

News/Social Media http://www.birmingham.ac.uk/olympics/news/index.aspx?
NewsListingAll_List_GoToPage=3&NewsListingAll_SyndicationType=1&stylemediatype=print Contensis: http://www.contentmanagement.co.uk Birmingham
International Summer School http://www.birmingham.ac.uk/schools/sport-exercise/news/2015/16Jan-Birmingham-International-Summer-School.aspx Our Birmingham
International Summer School offers you the chance to study in the Heart of England, at a top institution and a pioneering university. Mon, 19 Jan 2015 09:52:00 GMT
http://www.birmingham.ac.uk/schools/sport-exercise/news/2015/16Jan-Birmingham-International-Summer-School.aspx international sport exercise summer school
students les-sp-news Handbooks, Germany and Knowledge in Sport http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-
box/2015/12JanHandbook,-Germany-and-the-Knowledge-In-Sport.aspx A book review on the Routledge Handbook of German Politics & Culture, with thoughts on the
technical transfer of knowledge from academia to students and practitioners of sport. Tue, 13 Jan 2015 10:08:00 GMT
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2015/12JanHandbook,-Germany-and-the-Knowledge-In-Sport.aspx Sport Policy
Centre les-sp-news Cycling: The Secret to Staying Young http://www.birmingham.ac.uk/generic/mrc-aruk/news/2014/Cycling-The-Secret-to-Staying-Young.aspx Study
shows that active older people resemble much younger people physiologically. Thu, 08 Jan 2015 11:11:00 GMT http://www.birmingham.ac.uk/generic/mrc-
aruk/news/2014/Cycling-The-Secret-to-Staying-Young.aspx IOC reforms – Agenda 20+20, all smoke and mirrors or genuine reform?
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2015/IOC-reforms.aspx Early in December 2014 the International Olympic
Committee [IOC] President Thomas Bach led the organisation into a self-proclaimed new era for the movement. Bach has pushed through the Agenda 2020 document
setting his reputation against its adoption. Mon, 05 Jan 2015 11:02:00 GMT http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-
box/2015/IOC-reforms.aspx Sport Policy Centre sport an exercise sciences olympics debate les-sp-news Health science 2014: a review of the year
http://www.birmingham.ac.uk/news/latest/2014/12/2014.aspx 2014 has been an exceptional year for the University of Birmingham, from discovering previously unknown
archaeological monuments at the Stonehenge site to installing Lord Bilimoria of Chelsea CBE as our new chancellor it has been an exciting year. Wed, 17 Dec 2014
15:44:00 GMT http://www.birmingham.ac.uk/news/latest/2014/12/2014.aspx 2014 review Postgraduate Research Conference on Sport Politics, Policy and Society
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/16DecPostgraduate-Research-Conference-on-Sport-Politics,-Policy-and-
Society.aspx A Report about the Postgraduate Research Conference on Sport Politics, Policy and Society, held at the University of Birmingham on the 4th December
2014. Tue, 16 Dec 2014 14:43:00 GMT http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/16DecPostgraduate-Research-
Conference-on-Sport-Politics,-Policy-and-Society.aspx Sport Policy Centre sportex post graduate conference Sporting Equals Guest Lecture
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/13Oct-Sporting-Equals-Guest-Lecture.aspx On Monday 13th October 2014,
CEO, Arun Kang, and Head of Consultancy, Nik Trivedi, of Sporting Equals delivered a guest lecture on their organisation and potential work placement opportunities
open to those SportExR students undertaking the second year 'Sport and Development' module. Tue, 02 Dec 2014 15:45:00 GMT
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/13Oct-Sporting-Equals-Guest-Lecture.aspx les-sp-news Health science
science technology Sport Policy Centre Brazil Conference on Sports Mega- Events, Physical Education and Sport in Schools
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/04Nov-Brazil-Conference.aspx On the 3rd and 4th of November 2014 Dr
Jonathan Grix, Professor Joan Duda and Dr Mark Griffiths represented the University of Birmingham in São Paulo (Brazil). Tue, 02 Dec 2014 15:45:00 GMT
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/04Nov-Brazil-Conference.aspx les-sp-news Health science science technology
Sport Policy Centre Has Invictus conquered a Sports Mega-Event? http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/Nov11-
has-invictus-conquered-a-sports-mega-event.aspx The 2014 Invictus Games can be seen as a pioneering strategy in British politics. Now the event has finished - we are
perhaps left questioning what the Invictus Games actually are? Or, perhaps, what they really stand for? Wed, 12 Nov 2014 11:55:00 GMT
http://www.birmingham.ac.uk/research/activity/sport-policy-centre/commentary-box/2014/Nov11-has-invictus-conquered-a-sports-mega-event.aspx Invictus Games
Athletics competition sport and exercise Olympic Games jonathan grix Paul Michael Brannagan Verity Postlethwaite les-sp-news health Can I be excused? Finding out
how the nation really feels about PE http://www.birmingham.ac.uk/news/latest/2014/10/big-pe-conversation-27-10-14.aspx A nation-wide survey, launched today, will
use our memories of PE at school to identify how our experiences of sports days, shared showers and plimsolls have influenced our relationship with physical activity as
adults. Mon, 27 Oct 2014 09:39:00 GMT http://www.birmingham.ac.uk/news/latest/2014/10/big-pe-conversation-27-10-14.aspx sport an exercise sciences physical
education primary schools secondary schools Physical activity survey University of Birmingham les-sp-news Great alumni join Great Birmingham Run
http://www.birmingham.ac.uk/alumni/news/items/2014/Great-alumni-join-Great-Birmingham-Run.aspx Wed, 08 Oct 2014 10:08:00 GMT
http://www.birmingham.ac.uk/alumni/news/items/2014/Great-alumni-join-Great-Birmingham-Run.aspx Faster than the speed of rail
http://www.birmingham.ac.uk/alumni/news/items/Racing-the-tube---and-winning!.aspx Alumni race, and beat, the London underground Fri, 03 Oct 2014 13:21:00 GMT
http://www.birmingham.ac.uk/alumni/news/items/Racing-the-tube---and-winning!.aspx alumni news race the tube sport sports centre Athletics Win - National Badminton
League tickets http://www.birmingham.ac.uk/university/building/sports-centre/name-of-the-game/news/Win---National-Badminton-League-tickets.aspx Tue, 16 Sep 2014
14:37:00 GMT http://www.birmingham.ac.uk/university/building/sports-centre/name-of-the-game/news/Win---National-Badminton-League-tickets.aspx competition
Badminton sports sport name of the game tickets More needed to protect our sportspeople from brain injury say Birmingham experts
http://www.birmingham.ac.uk/news/latest/2014/09/sportspeople-brain-injury.aspx Two University of Birmingham academics are calling for more research to be carried
out looking at how the brains of sportspeople – including children – react when they receive a blow to the head. Thu, 11 Sep 2014 00:01:00 GMT
http://www.birmingham.ac.uk/news/latest/2014/09/sportspeople-brain-injury.aspx University of Birmingham sports brain injury concussion Dr Michael Grey Antonio Belli
School of Clinical and Experimental Medicine bsf14 School taking part in the 2014 British Science Festival http://www.birmingham.ac.uk/schools/sport-
exercise/news/2014/21Aug-school-taking-part-in-the-2014-British-Science-Festival.aspx Staff from the School will be taking part in the 2014 British Science Festival
being held at the University of Birmingham. Our session, entitled "Not enough exercise, too much stress: The curse of modern living" will combine the School's traditional
