire and Naomi Folkard perform well at London 2012 Alberto Guglielmi Lindsey Maguire and Naomi Folkard's performs at London 2012 2012-08-03T14:20:00Z 2012-08-03T13:38:00Z

<http://www.birmingham.ac.uk/olympics/news/03Aug-maguire-folkard-stories.aspx> Exclusion of Muslim sportswomen highlighted Joanna Clark The limited participation of Muslim sportswomen in international sport is highlighted in a new paper by Birmingham academics. 2012-08-01T16:56:00Z 2012-08-08T10:11:00Z

<http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Exclusion-of-Muslim-sportswomen-highlighted.aspx> Olympic Memories Joanna Clark The University has many connections with the Olympic games due to its proud sporting tradition. The gallery below shares a few of the University's many Olympic memories including the recent visit from the Jamaican track and field team in their build up to the London 2012 games. 2012-08-01T16:56:00Z 2012-08-08T10:14:00Z

<http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Olympic-memories.aspx> Get set for London - Birmingham students and alumni competing in London 2012 It's not just hosting the Jamaican Olympic team that the University of Birmingham is excited about – nine alumni and one current student have been chosen to represent Team GB at the Olympics and Paralympics in London. Competition was extremely fierce for places, so each of these athletes has excelled in booking themselves a spot in one of the biggest sporting events in the world. 2012-07-27T09:56:00Z 2012-07-27T13:47:00Z <http://www.birmingham.ac.uk/news/latest/2012/07/26-July-Birmingham-Olympians.aspx> Blog: Sport Under Communism – Dr Jonathan Grix discusses his new book Nathan Johnson POLSIS's Dr Jonathan Grix appeared on BBC Radio 4's Thinking Allowed this week to discuss his new book Sport under Communism: Behind the East German 'Miracle', co-authored by Mike Dennis from the University of Wolverhampton. 2012-07-27T09:00:00Z 2012-07-30T09:00:00Z <http://polsis.org/2012/07/26/sport-under-communism-dr-jonathan-grix-discusses-his-new-book/> Alumni dine with Jamaican Olympians Joanna Clark Dining with members of the Jamaican Olympic team was a unique experience for two of our alumni. 2012-07-26T12:32:00Z 2012-08-08T10:19:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Alumni-dine-with-Jamaican-Olympians.aspx> Can 2012 deliver a youth sport participation legacy - a podcast Simon Levermore Professor Kathleen Armour, Professor of Education and Sport and Head of the School of Sport and Exercise Sciences, talks to Ideas Lab about whether the Games can deliver a youth sport participation legacy. 2012-07-26T08:43:00Z 2012-08-20T11:09:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/26Jul-Can-2012-deliver-youth-sport-participation-legacy-podcast.aspx> Diet is key to cycling success, sport nutrition lecturer tells Guardian newspaper Simon Levermore Gareth Wallis, a lecturer and expert in sports nutrition in the School of Sport and Exercise Science commented in the Guardian newspaper that diet is a key aspect of the of cycling success enjoyed by Bradley Wiggins and his teammates. 2012-07-24T16:33:00Z 2012-07-26T08:26:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/23Jul-Diet-is-key-to-cycling-success,-sport-nutrition-lecturer-tells-Guardian-newspaper.aspx> Signed Usain Bolt memorabilia auction Joanna Clark Information on Signed Usain Bolt memorabilia auction 2012-07-20T09:34:00Z 2012-07-20T09:33:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/Auction-of-signed-Usain-Bolt-memorabilia.aspx> Blog: Dr Jonathan Grix on the Olympics Nathan Johnson The Olympic Games are now less than two weeks away. In this podcast for the University of Birmingham's Ideas Lab, POLSIS's Dr Jonathan Grix discusses the Olympic 'legacy', the impact of the Games outside the capital, and parallels with the 1948 Austerity Olympics, which were also held in London. 2012-07-16T09:43:00Z 2012-07-16T09:38:00Z <http://polsis.org/2012/07/16/dr-jonathan-grix-on-the-olympics/> Leveraging legacies from the London 2012 Olympics - a podcast Simon Levermore Dr Jonathan Grix, Senior Lecturer in Sport Politics and Policy at the University of Birmingham, about whether the London 2012 Games will leave the country with a significant legacy after the Olympic Flame has been extinguished. 2012-07-10T10:17:00Z 2012-07-10T10:15:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10Jul-Leveraging-legacies-from-the-London-2012-Olympics---a-podcast.aspx> Adam Pengilly interview Alberto Guglielmi The University of Birmingham has been unmistakably linked to the London 2012 Olympics, from the campus being used for the Jamaican track and field teams pre-Olympic camp to having a number of alumni set to compete in the games, and one former student who is heavily involved is Adam Pengilly. 2012-07-09T12:34:00Z 2012-08-03T13:26:00Z <http://www.birmingham.ac.uk/olympics/news/09Jul12Adam-Pengilly-interview.aspx> Will London 2012 'inspire a generation' Simon Levermore The University of Birmingham is hosting an open debate at 11am on Friday 13 July. The debate will centre on the participatory legacy of London 2012 as well as looking forward to the 2014 Commonwealth Games in Glasgow. 2012-06-19T17:03:00Z 2012-06-19T17:01:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/19Jun-Will-London-2012-inspire-a-generation.aspx> Doping in Physical Activity Settings: A statistical review Simon Levermore Dr. Nikos Ntoumanis has recently received a grant from the World Anti-Doping Agency to carry out a statistical synthesis (meta-analysis) of the literature on personal and situational psychosocial variables that predict doping use in physical activity settings 2012-06-15T13:07:00Z 2012-06-15T13:03:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/15Jun-Doping-in-Physical-Activity-Settings-A-statistical-review.aspx> In the Spotlight: Julz Adeniran From Law Grad to London 2012 Jonathan Laidlow Interview and profile of Birmingham Law Graduate aiming for the London 2012 Olympics 2012-06-07T10:53:00Z 2012-06-07T12:11:00Z <http://blog.upmysport.com/2012/06/01/in-the-spotlight-julz-adeniran-from-law-grad-to-london-2012/> Search for the hero inside yourself Amy Cory For the first time, members of the alumni community can be found across the London Underground and at train stations and airports up and down the country as part of the University's Heroes campaign celebrating excellence in many different fields 2012-06-06T15:55:00Z 2012-06-06T15:38:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/06/06June-Search-for-the-hero-inside-yourself.aspx> Pro-Vice-Chancellor cycles for university research and scholarships Amy Cory The University's Pro-Vice-Chancellor for Research and Knowledge Transfer is preparing for a charity bike ride across Wales in aid of the University's Circles of Influence fundraising campaign. 2012-06-06T14:25:00Z 2012-06-07T13:42:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/06/06June-Pro-Vice-Chancellor-cycles-for-university-research-and-scholarships.aspx> University Pro-Vice-Chancellor cycles for diabetes research and scholarship places Catherine Byerley The University of Birmingham's Pro-Vice-Chancellor for Research and Knowledge Transfer is preparing to complete a charity bike ride across Wales in aid of the University's cutting-edge research and widening participation programme. 2012-06-06T12:44:00Z 2012-06-06T11:47:00Z <http://www.birmingham.ac.uk/news/latest/2012/06/06-June-University-Pro-Vice-Chancellor-cycles-for-diabetes-research-and-scholarship-places.aspx> Dinosaurs, robots and skeletons all part of the fun at University Community Day Catherine Byerley For the third year running the University of Birmingham is throwing open its doors and welcoming the public to its annual Community Day on Sunday 10 June. 2012-06-06T11:44:00Z 2012-06-06T11:40:00Z <http://www.birmingham.ac.uk/news/latest/2012/06/01-June-Dinosaurs,-robots-and-skeletons-all-part-of-the-fun-at-University-Community-Day.aspx> University of Birmingham celebrates its open-door to business Alberto Guglielmi On Wednesday 23rd May Vice Chancellor Professor David Eastwood hosted an evening reception at his residence to celebrate the University of Birmingham's long history of successful business partnerships and reaffirm the University's role in supporting business growth in the region. 2012-05-28T11:07:00Z 2012-05-28T11:16:00Z <http://www.birmingham.ac.uk/partners/news/items/University-of-Birmingham-celebrates-its-open-door-to-business.aspx> School ranks in top three of uni guide 2013 Simon Levermore In the Guardian University guide 2013 the School of Sport and Exercise Sciences is ranked in the top three for sport sciences universities. 2012-05-25T14:18:00Z 2012-05-28T08:55:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/25May-School-rank-in-top-three-of-uni-guide-2013.aspx> Golden girl Pippa makes history Simon Levermore Ahead of the Olympic Games in London this summer, university athletes from across the country were handed the opportunity of a lifetime as the annual British Universities and Colleges Sport (BUCS) Visa Outdoor Athletics Championships were held in the new purpose built Olympic Stadium in Stratford, over the weekend of the May 4-7. The first event to reach its conclusion at the Championships was the women's 2000m steeplechase, won by the University of Birmingham's Pippa Woolven. 2012-05-17T12:51:00Z 2012-05-17T12:50:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10May-Sportex-student-Pippa-Woolven-makes-history.aspx> Cup glory for Birmingham hockey Alberto Guglielmi Information on Cup glory for Birmingham hockey 2012-05-15T14:35:00Z 2012-05-15T14:29:00Z <http://www.birmingham.ac.uk/olympics/news/14May-Hockey-win.aspx> BEST Project wins Higher Education Academy award Simon Levermore Staff at the School of Sport an Exercise Sciences have been awarded £10,000 by the Higher Education Academy to explore the experiences of home and international students participating in an outdoor groupwork skills course. 2012-05-10T16:26:00Z 2012-05-10T16:19:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10May-BEST-Project-wins-Higher-Education-Academy-award.aspx> Golden girl Pippa makes history Simon Levermore Ahead of the Olympic Games in London this summer, university athletes from across the country were handed the opportunity of a lifetime as the annual British Universities and Colleges Sport (BUCS) Visa Outdoor Athletics Championships were held in the new purpose built Olympic Stadium in Stratford, over the weekend of the May 4-7. The first event to reach its conclusion at the Championships was the women's 2000m steeplechase, won by the University of Birmingham's Pippa Woolven. 2012-05-10T14:39:00Z 2012-05-17T12:57:00Z <http://www.birmingham.ac.uk/olympics/news/Pippa-Woolven.aspx> Birmingham student soars to pole vault gold at Olympic Stadium Alberto Guglielmi Birmingham student Nick Cruchley, from Stourbridge, has cemented his place in Olympic history by becoming the first men's pole vault Champion at the Olympic Stadium. Nick broke the Championship Record with a height of 5:22m to take