strengths in Exercise Physiology and Behavioural Medicine to provide the public with an engaging and interactive discussion on how exercise and psychological stress
affects their health. Thu, 21 Aug 2014 09:43:00 GMT http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/21Aug-school-taking-part-in-the-2014-British-
Science-Festival.aspx School of sport exercise and rehabilitation sciences British Science Festival BSF exercise stress les-sp-news Training Study in Sport and Exercise
Science http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/10jul-training-study-in-sport-and-exercise-science.aspx An expert exercise physiology research
group from the University of Birmingham plan to guide participants through a 10-week leg resistance training programme in order to observe the importance of rest-interval
duration on muscle growth. Thu, 10 Jul 2014 15:05:00 GMT http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/10jul-training-study-in-sport-and-exercise-
science.aspx Science and technology School of sport exercise and rehabilitation sciences research study les-sp-news Swim coach has a hole lot of love for the city's
newest pool http://www.birmingham.ac.uk/news/latest/2014/07/Swim-coach-has-a-hole-lot-of-love-for-the-citys-newest-pool.aspx A swimming coach at the University
of Birmingham finally got chance to get into a 50m pool in the city this week after 30 years of pining for one – although he'll have to wait a little while longer for the taps to
be turned on. Mon, 07 Jul 2014 18:19:00 GMT http://www.birmingham.ac.uk/news/latest/2014/07/Swim-coach-has-a-hole-lot-of-love-for-the-citys-newest-pool.aspx
swimming pool swimming sports centre new build c construction UB Sport gary humpage estates development campus development building1416 Control of breathing
during exercise http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/07jul-control-of-breathing-during-exercise.aspx Since 1996, 766 Sport and Exercise
Sciences undergraduates have studied respiratory control with Dr Michael Parkes. Do you still remember the debates over how little is known about how breathing is
controlled in exercise (Guz, 1966, Wasserman 1986, Goodwin 1972)? Does it matter any more?! Mon, 07 Jul 2014 10:30:00 GMT
http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/07jul-control-of-breathing-during-exercise.aspx School of sport exercise and rehabilitation sciences
breathing exercise Respiration Respiratory les-sp-news What's in a name? Your chance to honour one of the region's sporting stars
http://www.birmingham.ac.uk/university/building/sports-centre/name-of-the-game/news/Whats-in-a-name-Your-chance-to-honour-one-of-the-regions-sporting-stars.aspx
Help name the gym in the University's new £55 million sports centre Wed, 14 May 2014 09:57:00 GMT http://www.birmingham.ac.uk/university/building/sports-
centre/name-of-the-game/news/Whats-in-a-name-Your-chance-to-honour-one-of-the-regions-sporting-stars.aspx alumni sports sport gym news competition name of the

game What's in a name? Your chance to honour one of the region's sporting stars <http://www.birmingham.ac.uk/news/latest/2014/05/whats-in-a-name.aspx> Work on the University of Birmingham's brand new £55m sports centre has now begun, and to celebrate, local people, staff and students past and present are being invited to have their say in who the facility should honour. Thu, 08 May 2014 10:51:00 GMT <http://www.birmingham.ac.uk/news/latest/2014/05/whats-in-a-name.aspx> sports centre name of the game notg DABE Ellie Simmonds Gladstone Small Chrissie Wellington University of Birmingham building1416 Musicalisation of Running: Experiencing Pleasurable Escape <http://www.birmingham.ac.uk/schools/business/departments/marketing/news/2014/april/musicalisation-of-running.aspx> Dr. Finola Kerrigan discusses the role of music with regards to running, and how some may use it to create soundscapes in order to enhance their running experience. Fri, 11 Apr 2014 12:42:00 GMT <http://www.birmingham.ac.uk/schools/business/departments/marketing/news/2014/april/musicalisation-of-running.aspx> marketing Business School running social-policy University of Birmingham joins forces with UK Anti-Doping to keep sport clean <http://www.birmingham.ac.uk/news/latest/2014/04/University-of-Birmingham-joins-forces-with-UK-Anti-Doping-to-keep-sport-clean.aspx> University of Birmingham Sport (UBSport) has officially pledged its commitment to keep sport free of illegal drugs by becoming one of the first UK universities to sign new agreement with UK Anti-Doping (UKAD) to begin the process of receiving Clean Sport University Accreditation. Wed, 09 Apr 2014 17:01:00 GMT <http://www.birmingham.ac.uk/news/latest/2014/04/University-of-Birmingham-joins-forces-with-UK-Anti-Doping-to-keep-sport-clean.aspx> drugs doping s sport Sport and Exercise Sciences steroids Russian confidence dealt a blow by Sochi Paralympics boycotts <http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/07Mar-russian-confidence-dealt-blow-by-sochi-paralympics-boycotts.aspx> Dr Jonathan Grix, Reader (Associate Professor) in Sport Policy and Politics in the School of Sport, Exercise and Rehabilitation Sciences, discusses the recent boycotts of the Sochi Paralympics in an article on The Conversation website. Mon, 10 Mar 2014 12:06:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2014/07Mar-russian-confidence-dealt-blow-by-sochi-paralympics-boycotts.aspx> School of sport exercise and rehabilitation sciences les-sp-news University of Birmingham and Jamaica National Foundation Legacy Scholarship Launch <http://www.birmingham.ac.uk/schools/business/departments/marketing/news/2014/february/university-of-birmingham-and-jamaica-national-foundation-legacy-scholarship-launch.aspx> As a part of the 2012 Olympic Legacy Programme, University of Birmingham and the Jamaica National Building Society have joined forces to offer a unique scholarship. Fri, 14 Feb 2014 10:22:00 GMT <http://www.birmingham.ac.uk/schools/business/departments/marketing/news/2014/february/university-of-birmingham-and-jamaica-national-foundation-legacy-scholarship-launch.aspx> scholarship Masters scholarship jamaica Jamaican National Foundation Legacy Scholarship House of Lords Action on Rheumatoid Arthritis <http://www.birmingham.ac.uk/schools/immunity-infection/news/House-of-Lords-Summit-on-Rheumatoid-Arthritis.aspx> Professor Karim Raza presents at a House of Lords summit on increasing public awareness of Rheumatoid Arthritis. Thu, 16 Jan 2014 13:38:00 GMT <http://www.birmingham.ac.uk/schools/immunity-infection/news/House-of-Lords-Summit-on-Rheumatoid-Arthritis.aspx> Karim Raza Rheumatoid Arthritis Research House of Lords x9immunity Work due to commence on the University of Birmingham's £55m sports centre <http://www.birmingham.ac.uk/news/latest/2014/01/Work-due-to-commence-on-the-University-of-Birmingham-s-55m-sports-centre.aspx> The first 50m swimming pool in Birmingham has moved a step closer to reality with the announcement that work will start on the University of Birmingham's new £55m sports centre in April. Fri, 10 Jan 2014 11:25:00 GMT <http://www.birmingham.ac.uk/news/latest/2014/01/Work-due-to-commence-on-the-University-of-Birmingham-s-55m-sports-centre.aspx> estate development plans sports centre zena wooldridge swimming pool building1416 Why stress in sport need not leave you stumped <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/28Nov-why-stress-in-sport-need-not-leave-you-stumped.aspx> Following