the title at the BUCS Visa Outdoor Athletics Championships was a London 2012 test event as part of the London 2012 Prepares series. 2012-05-10T11:33:00Z 2012-05-10T12:51:00Z <http://www.birmingham.ac.uk/olympics/news/Nick-Crutchley.aspx> Success for Birmingham athletes at the Olympic stadium Alberto Guglielmi The University of Birmingham Sport (UBSport) Athletics and Cross Country club made history over the weekend of 4-7 May as scholar Pippa Woolven became the first person to win and receive a gold medal at the Olympic Stadium in London. 2012-05-10T10:06:00Z 2012-05-10T11:22:00Z <http://www.birmingham.ac.uk/olympics/news/09-5-2012-Bucs-success-news-release.aspx> Doctoral Researcher wins Michael K. O'Rourke Award Simon Levermore SportEx Doctoral Researcher Mark Holland (supervised by Professor Joan Duda and Dr Jennifer Cumming) has received the Michael K. O'Rourke PhD Publication Award within the College of Life and Environmental Sciences. 2012-05-01T12:01:00Z 2012-05-01T11:55:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/01May-DR-wins-Michael-K-ORourke-Award.aspx> SportEx academic appointed Deputy Editor in Chief of Experimental Physiology Simon Levermore Dr Michael White has been appointed Deputy Editor in Chief of the journal, Experimental Physiology. 2012-05-01T11:25:00Z 2012-05-01T11:12:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/27Apr-SportEx-academic-appointed-Deputy-Editor-in-Chief-of-Experimental-Physiology.aspx> Associate Editor appointment for Dr Maria Kavussanu Simon Levermore Dr Maria Kavussanu has been recently appointed Associate Editor of the Journal of Applied Sport Psychology. This is the official journal of the Association for the Applied Sport Psychology and is published by Routledge. 2012-04-24T13:54:00Z 2012-04-24T13:49:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/24Apr-Associate-Editor-appointment-for-Dr-Maria-Kavussanu.aspx> SportEx DR student awarded prize at Biomedical Basis of Elite Performance meeting Simon Levermore The School of Sport and Exercise Sciences (SportEx) is celebrating the success of second year Doctoral Student, Richard Bruce, at a recent scientific meeting held in London's Queen Elizabeth II, Conference Centre. 2012-04-17T11:46:00Z 2012-04-17T12:31:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/17Apr-SportEx-DR-student-awarded-prize-at-BBEP-meeting.aspx> Complete our Coniston survey and receive a £25 Amazon voucher Amy Cory Did you ever go to the Raymond Priestley Centre in Coniston, Lake District? If so, we would like to hear from you in return for a £25 Amazon voucher. 2012-04-12T14:37:00Z 2012-04-12T14:50:00Z <http://www.birmingham.ac.uk/alumni/news/items/2012/04/12Apr-Complete-our-Coniston-survey-and-receive-a-25-Amazon-voucher-.aspx> Olympic hopes for final year Geography student and hockey ace Lydia Rea 'As a child I always had aspirations to go to the Olympics and represent my sport at the highest level, but not until recently did I realise that I wanted to do this as a full-time occupation for the foreseeable future'. So says Susie Gilbert, final year Geography student and women's Olympic hockey hopeful. 2012-04-04T09:23:00Z 2012-04-04T09:09:00Z <http://www.birmingham.ac.uk/schools/gees/news/2012/04Apr12-susie-gilbert-olympics.aspx> Olympic hopes for hockey ace Alberto Guglielmi 'As a child I always had aspirations to go to the Olympics and represent my sport at the highest level, but not until recently did I realise that I wanted to do this as a full-time occupation for the foreseeable future'. So says Susie Gilbert, final year Geography student and women's Olympic hockey hopeful. 2012-04-02T17:21:00Z 2012-04-03T09:39:00Z <http://www.birmingham.ac.uk/news/latest/2012/04/02AprSusie-Gilbert-Press-Release.aspx> University of Birmingham Sport at the BUCS Championships 2012 Jenna Hadley Many of the University of Birmingham Sport (UBSport) teams headed to Sheffield over the 14-18 March for the annual British Universities and Colleges Sport (BUCS) Championships, held in a variety of venues across the city. 2012-03-27T12:11:00Z 2012-03-23T14:21:00Z <http://www.birmingham.ac.uk/news/latest/2012/Sport-2012/19Mar12University-of-Birmingham-Sport-at-the-BUCS-Championships-2012.aspx> Olympic delight for University of Birmingham torch bearers Two University of Birmingham students Annabel Fitzgerald a final year undergraduate and postgraduate cancer scientist Beckie Port have been selected to carry the Olympic flame when the torch relay passes through the West Midlands. They will be joined in carrying the flame by lecturers Dr Celia Taylor and Dr Matt Bridge and alumnus Mostafa Soleimani. 2012-03-21T11:07:00Z 2012-03-21T10:51:00Z <http://www.birmingham.ac.uk/news/latest/2012/03/21-Mar-Olympic-delight-for-University-of-Birmingham-torch-bearers-.aspx> SportEx Academic to speak at Physiological Society event Simon Levermore Dr Maria Kavussanu, Senior Lecturer in Sport & Exercise Psychology has been invited to be a panel member at "Designer athletes: Fair play or foul" organised by The Physiological Society. 2012-03-06T09:39:00Z 2012-03-06T09:36:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/02Mar-SportEx-Academic-to-speak-at-Physiological-Society-event.aspx> Universitas 21 ECR December 2011 Matt Clulee Information on Universitas 21 ECR December 2011 2012-02-20T13:54:00Z 2012-02-20T10:06:00Z <http://www.birmingham.ac.uk/International/news/items/Universitas-21-ECR-December-2011.aspx> England takes gold as preparations continue for London 2012 Jenna Hadley Over the weekend of February 11-12, University of Birmingham Sport (UBSport) alumni headed to the English Institute of Sport (EIS) in Sheffield to compete at the UK Indoor Trials and Championship. 