Jonathan Trott's decision to leave England's Ashes tour of Australia due to long-term stress related illness, Professor Nikos Ntoumanis gives his opinion of the critical role of stress and anxiety in sports. Thu, 28 Nov 2013 10:31:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/28Nov-why-stress-in-sport-need-not-leave-you-stumped.aspx> School of sport exercise and rehabilitation sciences Professor Nikos Ntoumanis stress sport Former Vice Chairman of Arsenal and the FA talks to students at Birmingham Business School <http://www.birmingham.ac.uk/schools/business/departments/management/news/2013/november/former-vice-chairman-of-arsenal-and-the-fa-talks-to-students-at-birmingham-business-school.aspx> Former Vice Chairman of Arsenal Football Club and the Football Association recently came to Birmingham Business School to talk to our undergraduate students Fri, 08 Nov 2013 14:25:00 GMT <http://www.birmingham.ac.uk/schools/business/departments/management/news/2013/november/former-vice-chairman-of-arsenal-and-the-fa-talks-to-students-at-birmingham-business-school.aspx> management birmingham business school football Leadership Prof Janice Thompson features on BBC's Trust me I'm a Doctor <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/11Oct-janice-thompson-trust-me-i-m-a-doctor.aspx> Professor Janice Thompson and some of our lovely postgrads featured in the first episode of the new BBC2 series 'Trust me I'm a Doctor' on Thursday 10 October. Janice helped the BBC team investigate whether it is possible to be both fat and fit. Fri, 11 Oct 2013 10:19:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/11Oct-janice-thompson-trust-me-i-m-a-doctor.aspx> School of sport exercise and rehabilitation sciences Professor Janice Thompson health exercise Nutrition diet BMI body mass index VO2 max fitness les-sp-news Eliminating 'scary coach' behaviour to keep kids in sport <http://www.birmingham.ac.uk/news/latest/2013/09/Eliminating-scary-coach-behaviour-to-keep-kids-in-sport.aspx> Changing coaches' behaviour to give children a more positive experience of playing sport has been found to change children's intentions to drop out of sporting activity, according to sports scientists at the University of Birmingham, who announced their findings this week from a 4 year project called 'Promoting Adolescent Physical Activity' (PAPA). Wed, 25 Sep 2013 11:38:00 GMT <http://www.birmingham.ac.uk/news/latest/2013/09/Eliminating-scary-coach-behaviour-to-keep-kids-in-sport.aspx> Eleanor qusted football coaching Our alumna Non Stanford becomes ITU World Triathlon champion <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/23Sep-Our-alumnus-Non-Stanford-becomes-ITU-World-Triathlon-champion.aspx> Congratulations to our BSc Sport and Exercise Sciences alumna Non Stanford on becoming ITU World Triathlon champion on Saturday. Mon, 23 Sep 2013 14:04:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/23Sep-Our-alumnus-Non-Stanford-becomes-ITU-World-Triathlon-champion.aspx> les-sp-news Prof Ian Henderson on Dara O'Briain's Science Club <http://www.birmingham.ac.uk/schools/immunity-infection/news/Prof-Ian-Henderson-on-Dara-OBriains-Science-Club.aspx> Professor Ian Henderson is a guest on Dara O'Briain's Science Club discussing microbes in the intestines Fri, 30 Aug 2013 12:48:00 GMT <http://www.birmingham.ac.uk/schools/immunity-infection/news/Prof-Ian-Henderson-on-Dara-OBriains-Science-Club.aspx> x9immunity A Wimbledon victory – was science the secret behind Murray's success? <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/2013/07/A-Wimbledon-victory—was-science-the-secret-behind-Murrays-success1.aspx> Andy Murray's Wimbledon victory earlier this week was, in many ways, unsurprising. He was long regarded among many tennis fans and experts as a highly talented tennis player. However, until last year, his talent and incredible determination had proved insufficient to secure a grand slam victory. Tue, 27 Aug 2013 12:13:00 GMT <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/2013/07/A-Wimbledon-victory—was-science-the-secret-behind-Murrays-success1.aspx> Sport Hip fractures and depression quicken frailty in the elderly <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/14Aug-anna-phillips-the-conversation.aspx> Older people are more likely to suffer a fall and with an ageing population, hip fractures are a growing issue. And new research suggests that the impact of a fall may speed up frailty. The factors influencing recovery after a hip fracture are poorly understood, but we now know that depression is common and is associated with increased risk of infections and an inability to regain previous levels of physical functioning. Thu, 22 Aug 2013 11:14:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/14Aug-anna-phillips-the-conversation.aspx> Premier League football referees more likely to book foreign players <http://www.birmingham.ac.uk/schools/business/departments/economics/news/2013/august/premier-league-football-referees-more-likely-to-book-foreign-players.aspx> The 2013/14 Barclays Premier League season starts this Saturday and a major analysis of referee's decisions in the league has shown that officials are around 15% more likely to book foreign players who are from the same background as the most sizable ethnic minority groups in the UK. Wed, 14 Aug 2013 15:50:00 GMT <http://www.birmingham.ac.uk/schools/business/departments/economics/news/2013/august/premier-league-football-referees-more-likely-to-book-foreign-players.aspx> business phd business-phd Economics Business School research 2012 and the 'Legacy' Games: assessing the Olympic Legacy one year on <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/26-Jul-2012-and-the-Legacy-Games-assessing-the-Olympic-Legacy-one-year-on.aspx> For many years sport has been viewed by political elites as a panacea of all ills. In particular sports mega-events, such as the Olympics and the FIFA World Cup, are looked upon as opportunities to transform, increase, improve and grow anything from mass participation in physical activity, to urban regeneration, economic growth and a nation's international image. The benefits derived from such events are termed 'legacies,' and the promise of them materialising is often used as the chief justificatory discourse for the investment of large sums of public finance into hosting a sports mega-event at the outset. Fri, 26 Jul 2013 10:31:00 GMT <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/26-Jul-2012-and-the-Legacy-Games-assessing-the-Olympic-Legacy-one-year-on.aspx> olympics

Jonathan Grix legacy - Wimbledon victory - was science the secret behind Murray's success? <http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/10jul-was-science-behind-murrays-success.aspx> Professor Nikos Ntoumanis' Birmingham Brief about the science behind Andy Murray's success at Wimbledon 2013. Wed, 17 Jul 2013 12:14:00 GMT