2012-02-16T15:55:00Z 2012-02-16T15:53:00Z <http://www.birmingham.ac.uk/news/latest/2012/Sport-2012/16Feb12England-takes-gold-as-preparations-continue-for-London-2012-.aspx> Universitas 21 Early Career Researcher workshop Simon Levermore The University recently hosted the 2nd Universitas 21 Early Career Researcher workshop on the theme of Healthy Living in December 2011. 2012-01-20T18:58:00Z 2012-01-23T09:37:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/20Jan-Universitas-21-Early-Career-Researcher-workshop.aspx> SportEx Academic to speak at Research Councils UK Great Debates Simon Levermore Dr Maria Kavussanu, Senior Lecturer in Sport & Exercise Psychology, has been invited to lecture at the Cutting Edge 2012 Great Debates at the Royal Institution. 2012-01-13T09:43:00Z 2012-01-17T11:18:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/13Jan-SportEx-Academic-to-speak-at-Research-Councils-UK-Great-Debates.aspx> ITV Biggest Losers visit school to discover their biological age Simon Levermore Staff and students at the School of Sport and Exercise Sciences were involved in an episode of ITV's The Biggest Loser to be screened on Tuesday 10 January at 9pm. 2012-01-05T15:37:00Z 2012-01-05T15:55:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/05Jan-ITV-Biggest-Losers-visit-school-to-discover-their-biological-age.aspx> Sportex Senior Lecturer is keynote speaker at IFESS UK Conference Simon Levermore Dr Michael Grey is one of the keynote speakers at the 3rd Annual Conference for the UK and Ireland Chapter of the International FES Society (IFESSUKI). The conference is jointly organised between the University of Birmingham and the Birmingham Community Healthcare NHS Trust. 2011-12-16T12:46:00Z 2011-12-16T13:01:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/16-Dec-ifessuk-conference-2012.aspx> UBSport stars shine at the European Cross Country Championships Murray Admin University of Birmingham Sport (UBSport) athletes travelled to Velenje, Slovenia for the SPAR European Cross Country Championships on December, 11, and helped the Aviva Great Britain & Northern Ireland (GB&NI) top the medal table for the fourth consecutive year. 2011-12-14T14:53:00Z 2011-12-15T12:36:00Z <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Dec11UBSport-stars-shine-at-the-European-Cross-Country-Championships.aspx> The Olympics come to Birmingham Kate Chapple As part of the University of Birmingham's celebration of the Olympics coming to the UK in 2012, over 1600 students aged between 11 and 12 years old will be at the starting blocks for this year's Christmas Science lectures. 2011-12-12T16:24:00Z 2011-12-13T16:04:00Z <http://www.birmingham.ac.uk/news/latest/2011/11/12-Dec-11-The-Olympics-come-to-Birmingham.aspx> Non Stanford, 2012 Olympic running hopeful, starts her blog for us Simon Levermore Non Stanford, School of Sport and Exercise Sciences graduate and London 2012 distance runner hopeful, is keeping us updated about her progress towards the Olympics with her new blog 2011-12-01T16:17:00Z 2011-12-01T16:13:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/30-Nov-Non-Stanford,-2012-Olympic-running-hopeful,-starts-her-blog-for-us.aspx> Sportex Professor is keynote speaker in youth sport conferences Simon Levermore Professor Joan Duda, Professor of Sport and Exercise Psychology at the School of Sport and Exercise Sciences, drew from her long-standing research on motivational processes and optimizing youth engagement in sporting activities when invited to be a keynote speaker at two recent conferences. 2011-11-22T09:57:00Z 2011-11-22T09:52:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/22-Nov-Sportex-Professor-is-keynote-speaker-in-youth-sport-conferences.aspx> Sportex academic appointed as Editor-in-Chief of Psychology of Sport and Exercise Simon Levermore Dr Nikos Ntoumanis has been recently appointed as joint Editor-in-Chief of Psychology of Sport and Exercise (PSE), the official publication of the European Federation of Sport Psychology (FEPSAC). 2011-11-15T10:21:00Z 2011-11-15T10:13:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/Sportex-academic-appointed-as-Editor-in-Chief-of-Psychology-of-Sport-and-Exercise.aspx> Rising to the 'Ultimate3' challenge Michael Lee Professor Felix Schmid, of the School of Civil Engineering and the Birmingham Centre for Railway Research and Education, completed a tough charity challenge in September this year: he cycled from Land's End to John O'Groats, climbed the 'three peaks challenge' and kayaked the longest lakes in England, Wales and Scotland. 2011-11-09T17:49:00Z 2011-11-22T12:59:00Z <http://www.birmingham.ac.uk/schools/civil-engineering/news/archive/ultimate-3-challenge.aspx> Great Run raises thousands for cancer research Dean Miller Information on Great Run raises thousands for cancer research 2011-10-27T15:24:00Z 2011-10-27T14:58:00Z <http://www.birmingham.ac.uk/alumni/news/items/2011/10/Great-Run-raises-thousands-for-cancer-research.aspx> Chrissie takes Ironman Championship title again, while Rachel rejoices at fourth place Lydia Rea Alumna Chrissie Wellington won the 2011 Ford Ironman World Championship title on Saturday, October 8, deservedly earning the crown for the fourth time in five years. 2011-10-18T14:36:00Z