<http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/10jul-was-science-behind-murrays-success.aspx> Professor Nikos Ntoumanis Wimbledon tennis Andy Murray birmingham brief Sports science school of sport Exercise and Rehabilitation Sciences University proposes £175m transformation of historic Edgbaston campus to include a new sports centre <http://www.birmingham.ac.uk/schools/sport-exercise/news/09Aug-Estates-Development-Framework-Release.aspx> The University of Birmingham is announcing a five year investment in facilities that will transform the University's famous Edgbaston campus, reinterpreting founder Joseph Chamberlain's vision for the estate for the 21st century and extending the services available to the local community. The key developments include a new sports centre and a new library, to join the new Music building currently nearing completion. Tue, 16 Jul 2013 11:28:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/09Aug-Estates-Development-Framework-Release.aspx> A Wimbledon victory – was science the secret behind Murray's success? <http://www.birmingham.ac.uk/news/thebirminghambrief/items/2013/07/A-Wimbledon-victory—was-science-the-secret-behind-Murrays-success.aspx> Andy Murray's Wimbledon victory earlier this week was, in many ways, unsurprising. He was long regarded among many tennis fans and experts as a highly talented tennis player. However, until last year, his talent and incredible determination had proved insufficient to secure a grand slam victory. Wed, 10 Jul 2013 16:09:00 GMT <http://www.birmingham.ac.uk/news/thebirminghambrief/items/2013/07/A-Wimbledon-victory—was-science-the-secret-behind-Murrays-success.aspx> Sport Double award for collaborative paper in Sport and Exercise Sciences <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/10Jun-double-award-for-collaborative-paper-in-Sport-and-Exercise-Sciences.aspx> Postgraduate researcher Richard Bruce and his supervisor Dr Mike White, both from the School of Sport and Exercise Sciences at the University of Birmingham, have received two awards for their paper "Muscle afferent activation causes ventilatory and cardiovascular responses during concurrent hypercapnia in humans", published in Experimental Physiology in February. Fri, 14 Jun 2013 14:55:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/10Jun-double-award-for-collaborative-paper-in-Sport-and-Exercise-Sciences.aspx> sport and exercise sciences Research Poster Conference success for Sport and Exercise Sciences students <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/14Jun-research-poster-conference-success-for-Sport-and-Exercise-Sciences-students.aspx> Postgraduate researchers from the School of Sport and Exercise Sciences have been celebrating following their success at the annual University of Birmingham Research Poster Conference 2013. 112 presenters from across the institution presented their research at the seventh annual event held on Wednesday 12 June in the University's Great Hall. Fri, 14 Jun 2013 14:08:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/14Jun-research-poster-conference-success-for-Sport-and-Exercise-Sciences-students.aspx> School of Sport and Exercise Sciences research poster student Robots, dancers, and dinosaurs make their way to this year's University Community Day <http://www.birmingham.ac.uk/news/latest/2013/06/3-Jun-Robots,-dancers,-and-dinosaurs-make-their-way-to-this-years-University-Community-Day.aspx> The University of Birmingham is throwing open its doors next weekend to welcome the public to its annual Community Day on Sunday 9 June. Mon, 03 Jun 2013 11:08:00 GMT <http://www.birmingham.ac.uk/news/latest/2013/06/3-Jun-Robots,-dancers,-and-dinosaurs-make-their-way-to-this-years-University-Community-Day.aspx> Community Day Hydrogen barge x9mds 323eps Student profile: Jose Van Oosten, MSc International Development <http://www.birmingham.ac.uk/schools/government-society/teaching/student-profiles/postgraduate/idd/2012-13/jose-van-oosten-msc-idd.aspx> I chose to study at Birmingham because for me it offered a great balance between being at the heart of a dynamic city, having a really large campus, a really large university with lots of activities, the politics department which I'm involved in is in the top ten of the country and of course, Birmingham is in the top three of the British University sports rankings, which is a big seller for me. Tue, 21 May 2013 16:15:00 GMT <http://www.birmingham.ac.uk/schools/government-society/teaching/student-profiles/postgraduate/idd/2012-13/jose-van-oosten-msc-idd.aspx> govsoc studentnews alumnews idd international development department SportEx ranked number 1 in Complete University Guide 2014 <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-SportEx-ranked-number-1-in-Complete-University-Guide-2014.aspx> The University of Birmingham has been ranked number 1 out of 76 universities for Sport Sciences subjects in the Complete University Guide 2014 league tables. Tue, 30 Apr 2013 18:51:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-SportEx-ranked-number-1-in-Complete-University-Guide-2014.aspx> Announcing the arrival of The School of Sport, Exercise and Rehabilitation Sciences <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-arrival-of-School-of-Sport,-Exercise-and-Rehabilitation-Sciences.aspx> The School of Sport and Exercise Sciences is already recognised as a world leader in the sciences of sport, exercise, health and rehabilitation, and the addition of Physiotherapy will add significantly to our expertise in rehabilitation. Tue, 30 Apr 2013 16:44:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-arrival-of-School-of-Sport,-Exercise-and-Rehabilitation-Sciences.aspx> Applied Golf Management Studies student wins volunteering award <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-agms-student-wins-volunteering-award.aspx> Final year Applied Golf Management Studies student Charlotte Stanton has been named Young Volunteer of the Year by the England Golf Partnership, and has gone on to discuss her volunteer work with Sky SportsNews. Tue, 30 Apr 2013 13:51:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-agms-student-wins-volunteering-award.aspx> AGMS School of Sport and Exercise Sciences Research by SportEx Academics featured in Runner's World <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-sportex-research-featured-in-Runners-World.aspx> Runner's World has recently featured an experiment, examining the effects of competition on performance, conducted at the School of Sport and Exercise Sciences, by Christopher Ring, Maria Kavussanu, David McIntyre, and Andrew Cooke, who is now a lecturer at the University of Bangor. Tue, 30 Apr 2013 11:48:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/30Apr-sportex-research-featured-in-Runners-World.aspx> School of Sport and Exercise Sciences research running Christopher Ring Maria Kavussanu Newsreader headlines PGA graduation <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/16Apr-newsreader-headlines-PGA-graduation.aspx> BBC newsreader, Celebrity Mastermind champion and self-confessed golf nut Naga Munchetty is the guest of honour at this year's PGA Graduation ceremony at the University of Birmingham. The 38-year-old BBC Breakfast and BBC World News presenter will recognise the achievements of the newest crop of aspiring PGA Professionals. Tue, 16 Apr 2013 11:32:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/16Apr-newsreader-headlines-PGA-graduation.aspx> Sportex PhD student awarded place on European Nutrition Leadership Programme 2013 <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/21Mar-phd-student-awarded-place-on-enl-programme-2013.aspx> Adrian Hodgson (currently in the final year of his PhD in the School of Sport & Exercise Sciences) has been awarded one of just 30 places on the European Nutrition Leadership Programme 2013. Thu, 21 Mar 2013 12:10:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/21Mar-phd-student-awarded-place-on-enl-programme-2013.aspx> AGMS students put theory into practice at Edgbaston Golf