2011-10-18T09:56:00Z

<http://www.birmingham.ac.uk/schools/gees/news/2011/17Oct11ChrissietakesIronmanChampionshiptitleagain,whileRachelrejoicesatfourthplace.aspx> Chrissie takes Ironman Championship title again, while Rachel rejoices at fourth place Jenna Hadley Alumna Chrissie Wellington won the 2011 Ford Ironman World Championship title on Saturday, October 8, deservedly earning the crown for the fourth time in five years. 2011-10-17T12:25:00Z 2011-10-20T10:02:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/17Oct11ChrissietakesIronmanChampionshiptitleagain,whileRachelrejoicesatfourthplace.aspx> American Football Head Coach selected for IFAF World Development team Jenna Hadley University of Birmingham Sport's (UBSport) American Football Head Coach has been announced as the only UK representative to be part of the International Federation of American Football (IFAF) World Development team. Wayne Hill will be part of coaching staff for the 2012 USA Football International Bowl in Austin, Texas. 2011-10-07T17:35:00Z 2011-10-07T17:21:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Oct11AmericanFootballHeadCoachselectedforIFAFWorldDevelopmentteam.aspx> University of Birmingham kickstarts Olympic Legacy with Gold Challenge Jenna Hadley With less than a year to go until the Olympic and Paralympic Games, University of Birmingham Sport (UBSport) and Gold Challenge have teamed up to get students involved and joining in the excitement of London 2012. 2011-09-13T13:42:00Z 2011-09-13T13:31:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/13Sep11UniversityofBirminghamkickstartsOlympicLegacywithGoldChallenge.aspx> European College of Sport Science Young Investigators Award Simon Levermore Video featuring a recent PhD student and staff from the School of Sport and Exercise Sciences in the ECSS Young Investigators Award. 2011-09-12T00:00:00Z 2011-10-13T12:42:00Z

<http://www.birmingham.ac.uk/schools/sport-exercise/news/12Sep-ECSS-Young-Investigators-Award-2011.aspx> Taking athletics to the next level Jenna Hadley Following her recent success at the the World Championships, University of Birmingham Sport (UBSport) caught up with Hannah England to see what life was like in Daegu and what the future holds. 2011-09-09T16:19:00Z 2012-01-29T12:01:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/09Sep11Takingathleticstothenextlevel.aspx> Biochemistry alumna Hannah England takes silver at the World Championships Simon Levermore School of Biosciences alumna Hannah England has won a silver medal in the women's 1,500 metres at the 13th IAAF World Championships in Daegu. The Biochemistry graduate, who was awarded a first class degree in 2009, was with the main group of leaders on the final stretch before setting off wide and accelerating her way to a surprise second place. 2011-09-02T15:31:00Z 2011-09-09T16:52:00Z

<http://www.birmingham.ac.uk/schools/biosciences/news/2011/02Sept-Biochemistry-Alumna-Hannah-England-takes-silver.aspx> Hannah England takes silver at the World Championships Jenna Hadley University of Birmingham Sport (UBSport) alumna Hannah England has won a silver medal in the women's 1,500 metres at the 13th IAAF World Championships in Daegu. 2011-09-01T15:41:00Z 2011-09-01T15:35:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/01Sep11HannahEnglandtakesilverattheWorldChampionships.aspx> University proposes £175m transformation of historic Edgbaston campus to include a new sports centre Lydia Rea The University of Birmingham is announcing a five year investment in facilities that will transform the University's famous Edgbaston campus, reinterpreting founder Joseph Chamberlain's vision for the estate for the 21st century and extending the services available to the local community. The key developments include a new sports centre and a new library, to join the new Music building currently nearing completion. 2011-08-17T11:34:00Z 2011-08-18T10:39:00Z