Club. <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/agms-students-edgbaston-golf-club.aspx> A premier Midlands Golf Club has been put under the microscope by first year students on the PGA-backed Applied Golf Management Studies degree. Mon, 11 Mar 2013 16:08:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/agms-students-edgbaston-golf-club.aspx> Record results from School students in BUCS Championships <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/01Mar-record-results-in-bucs-championships.aspx> Students from the School of Sport & Exercise Sciences excelled in recent BUCS Championships in gymnastics and judo. On 24th February Lucas Rowe (BSc SPECS) won gold in the 60kg men's high grade category of the British Judo Association/BUCS Gatorade Nationals in Sheffield Fri, 01 Mar 2013 13:54:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/01Mar-record-results-in-bucs-championships.aspx> The greatest row on earth <http://www.birmingham.ac.uk/alumni/news/items/2013/02/The-greatest-row-on-earth.aspx> After being medically discharged from a Military training scheme in 2010, Pamela Relph MBE (BSc Physics, 2011) took up rowing and is taking the sport by storm. A London 2012 Paralympic Gold medalist as part of Team GB's LTA mixed coxed four, Pamela reflects on her unforgettable summer. Mon, 25 Feb 2013 10:51:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2013/02/The-greatest-row-on-earth.aspx> alumni profile pam relph Paralympics London 2012 gold interview interview Soccer bookings show ethnic discrimination <http://www.birmingham.ac.uk/alumni/news/items/2012/12/Soccer-bookings-show-ethnic-discrimination.aspx> The behaviour seen on Premier League football pitches is indicative of the attitudes of wider society according to Dr James Reade, whose research collaboration with colleagues at the Universities of Oxford and Cambridge has revealed that referees are more likely to unwittingly discriminate against certain ethnic groups than others. Mon, 18 Feb 2013 15:49:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/12/Soccer-bookings-show-ethnic-discrimination.aspx> football research discrimination Research grant awarded to Dr Maria Kavussanu <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/07Feb-Research-grant-awarded-to-Dr-Maria-Kavussanu.aspx> Dr Maria Kavussanu has been awarded a grant (\$45,445) from the World Anti Doping Agency (WADA) to conduct a two-year

Project entitled "A cross-cultural approach to a cross-cultural issue: Psychosocial factors and doping in young athletes". Thu, 07 Feb 2013 14:41:00 GMT
<http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/07Feb-Research-grant-awarded-to-Dr-Maria-Kavussanu.aspx> Dr Maria Kavussanu School of Sport and Exercise Sciences BBC Birmingham report on School's work with Jamaican Olympic team <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/bbc-birmingham-report-on-our-work-with-jamaican-olympic-team.aspx> Dr Francois Xavier-Li talks to BBC's David Gregory about the work done with the Jamaican Olympic team ahead of London 2012. Mon, 04 Feb 2013 17:36:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2013/bbc-birmingham-report-on-our-work-with-jamaican-olympic-team.aspx> Brazilian Government and University embark on sports science partnership <http://www.birmingham.ac.uk/news/latest/2012/12/14DecBrazilian-Government-and-University-embark-on-sports-science-partnership.aspx> The University of Birmingham has signed a sports science based agreement with the Brazilian Government this month. The collaboration between Brazil's Ministry of Sport and the University of Birmingham will see the two partners work together on a range of sports science initiatives. Fri, 14 Dec 2012 10:14:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/12/14DecBrazilian-Government-and-University-embark-on-sports-science-partnership.aspx> Brazil sport ministry of sport Luis Paulino Sportex graduate, Adam Pengilly, becomes Honorary Graduate <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/3Dec-Sportex-graduate-becomes-Honorary-Graduate.aspx> Thu, 06 Dec 2012 15:05:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/3Dec-Sportex-graduate-becomes-Honorary-Graduate.aspx> Sporting success and Olympic Committee member receives honorary degree <http://www.birmingham.ac.uk/news/latest/2012/12/06-Dec-12-Sporting-success-and-Olympic-Committee-member-receives-honorary-degree.aspx> Adam Pengilly, a member of the International Olympic Committee and former Skeleton competitor, will receive an honorary degree from the University of Birmingham on Thursday 6th December 2012 at 4.30pm. Thu, 06 Dec 2012 14:01:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/12/06-Dec-12-Sporting-success-and-Olympic-Committee-member-receives-honorary-degree.aspx> PGA and University of Birmingham unveil new international golf degree programme <http://www.birmingham.ac.uk/news/latest/2012/11/30NovPGA-and-University-of-Birmingham-unveil-new-international-golf-degree-programme.aspx> A new honours degree aimed at international students eager for a career in the golf industry has been launched by The Professional Golfers' Association (PGA) and the University of Birmingham. Fri, 30 Nov 2012 11:49:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/11/30NovPGA-and-University-of-Birmingham-unveil-new-international-golf-degree-programme.aspx> Golf china far east asia india PGA martin toms sandy jones PGA and University of Birmingham unveil new international golf degree programme <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/30NovPGA-and-University-of-Birmingham-unveil-new-international-golf-degree-programme.aspx> A new honours degree aimed at international students eager for a career in the golf industry has been launched by The Professional Golfers' Association (PGA) and the University of Birmingham. Fri, 30 Nov 2012 11:49:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/30NovPGA-and-University-of-Birmingham-unveil-new-international-golf-degree-programme.aspx> Golf china far east asia india PGA martin toms sandy jones Lessons from London, the road to Rio: conference examines leveraging legacies of major sporting events <http://www.birmingham.ac.uk/news/latest/2012/11/26-Nov-Lessons-from-London,-the-road-to-Rio-conference-examines-leveraging-legacies-of-major-sporting-events.aspx> International sports legacy experts will convene at the University of Birmingham this week to discuss the rationale behind hosting global mega-events and their lasting impact. Mon, 26 Nov 2012 11:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/11/26-Nov-Lessons-from-London,-the-road-to-Rio-conference-examines-leveraging-legacies-of-major-sporting-events.aspx> legacy olympics sporting sport mega-event rationale impact rio de janeiro global World Cup Lessons from London, the road to Rio: conference examines leveraging legacies of major sporting events <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/26-Nov-Lessons-from-London,-the-road-to-Rio.aspx> International sports legacy experts will convene at the University of Birmingham this week to discuss the rationale behind hosting global mega-events and their lasting impact. Mon, 26 Nov 2012 11:00:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/26-Nov-Lessons-from-London,-the-road-to-Rio.aspx> legacy olympics sporting sport mega-event rationale impact rio de janeiro global World Cup Lapworth Museum wins heritage lottery grant and seeks volunteers to help shape its redevelopment <http://www.birmingham.ac.uk/schools/gees/news/2012/15Nov-heritage-lottery-grant.aspx> The Lapworth Museum of Geology at the University of Birmingham has been awarded a Heritage Lottery Fund Development grant of £130,000 to progress plans to apply for a full grant for a major redevelopment project to create a significantly improved visitor experience and widen its access to young people, the public, and schools. Find out how you can get involved... Fri, 16 Nov 2012 15:05:00 GMT <http://www.birmingham.ac.uk/schools/gees/news/2012/15Nov-heritage-lottery-grant.aspx> The Business of Sport with David Gill <http://www.birmingham.ac.uk/schools/business/departments/economics/news/2012/october/david-gill.aspx> Business School alumnus David Gill has been appointed Vice Chairman of the Football Association. Fri, 26 Oct 2012 16:18:00 GMT <http://www.birmingham.ac.uk/schools/business/departments/economics/news/2012/october/david-gill.aspx> economic alumni business school alumni Business School management Economics accounting-finance What does sport mean to you? <http://www.birmingham.ac.uk/alumni/news/items/2012/10/What-does-sport-mean-to-you.aspx> For Dean, former student and 2012 Paralympian, sport is about being the very best in the world. He is one of the reasons we are building a new sports centre with facilities to meet all of his needs. From our students to you, our alumni, to members of the local community and talented athletes, this new state-of-the-art facility will offer something for everyone. Thu, 27 Sep 2012 16:20:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/10/What-does-sport-mean-to-you.aspx> Sport centre campus development Providing a Ticket to Ride <http://www.birmingham.ac.uk/alumni/news/items/2012/10/Providing-a-Ticket-to-Ride.aspx> The gap year experiences of one alumnus kick-started his career as Director and Co-founder of a totally unique surf-travel company which is striving to offer aspiring surfers the ticket to inspiring locations. Tue, 25 Sep 2012 12:41:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/10/Providing-a-Ticket-to-Ride.aspx> gap year alumni surfing business London 2012 Alumni Superstars <http://www.birmingham.ac.uk/alumni/news/items/2012/09/London-2012-Alumni-Superstars.aspx> 'Winning a gold medal in front of a home crowd was indescribable and an experience I will never forget,' explains Birmingham graduate and former Pussycats captain, Pamela Relph (BSc Physics, 2011) who raced to Paralympic success earlier this month. Fri, 21 Sep 2012 11:05:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/09/London-2012-Alumni-Superstars.aspx> Paralympics olympics gold medal sporting success London 2012 Student development scholarship: My time in Kenya <http://www.birmingham.ac.uk/alumni/news/items/2012/09/Student-development-scholarship-My-time-in-Kenya.aspx> Thu, 20 Sep 2012 11:48:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/09/Student-development-scholarship-My-time-in-Kenya.aspx> Paralympic Gold for Birmingham's Relph <http://www.birmingham.ac.uk/olympics/news/Pamel-Relph-Gold-Medal.aspx> Mon, 03 Sep 2012 19:00:00 GMT <http://www.birmingham.ac.uk/olympics/news/Pamel-Relph-Gold-Medal.aspx> Paralympic gold for alumna Pamela <http://www.birmingham.ac.uk/alumni/news/items/2012/09/Paralympic-gold-for-alumna-Pamela.aspx> Birmingham Physics graduate Pamela Relph stormed to Paralympic gold as part of Team GB's Mixed Coxed Four on Sunday. Her victory with teammates, Naomi Riches, David Smith and James Roe was the only Paralympic rowing medal won by team GB. Mon, 03 Sep 2012 15:47:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/09/Paralympic-gold-for-alumna-Pamela.aspx> Bolt bigs up Birmingham! <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/14Aug-Bolt-bigs-up-Birmingham!.aspx> In an interview immediately following the Jamaican victory in the men's 4x100m relay, Usain Bolt sings the praises of the University of Birmingham and of the sporting facilities which the Jamaican team had access to during the stay here leading up to the London 2012 Olympic Games. Tue, 14 Aug 2012 17:37:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/14Aug-Bolt-bigs-up-Birmingham!.aspx> University of Birmingham Expert panel debates Olympic legacy <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Expert-Panel-Debates-Olympic-Legacy.aspx> "Will London 2012 'inspire a generation' and be the first Olympics to deliver a participatory legacy?" was the theme of an open debate at the Bramall Music Building. Tue, 07 Aug 2012 16:13:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Expert-Panel-Debates-Olympic-Legacy.aspx> olympics legacy Physical activity and health Physical activity UBSport Birmingham at London 2012 - ones to watch <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Birmingham-at-London-2012.aspx> Flying the flag for Great Britain at the London 2012 Olympic and Paralympic Games will be 10 alumni and one current student. Tue, 07 Aug 2012 16:12:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Birmingham-at-London-2012.aspx> olympics Paralympics alumni UBSport London 2012 Preparing for the greatest show on earth <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Preparing-for-the-greatest-show-on-earth.aspx> One alumnus gives an insight into Olympic fever from a different perspective. Tue, 07 Aug 2012 16:12:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Preparing-for-the-greatest-show-on-earth.aspx> olympics alumni Lindsey Maguire and Naomi Folkard perform well at London 2012 <http://www.birmingham.ac.uk/olympics/news/03Aug-maguire-folkard-stories.aspx> Lindsey Maguire and Naomi Folkard's performs at London 2012 Fri, 03 Aug 2012 14:20:00 GMT <http://www.birmingham.ac.uk/olympics/news/03Aug-maguire-folkard-stories.aspx>

folkard-stories.aspx Olympic olympics alumni Exclusion of Muslim sportswomen highlighted <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Exclusion-of-Muslim-sportswomen-highlighted.aspx> The limited participation of Muslim sportswomen in international sport is highlighted in a new paper by Birmingham academics. Wed, 01 Aug 2012 16:56:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Exclusion-of-Muslim-sportswomen-highlighted.aspx> Muslim women sport research olympics Olympic Memories <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Olympic-memories.aspx> The University has many connections with the Olympic games due to its proud sporting tradition. The gallery below shares a few of the University's many Olympic memories including the recent visit from the Jamaican track and field team in their build up to the London 2012 games. Wed, 01 Aug 2012 16:56:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Olympic-memories.aspx> Get set for London - Birmingham students and alumni competing in London 2012 <http://www.birmingham.ac.uk/news/latest/2012/07/26-July-Birmingham-Olympians.aspx> It's not just hosting the Jamaican Olympic team that the University of Birmingham is excited about - nine alumni and one current student have been chosen to represent Team GB at the Olympics and Paralympics in London. Competition was extremely fierce for places, so each of these athletes has excelled in booking themselves a spot in one of the biggest sporting events in the world. Fri, 27 Jul 2012 09:56:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/07/26-July-Birmingham-Olympians.aspx> Blog: Sport Under Communism - Dr Jonathan Grix discusses his new book <http://polsis.org/2012/07/26/sport-under-communism-dr-jonathan-grix-discusses-his-new-book/> POLSIS's Dr Jonathan Grix appeared on BBC Radio 4's Thinking Allowed this week to discuss his new book Sport under Communism: Behind the East German 'Miracle', co-authored by Mike Dennis from the University of Wolverhampton. Fri, 27 Jul 2012 09:00:00 GMT <http://polsis.org/2012/07/26/sport-under-communism-dr-jonathan-grix-discusses-his-new-book/> Blog Johnathan Grix videos and podcasts podcast Alumni dine with Jamaican Olympians <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Alumni-dine-with-Jamaican-Olympians.aspx> Dining with members of the Jamaican Olympic team was a unique experience for two of our alumni. Thu, 26 Jul 2012 12:32:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/08/August-Alumni-dine-with-Jamaican-Olympians.aspx> Jamaican Track and Field Team alumni fundraising sports centre Can 2012 deliver a youth sport participation legacy - a podcast <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/26Jul-Can-2012-deliver-youth-sport-participation-legacy-podcast.aspx> Professor Kathleen Armour, Professor of Education and Sport and Head of the School of Sport and Exercise Sciences, talks to Ideas Lab about whether the Games can deliver a youth sport participation legacy. Thu, 26 Jul 2012 08:43:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/26Jul-Can-2012-deliver-youth-sport-participation-legacy-podcast.aspx> Dr Jonathan Grix School of Psychology olympics London 2012 sport and exercise sciences University of Birmingham Diet is key to cycling success, sport nutrition lecturer tells Guardian newspaper <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/23Jul-Diet-is-key-to-cycling-success,-sport-nutrition-lecturer-tells-Guardian-newspaper.aspx> Gareth Wallis, a lecturer and expert in sports nutrition in the School of Sport and Exercise Science commented in the Guardian newspaper that diet is a key aspect of the of cycling success enjoyed by Bradley Wiggins and his teammates. Tue, 24 Jul 2012 16:33:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/23Jul-Diet-is-key-to-cycling-success,-sport-nutrition-lecturer-tells-Guardian-newspaper.aspx> Sportex-news School of Sport and Exercise Sciences gareth wallios cycling diet Nutrition Signed Usain Bolt memorabilia auction <http://www.birmingham.ac.uk/alumni/news/items/2012/Auction-of-signed-Usain-Bolt-memorabilia.aspx> Fri, 20 Jul 2012 09:34:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/Auction-of-signed-Usain-Bolt-memorabilia.aspx> Blog: Dr Jonathan Grix on the Olympics <http://polsis.org/2012/07/16/dr-jonathan-grix-on-the-olympics/> The Olympic Games are now less than two weeks away. In this podcast for the University of Birmingham's Ideas Lab, POLSIS's Dr Jonathan Grix discusses the Olympic 'legacy', the impact of the Games outside the capital, and parallels with the 1948 Austerity Olympics, which were also held in London. Mon, 16 Jul 2012 09:43:00 GMT <http://polsis.org/2012/07/16/dr-jonathan-grix-on-the-olympics/> videos and podcasts researchnews Blog jonathan grix olympics Leveraging legacies from the London 2012 Olympics - a podcast <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10Jul-Leveraging-legacies-from-the-London-2012-Olympics---a-podcast.aspx> Dr Jonathan Grix, Senior Lecturer in Sport Politics and Policy at the University of Birmingham, about whether the London 2012 Games will leave the country with a significant legacy after the Olympic Flame has been extinguished. Tue, 10 Jul 2012 10:17:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10Jul-Leveraging-legacies-from-the-London-2012-Olympics---a-podcast.aspx> Dr Jonathan Grix School of Psychology olympics London 2012 sport and exercise sciences University of Birmingham Adam Pengilly interview <http://www.birmingham.ac.uk/olympics/news/09Jul12Adam-Pengilly-interview.aspx> The University of Birmingham has been unmistakably linked to the London 2012 Olympics, from the campus being used for the Jamaican track and field teams pre-Olympic camp to having a number of alumni set to compete in the games, and one former student who is heavily involved is Adam Pengilly. Mon, 09 Jul 2012 12:34:00 GMT <http://www.birmingham.ac.uk/olympics/news/09Jul12Adam-Pengilly-interview.aspx> Adam Pengilly olympics University of Birmingham Sport Will London 2012 'inspire a generation' <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/19Jun-Will-London-2012-inspire-a-generation.aspx> The University of Birmingham is hosting an open debate at 11am on Friday 13 July. The debate will centre on the participatory legacy of London 2012 as well as looking forward to the 2014 Commonwealth Games in Glasgow. Tue, 19 Jun 2012 17:03:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/19Jun-Will-London-2012-inspire-a-generation.aspx> Olympic Olympic Games Doping in Physical Activity Settings: A statistical review <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/15Jun-Doping-in-Physical-Activity-Settings-A-statistical-review.aspx> Dr. Nikos Ntoumanis has recently received a grant from the World Anti-Doping Agency to carry out a statistical synthesis (meta-analysis) of the literature on personal and situational psychosocial variables that predict doping use in physical activity settings Fri, 15 Jun 2012 13:07:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/15Jun-Doping-in-Physical-Activity-Settings-A-statistical-review.aspx> Nikos Ntoumanis sport and exercise sciences World Anti-Doping Agency statistical synthesis psychosocial doping In the Sportlight: Julz Adeniran From Law Grad to London 2012 <http://blog.upmysport.com/2012/06/01/in-the-sportlight-julz-adeniran-from-law-grad-to-london-2012/> Interview and profile of Birmingham Law Graduate aiming for the London 2012 Olympics Thu, 07 Jun 2012 10:53:00 GMT <http://blog.upmysport.com/2012/06/01/in-the-sportlight-julz-adeniran-from-law-grad-to-london-2012/> z-law-news z-law-alumni Birmingham Law School law graduate alumni Hurdles olympics London 2012 julz adeniran Search for the hero inside yourself <http://www.birmingham.ac.uk/alumni/news/items/2012/06/06June-Search-for-the-hero-inside-yourself.aspx> For the first time, members of the alumni community can be found across the London Underground and at train stations and airports up and down the country as part of the University's Heroes campaign celebrating excellence in many different fields Wed, 06 Jun 2012 15:55:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/06/06June-Search-for-the-hero-inside-yourself.aspx> Birmingham Heroes hannah england Dean Miller Lorna Turnham matt bridge Joan Duda Eleanor Jones Bud Baldaro Pro-Vice-Chancellor cycles for university research and scholarships <http://www.birmingham.ac.uk/alumni/news/items/2012/06/06June-Pro-Vice-Chancellor-cycles-for-university-research-and-scholarships.aspx> The University's Pro-Vice-Chancellor for Research and Knowledge Transfer is preparing for a charity bike ride across Wales in aid of the University's Circles of Influence fundraising campaign. Wed, 06 Jun 2012 14:25:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/06/06June-Pro-Vice-Chancellor-cycles-for-university-research-and-scholarships.aspx> Pro-Vice-Chancellor Professor Adam Tickell Circles of Influence raising money cycle race Dragon bike ride University Pro-Vice-Chancellor cycles for diabetes research and scholarship places <http://www.birmingham.ac.uk/news/latest/2012/06/06-June-University-Pro-Vice-Chancellor-cycles-for-diabetes-research-and-scholarship-places.aspx> The University of Birmingham's Pro-Vice-Chancellor for Research and Knowledge Transfer