<http://www.birmingham.ac.uk/schools/sport-exercise/news/09Aug-Estates-Development-FrameworkRelease.aspx> Transfer of skills developed in outdoor settings into academia and employment Simon Levermore Staff from the School of Sport and Exercise Sciences have been awarded a £7,000 grant, from the Higher Education Academy, to evaluate the transfer of skills developed in outdoor settings into academia and employment. Dr Jennifer Cumming and Dr Vikki Burns will be examining the development of team work skills at the Raymond Priestley Centre, the University-owned outdoor pursuits centre in the Lake District. 2011-08-11T14:01:00Z 2011-08-11T16:18:00Z

<http://www.birmingham.ac.uk/schools/sport-exercise/news/11Aug-skills-transfer-from-outdoor-settings-to-academia-and-employment.aspx> University proposes £175m transformation of historic Edgbaston campus The University of Birmingham is announcing a five year investment in facilities that will transform the University's famous Edgbaston campus, reinterpreting founder Joseph Chamberlain's vision for the estate for the 21st century and extending the services available to the local community. The key developments include a new sports centre and a new library, to join the new Music building currently nearing completion. 2011-08-09T10:41:00Z 2011-08-19T16:02:00Z

<http://www.birmingham.ac.uk/news/latest/2011/08/09Aug-Estates-Development-FrameworkRelease.aspx> Less than ten minutes of intense exercise a week is enough to reduce risk of cardiovascular disease and diabetes, according to new research Simon Levermore Three minutes of intense exercise, three times a week, is equivalent to five one-hour sessions according to research at the University of Birmingham's School of Sport and Exercise Sciences, offering hope for people too busy to find the time to work out. 2011-08-03T14:12:00Z 2011-08-11T16:41:00Z

<http://www.birmingham.ac.uk/schools/sport-exercise/news/01Aug-Less-than-ten-minutes-of-intense-exercise-a-week-is-enough-to-reduce-risk-of-cardiovascular-disease-and-diabetes-according-to-new-research.aspx> Less than ten minutes of intense exercise a week is enough to reduce risk of cardiovascular disease and diabetes, according to new research Amy Cory Three minutes of intense exercise, three times a week, is equivalent to five one-hour sessions according to research at the University of Birmingham's School of Sport and Exercise Sciences, offering hope for people too busy to find the time to work out. 2011-08-01T12:16:00Z 2012-02-01T18:08:00Z

<http://www.birmingham.ac.uk/news/latest/2011/08/01Aug-Less-than-ten-minutes-of-intense-exercise-a-week-is-enough-to-reduce-risk-of-cardiovascular-disease-and-diabetes-according-to-new-research.aspx> Double success for UBSport at the Aviva UK Trials and Championships Jenna Hadley Two University of Birmingham Sport (UBSport) alumni sprinted into the records books by retaining their national titles at the Aviva UK Trials and Championships at Birmingham's Alexander Stadium over the weekend of 29-31 July. 2011-08-01T00:00:00Z 2011-08-16T11:48:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/01aug11DoublesuccessforUBSportattheAvivaUKTrialsandChampionships.aspx> UBSport announced as second in BUCS championship Simon Levermore At the last update UBSport lay, for the first time in BUCS history, second in the BUCS championships ranking, with several competitors in hot pursuit. 2011-07-21T15:07:00Z 2011-07-21T14:57:00Z

<http://www.birmingham.ac.uk/schools/sport-exercise/news/bucs-second.aspx> UBSport announced as second in BUCS championship Claire Hawkins At the last update UBSport lay, for the first time in BUCS history, second in the BUCS championships ranking, with several competitors in hot pursuit. 2011-07-21T13:20:00Z 2011-08-03T15:50:00Z

<http://www.birmingham.ac.uk/news/latest/2011/07/bucs-second.aspx> Manchester United Chief and BBC Director of Sport awarded Honorary degrees Jenna Hadley Manchester United's Chief Executive and the BBC Director of Sport are amongst our illustrious sporting alumni who have received honorary doctorates from the University of Birmingham, in the summer graduation ceremonies. 2011-07-15T00:00:00Z 2011-08-16T15:21:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/15Jul11ManchesterUnitedChiefandBBCDirectorofSportawardedHonorarydegrees.aspx> Wellington rewrites the record book yet again Jenna Hadley University of Birmingham alumna Chrissie Wellington has rewritten (her own) record books once again, with a triumphant performance at the Challenge Roth Ironman in Germany on Sunday 10 July. 2011-07-11T00:00:00Z 2011-08-16T15:58:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/11Jul11Wellingtonrewritestherecordbookyetagain.aspx> Jamaican athletes on Campus ahead of their 2012 visit Jenna Hadley One of the world's fastest men, Asafa Powell, current 4 x 100 world record holders, Nester Carter and Michael Frater, and Olympic Silver Medalist Shericka Williams warmed up on the University of Birmingham's athletics track ahead of the Diamond League (Aviva Grand Prix) Athletics which took place at the Alexander Stadium on Sunday 10 July. 2011-07-08T00:00:00Z 2011-08-16T16:13:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/08Jul11JamaicanathletesonCampusaheadoftheir2012visit.aspx> Men's hockey get the England call up Jenna Hadley UBSport men's first team hockey coach, Steve Floyd recently returned from Rotterdam, Holland after managing England men's under 21s in a series of test matches against Holland. The test series was carried out over three days at Rotterdam Hockey club, with the event concluding on Monday, July 4. 2011-07-06T00:00:00Z 2011-08-16T16:25:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/06Jul11MenshockeygettheEnglandcallup.aspx> Dad and a lad Jenna Hadley After rowing across the Atlantic last year, UBSport staff member Norman Beech, Manager of the Raymond Priestley Centre, Coniston embarked upon another challenge. 2011-07-04T00:00:00Z 2011-08-16T12:09:00Z

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/04Jul11Dadandalad.aspx> New research highlights effective education for sports coaches as key to healthier UK youngsters Amy Cory Childhood obesity is a serious public health problem predicted to affect two thirds of UK children by 2050. Physical inactivity is a leading contributor to the obesity epidemic, which researchers from the University of Birmingham are seeking to combat through effective coach education. 2011-06-22T14:39:00Z 2011-06-22T14:36:00Z

<http://www.birmingham.ac.uk/news/latest/2011/06/22June-New-research-highlights-effective-education-for-sports-coaches-as-key-to-healthier-UK-youngsters.aspx> Community Outreach Grant to work with the Scottish Rugby Union Simon Levermore

Staff and student from the School of Sport and Exercise Sciences have been successful in their application for a Community Outreach Grant to work with the Scottish Rugby Union (SRU) in 2011-2012 to develop a mental skills training programme for coaches. 2011-06-21T00:00:00Z 2011-10-13T13:17:00Z
<http://www.birmingham.ac.uk/schools/sport-exercise/news/21Jun-Community-Outreach-Grant.aspx> Sport Development Manager appointed new Chair of Birmingham Athletics Network Jenna Hadley University of Birmingham Sport (UBSport) Sport Development Manager and triple Olympian Christina Boxer, has been appointed as the Chair for the Birmingham McCain Athletics Network. 2011-06-20T00:00:00Z 2011-08-16T12:14:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/20Jun11SportDevelopmentManagerappointednewChairofBirminghamAthleticsNetwork.aspx> English women's amateur golf champion 2011 Julie Foster Former AGMS student Lucy Williams has won the 2011 English women's amateur championship 2011-06-09T09:33:00Z 2011-12-13T10:23:00Z <http://www.birmingham.ac.uk/schools/education/news/2011/05/amateur-golf-champion.aspx> UBSport trio taking on World's longest triathlon Jenna Hadley Three University of Birmingham Sport (UBSport) swimming club alumni are tackling the World's longest triathlon to raise money for two worthwhile charities, starting on Thursday, June 9. 2011-06-07T00:00:00Z 2011-08-16T15:07:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Jun11UBSporttriotakingonWorldslongesttriathlon.aspx> Young Life Scientist (YLS) Symposium 2011 Simon Levermore On 26 May 2011 the Young Life Scientist (YLS) Symposium 2011 themed "Autonomic control in health and disease" was hosted by the School of Sport and Exercise Sciences. This yearly event is organized by and for young life scientists, from undergraduate students to postdoctoral researchers. 2011-06-02T00:00:00Z 2011-10-13T12:42:00Z <http://www.birmingham.ac.uk/schools/sport-exercise/news/26May-Young-Life-Scientist-Syposium-2011.aspx> AGMS Alumni wins English Championship Jenna Hadley Alumna Lucy Williams has won the 2011 English women's amateur championship, held in West Sussex on Saturday, May 14, defeating 15-year old Charley Hull from Woburn on the 19th hole in an outstanding final. 2011-05-18T00:00:00Z 2011-08-16T12:14:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/18May11AGMSAlumniwinsEnglishChampionship.aspx> Birmingham Seven set for summer advice from Dame Kelly Jenna Hadley Seven University of Birmingham students – Alex Cornwell, Lucy Dowsett, Katie Knowles, Alison Leonard, Sam Petty, Cally Read and Chris Smith – are set to ignite their 2011 summer track seasons after receiving advice from Dame Kelly Holmes at the latest 'On Camp with Kelly' and 'Future Stars with Kelly' Aviva-sponsored Get-Together. 2011-05-11T00:00:00Z 2011-08-16T12:12:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/11May11BirminghamSevensetforsummeradvicefromDameKelly.aspx> Famous Birmingham graduates give students sound support through one-to-one mentoring Claire Hawkins Twelve lucky final year undergraduate students from the University of Birmingham will get a once in a lifetime opportunity to gain first hand career insight and guidance from famous Birmingham graduates at the top of their field, in a new initiative being launched today [Thursday 05 May]. 2011-05-05T00:01:00Z 2011-06-17T16:10:00Z <http://www.birmingham.ac.uk/news/latest/2011/05/04May-Famous-Birmingham-graduates-give-students-sound-support-through-one-to-one-mentoring.aspx> Outdoor Championships showcase skills of UBSport Jenna Hadley University of Birmingham Athletics & Cross Country put in another great performance at the BUCS Outdoor Championships last weekend winning a total of NINE individual medals plus a bronze for the women's team. 2011-05-05T00:00:00Z 2011-08-16T12:09:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/05May11OutdoorChampionshipsshowcaseskillsofUBSport.aspx> University of Birmingham to get more students involved with sport The University of Birmingham has been awarded £65,275 in National Lottery funding by Sport England to help encourage students to get more active whilst studying at University.'Who will you be?' is amongst 41 projects being backed by Sport England's £10million Active Universities fund to get more students playing sport, as part of the mass participation legacy from the London 2012 Olympic and Paralympic Games.The multi-sport project aims to increase participation by 15% by offering University of Birmingham students more choice 2011-03-31T11:00:00Z 2011-03-31T10:59:00Z
<http://www.birmingham.ac.uk/news/latest/2011/03/31Mar-ActiveUniversitiesPressRelease.aspx> Birmingham celebrates sporting success Admin Tara Birmingham's sports teams put in great performances at the British Universities & Colleges Sport (BUCS) championships. 2011-03-23T11:21:00Z 2011-03-21T16:11:00Z
<http://www.birmingham.ac.uk/news/latest/2011/03/21mar-bucs.aspx> Apprentice star and top athlete honoured Alexander Donohue Information on Apprentice star and top athlete honoured 2011-03-16T14:18:00Z 2011-03-16T14:08:00Z
<http://www.birmingham.ac.uk/alumni/news/items/2011/01/Apprenticestarandtopathletehonoured.aspx> BUCS Squash Team Championships 2011 Jenna Hadley It was a hectic weekend at the Munrow Sports Centre between 25-27 February, as University of Birmingham Sport (UBSport) hosted the British Universities and Colleges Sport (BUCS) Individual Squash Championships. 2011-03-14T00:00:00Z 2011-08-16T12:12:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Mar11BUCSSquashTeamChampionships2011.aspx> Chrissie Wellington breaks another Ironman Record Jenna Hadley Alumna Chrissie Wellington has rewritten the record books once again as she put in another impressive performance to win the Spec-Savers Ironman triathlon held in Port Elizabeth, South Africa on Sunday, April 10. 2011-03-14T00:00:00Z 2011-08-16T12:13:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Mar11ChrissieWellingtonbreaksanotherIronmanRecord.aspx> Volunteers wanted to improve health and fitness by exercising less Amy Cory Researchers at the University of Birmingham's School of Sport and Exercise Sciences are calling for volunteers to take part in a study investigating the use of high intensity interval training (HIT) as a means to improve health and fitness. 2011-02-24T10:25:00Z 2011-02-24T10:24:00Z
<http://www.birmingham.ac.uk/news/latest/2011/02/24feb-Volunteers-wanted-to-improve-health-and-fitness-by-exercising-less.aspx> UBSport success at BUCS Indoor Athletics Championships Jenna Hadley UBSport Athletics and Cross Country Club continued their 2011 success by collecting an array of medals at the British Universities and Colleges Sport (BUCS) Indoor Athletics Championships over the 19-20 February. 2011-02-22T00:00:00Z 2011-08-16T12:15:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/22Feb11UBSportsuccessatBUCSIndoorAthleticsChampionships.aspx> Squash success around the globe Jenna Hadley It was a hectic weekend for UBSport squash club, with past and present members competing in high profile competitions across the globe. 2011-02-18T00:00:00Z 2011-08-16T12:13:00Z <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/18Feb11Squashsuccessaroundtheglobe.aspx> Volunteers needed for weight loss study Amy Cory Researchers at the University of Birmingham's School of Sport and Exercise Sciences are looking for volunteers to take part in a study investigating whether successful weight loss can alter perception. 2011-02-11T12:08:00Z 2011-02-11T12:11:00Z
<http://www.birmingham.ac.uk/news/latest/2011/02/11febvolunteers-needed-for-weight-loss-study.aspx> Ski and Snowboarding club dominate regional competition Jenna Hadley UBSport)Ski and Snowboarding club, also known as Brumski, triumphed this weekend at the final round of the regional Kings Race Series. 2011-02-09T00:00:00Z 2011-08-16T12:11:00Z <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/09Feb11SkiandSnowboardingclubdominateregionalcompetition.aspx> BUCS Cross Country Championships 2011 Jenna Hadley UBSport hosted the British Universities and Colleges Sport (BUCS) Cross Country Championships, for the first time in the event's history, and had a huge victory by collecting three gold, two silver and two bronze medals. 2011-02-07T00:00:00Z 2011-08-16T12:11:00Z
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Feb11BUCSCrossCountryChampionships2011.aspx> UBSport Lionheart Award Jenna Hadley We are proud to announce the second winner of the termly Lionheart Award goes to Mike Sweeney, a third year Sports and Materials Science student and decathlete. 2011-02-07T00:00:00Z 2011-08-16T12:10:00Z <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/070211UBSportLionheartAward.aspx> Chrissie Wellington breaks own ironman record Jenna Hadley Information on Chrissie Wellington breaks own ironman record 2011-01-31T20:59:00Z 2010-11-24T18:01:00Z
<http://www.birmingham.ac.uk/news/latest/2010/10/24novwellingtonbreaksownironmanrecord.aspx> Alice Sharp wins prestigious hockey award Jenna Hadley Alice Sharp from the UBSport Hockey club has been bestowed the prestigious Higgins Group UK Youth Hockey Awards for the second time in her short career. 2011-01-26T00:00:00Z 2011-08-16T12:16:00Z <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/26jan11AliceSharpwinsprestigioushockeyaward.aspx> James Fair selected for Hockey All Star team 2010 Jenna Hadley University of Birmingham Sport (UBSport) alumni James Fair has been named in the International Hockey Federation (FIH) All Star teams 2010. 2010-12-22T00:00:00Z 2011-08-16T16:37:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Dec10JamesFairselectedforHockeyAllStarteam2010.aspx> Duathlon men's team clinch silver Jenna Hadley Twenty members of the University of Birmingham Sport (UBSport) Triathlon club braved the miserable weather on Sunday, November 20 to compete in the British University and Colleges Sports (BUCS) aptly named 'Chilly' Duathlon at Castle Coombe, Wiltshire. 2010-12-22T00:00:00Z 2011-08-17T15:15:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Nov10Duathlonmensteamclinchesilver.aspx> UBSport athletes honoured at Aviva Athletics Awards 2010 Jenna Hadley University of Birmingham Sport (UBSport) alumni Hannah England, current student Ed Aston and athletics coach Bud Baldaro have been recognised for

their achievements in 2010 at the annual Aviva Athletics Awards. 2010-12-14T00:00:00Z 2011-08-16T16:50:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/21Dec10UBSportathleteshonouredatAvivaAthleticsAwards2010.aspx> Ironman Champion to receive Honorary degree Jenna Hadley Triple Ironman World Champion and University of Birmingham Sport (UBSport) alumna Chrissie Wellington is set to receive an honorary degree tomorrow (Wednesday, December 15), as a tribute to her work in both her passions: sport and international development. 2010-12-14T00:00:00Z 2011-08-16T16:56:00Z <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/16Jul11IronmanChampiontoreceiveHonorarydegree.aspx> UBSport at the European Cross Country Championships Jenna Hadley Past and present members of University of Birmingham Sport's (UBSport) Cross Country team competed at the SPAR European Cross Country Championships yesterday (Sunday, November 12) in Albufeira, Portugal. 2010-12-13T00:00:00Z 2011-08-17T11:18:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/13Dec10UBSportattheEuropeanCrossCountryChampionships.aspx> Fitness Suite scoops Gym of the Year Jenna Hadley University of Birmingham Sport (UBSport) were named the National Fitness Awards 2010 Gym of the Year for Midlands and Wales at a spectacular gala dinner held at the National Railway Station, York on Thursday, November 25. 2010-12-11T00:00:00Z 2011-08-17T11:29:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/11Dec10FitnessSuitescoopsGymoftheYear.aspx> Cuts to School Sport Partnerships: A Case of Ideology over Reason? Claire Hawkins The Coalition Government's proposal to cut £162 million funding for 450 school sports partnerships offers an intriguing case study of this era of new party politics and policy-making. Two points lend weight to the argument that this is a rushed decision made by an ill-informed minister, Education Secretary Michael Gove. 2010-12-03T13:57:00Z 2013-08-08T16:31:00Z <http://www.birmingham.ac.uk/news/thebirminghambrief/items/2010/12/school-sports-partnerships-03Nov.aspx>
Cuts to School Sport Partnerships: A Case of Ideology over Reason? The Coalition Government's proposal to cut £162 million funding for 450 school sports partnerships offers an intriguing case study of this era of new party politics and policy-making. Two points lend weight to the argument that this is a rushed decision made by an ill-informed minister, Education Secretary Michael Gove. 2010-12-03T13:56:00Z 2013-08-08T16:32:00Z
<http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/2010/12/school-sports-partnerships-03Nov.aspx> Lifesaver picks up two medals at National Championships Jenna Hadley Rebecca Sindell from the University of Birmingham Sport (UBSport) Lifesaving Club headed up to Ponds Forge International Sports Centre, Sheffield on Sunday, November 28 to compete in the 2010 National Lifesaving Championships finals and picked up gold and bronze medals. 2010-11-29T00:00:00Z 2011-08-17T11:35:00Z <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/29Nov10LifesaverpicksuptwomedalsatNationalChampionships.aspx>
Chrissie gives it some welly Jenna Hadley University of Birmingham Alumna Chrissie Wellington produced an amazing performance at the 2010 Ford Ironman Arizona, USA in Sunday, November 21 to win the women's title in a superb 8:36:13, placing her in eighth overall. 2010-11-22T00:00:00Z 2011-08-17T15:20:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Nov10Chrissiegivesitsomewelly.aspx> UBSport Lionheart Award Jenna Hadley University of Birmingham Sport (UBSport) are delighted to introduce the inaugural 'Lionheart Award'. Presented termly, the award has been created to recognise students-athletes who are not only performing at a significant level for their chosen sport, but also show dedication and leadership surpassing what is expected of UBSport club members. 2010-11-12T00:00:00Z 2011-08-17T15:31:00Z <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/12Nov10UBSportLionheartAward.aspx> Bronze for Gilbert at the Commonwealth Games Jenna Hadley Susie Gilbert, third year geography, has secured her third bronze medal of the summer following a 1-0 win over South Africa with England women's hockey at the Commonwealth Games, Delhi on Wednesday, October, 13. 2010-10-14T00:00:00Z 2011-08-17T16:10:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/14Oct10BronzeforGilbertattheCommonwealthGames.aspx> Elle Hopkins has success at the National Track Championships Jenna Hadley Elle Hopkins, a third year Sport and Exercise Science student, had a successful trip to Manchester Velodrome last week to compete in the National Track Championships 2010, walking away with a silver medal in the Women's Madison and a positive performance in the team sprint race. 2010-09-27T00:00:00Z 2011-08-17T16:27:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/27Sep10ElleHopkinshassuccessattheNationalTrackChampionships.aspx> Gilbert wins World Cup bronze Jenna Hadley University of Birmingham Sport (UBSport) had a representative in England's women's hockey squad as they picked up their first ever medal in the BDO FIH World Cup in Rosario, Argentina. 2010-09-13T00:00:00Z 2011-08-17T16:33:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/13Sep10GilbertwinsWorldCupbronze.aspx> City join forces with UBSport Jenna Hadley Birmingham City Football Club have jumped at the chance to pledge their support to the Corporate Relay Challenge 2010, a fundraising race which has been launched in aid of military patients treated at the Queen Elizabeth Hospital Birmingham (QEHB) and to develop budding Olympic and Paralympic athletes. 2010-09-03T00:00:00Z 2011-08-17T16:42:00Z <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/03Sep10CityjoinforceswithUBSport.aspx> UBSport alumni selected for Commonwealth Games Jenna Hadley Three University of Birmingham Sport (UBSport) alumni have been selected to represent England at the upcoming Commonwealth Games to be held in Delhi, India from October 3-14. 2010-08-23T00:00:00Z 2011-08-17T16:53:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/23Aug10UBSportalumselectedforCommonwealthGames.aspx> Badminton scholars to represent GB Jenna Hadley Congratulations to two University of Birmingham Sport badminton players who are set to start off the new season with success after being chosen to represent Great Britain at the 11th World University Badminton Championships 2010. 2010-08-19T00:00:00Z 2011-08-17T16:58:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/19Aug10BadmintonstscholarstorepresentGB.aspx> UBSport Hockey Stars are Delhi bound Jenna Hadley Susie Gilbert, third year Geography, has been named in the squad of 16 women's hockey players to represent England at the Commonwealth games to be held in Delhi, India from October 3-14. 2010-08-08T00:00:00Z 2011-08-17T16:48:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/26Aug10UBSportHockeyStarsareDelhibound.aspx> Triple success for UBSport alumni Jenna Hadley Joel Hinds helped Great Britain reclaim the team titles in the 7th World University Squash Championships held at Monash University in Melbourne, Australia, after a tight final against newcomers Hong Kong (Saturday, July 17). 2010-07-27T00:00:00Z 2011-08-17T17:06:00Z
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/27Jul10TriplesuccessforUBSportalum.aspx> University drinks to Gebrselassie's marathon achievements Admin Tara World record marathon runner Haile Gebrselassie will receive an honorary degree from the University of Birmingham, having collaborated for years with the institution's sports scientists to optimise his nutrition. 2010-07-09T00:00:00Z 2010-08-20T15:15:00Z <http://www.birmingham.ac.uk/news/latest/2010/07/09july-haile.aspx> Fair play or foul? World Cup sportsmanship under scrutiny at Birmingham Admin Tara Sports psychologists at the University of Birmingham are investigating how factors such as motivation can influence how likely a football player is to adopt antisocial behaviour in their quest for victory in contests such as the World Cup. 2010-05-31T00:00:00Z 2010-09-09T15:31:00Z <http://www.birmingham.ac.uk/news/latest/2010/05/31may-fairplayorfool.aspx> Speaker Alert: Dr John Armitt, Chairman, Olympic Delivery Authority (ODA) 'Engineering the Olympics' Claire Hawkins Dr John Armitt, Chairman of the Olympics Delivery Authority, will provide an overview of the approach to the constructing of the venues and infrastructure for the London 2012 Olympic Games and Paralympic Games. 2010-05-12T00:01:00Z 2010-09-14T11:52:00Z <http://www.birmingham.ac.uk/news/latest/2010/05/12may-johnarmitt.aspx> Birmingham Beech Boys complete Atlantic row Claire Hawkins University of Birmingham Sport staff member Norman Beech, and his son James, have become the first British father and son team to row across the Atlantic after taking part in the Woodvale Atlantic Rowing Race 2009, in support of their chosen charity, WaterAid. 2010-03-31T00:00:00Z 2010-09-28T09:55:00Z
<http://www.birmingham.ac.uk/news/latest/2010/03/31mar-beechboys.aspx>