is preparing to complete a charity bike ride across Wales in aid of the University's cutting-edge research and widening participation programme. Wed, 06 Jun 2012 12:44:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/06/06-June-University-Pro-Vice-Chancellor-cycles-for-diabetes-research-and-scholarship-places.aspx> Bike ride charity alumni adam tickell Widening Participation scholarships Dinosaurs, robots and skeletons all part of the fun at University Community Day <http://www.birmingham.ac.uk/news/latest/2012/06/01-June-Dinosaurs,-robots-and-skeletons-all-part-of-the-fun-at-University-Community-Day.aspx> For the third year running the University of Birmingham is throwing open its doors and welcoming the public to its annual Community Day on Sunday 10 June. Wed, 06 Jun 2012 11:44:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/06/01-June-Dinosaurs,-robots-and-skeletons-all-part-of-the-fun-at-University-Community-Day.aspx> Community Day dinosaurs public Campus annual edgbaston University of Birmingham celebrates its open-door to business <http://www.birmingham.ac.uk/partners/news/items/University-of-Birmingham-celebrates-its-open-door-to-business.aspx> On Wednesday 23rd May Vice Chancellor Professor David Eastwood hosted an evening reception at his residence to celebrate the University of Birmingham's long history of successful business partnerships and reaffirm the University's role in supporting business growth in the region. Mon, 28 May 2012 11:07:00 GMT <http://www.birmingham.ac.uk/partners/news/items/University-of-Birmingham-celebrates-its-open-door-to-business.aspx> business Vice Chancellor School ranks in top

Use of uni guide 2013 <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/25May-School-rank-in-top-three-of-uni-guide-2013.aspx> The School of Sport and Exercise Sciences is ranked in the top three for sport sciences universities. Fri, 25 May 2012 14:18:00 GMT

<http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/25May-School-rank-in-top-three-of-uni-guide-2013.aspx> league table guardian School of Sport and Exercise Sciences Golden girl Pippa makes history <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10May-Sportex-student-Pippa-Woolven-makes-history.aspx> Ahead of the Olympic Games in London this summer, university athletes from across the country were handed the opportunity of a lifetime as the annual British Universities and Colleges Sport (BUCS) Visa Outdoor Athletics Championships were held in the new purpose built Olympic Stadium in Stratford, over the weekend of the May 4-7. The first event to reach its conclusion at the Championships was the women's 2000m steeplechase, won by the University of Birmingham's Pippa Woolven. Thu, 17 May 2012 12:51:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10May-Sportex-student-Pippa-Woolven-makes-history.aspx> bucs sport and exercise sciences sportex University of Birmingham Cup glory for Birmingham hockey <http://www.birmingham.ac.uk/olympics/news/14May-Hockey-win.aspx> Tue, 15 May 2012 14:35:00 GMT <http://www.birmingham.ac.uk/olympics/news/14May-Hockey-win.aspx> Sport BEST Project wins Higher Education Academy award <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10May-BEST-Project-wins-Higher-Education-Academy-award.aspx> Staff at the School of Sport and Exercise Sciences have been awarded £10,000 by the Higher Education Academy to explore the experiences of home and international students participating in an outdoor groupwork skills course. Thu, 10 May 2012 16:26:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/10May-BEST-Project-wins-Higher-Education-Academy-award.aspx> sport exercise teaching outdoor skills Golden girl Pippa makes history <http://www.birmingham.ac.uk/olympics/news/Pippa-Woolven.aspx> Ahead of the Olympic Games in London this summer, university athletes from across the country were handed the opportunity of a lifetime as the annual British Universities and Colleges Sport (BUCS) Visa Outdoor Athletics Championships were held in the new purpose built Olympic Stadium in Stratford, over the weekend of the May 4-7. The first event to reach its conclusion at the Championships was the women's 2000m steeplechase, won by the University of Birmingham's Pippa Woolven. Thu, 10 May 2012 14:39:00 GMT <http://www.birmingham.ac.uk/olympics/news/Pippa-Woolven.aspx> Sport Birmingham student soars to pole vault gold at Olympic Stadium <http://www.birmingham.ac.uk/olympics/news/Nick-Crutchley.aspx> Birmingham student Nick Crutchley, from Stourbridge, has cemented his place in Olympic history by becoming the first men's pole vault Champion at the Olympic Stadium. Nick broke the Championship Record with a height of 5.22m to take the title at the BUCS Visa Outdoor Athletics Championships. The championships were a London 2012 test event as part of the London Prepares series. Thu, 10 May 2012 11:33:00 GMT <http://www.birmingham.ac.uk/olympics/news/Nick-Crutchley.aspx> Sport Success for Birmingham athletes at the Olympic stadium <http://www.birmingham.ac.uk/olympics/news/09-5-2012-Bucs-success-news-release.aspx> The University of Birmingham Sport (UBSport) Athletics and Cross Country club made history over the weekend of 4-7 May as scholar Pippa Woolven became the first person to win and receive a gold medal at the Olympic Stadium in London. Thu, 10 May 2012 10:06:00 GMT <http://www.birmingham.ac.uk/olympics/news/09-5-2012-Bucs-success-news-release.aspx> Sport Doctoral Researcher wins Michael K. O'Rourke Award <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/01May-DR-wins-Michael-K-ORourke-Award.aspx> SportEx Doctoral Researcher Mark Holland (supervised by Professor Joan Duda and Dr Jennifer Cumming) has received the Michael K. O'Rourke PhD Publication Award within the College of Life and Environmental Sciences. Tue, 01 May 2012 12:01:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/01May-DR-wins-Michael-K-ORourke-Award.aspx> sport exercise Doctoral researcher sportex mark holland SportEx academic appointed Deputy Editor in Chief of Experimental Physiology <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/27Apr-SportEx-academic-appointed-Deputy-Editor-in-Chief-of-Experimental-Physiology.aspx> Dr Michael White has been appointed Deputy Editor in Chief of the journal, Experimental Physiology. Tue, 01 May 2012 11:25:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/27Apr-SportEx-academic-appointed-Deputy-Editor-in-Chief-of-Experimental-Physiology.aspx> Dr Michael White Deputy Editor in Chief journal Experimental Physiology. sport and exercise sciences Associate Editor appointment for Dr Maria Kavussanu <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/24Apr-Associate-Editor-appointment-for-Dr-Maria-Kavussanu.aspx> Dr Maria Kavussanu has been recently appointed Associate Editor of the Journal of Applied Sport Psychology. This is the official journal of the Association for the Applied Sport Psychology and is published by Routledge. Tue, 24 Apr 2012 13:54:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/24Apr-Associate-Editor-appointment-for-Dr-Maria-Kavussanu.aspx> sport and exercise sciences psychology University of Birmingham SportEx DR student awarded prize at Biomedical Basis of Elite Performance meeting <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/17Apr-SportEx-DR-student-awarded-prize-at-BBEP-meeting.aspx> The School of Sport and Exercise Sciences (SportEx) is celebrating the success of second year Doctoral Student, Richard Bruce, at a recent scientific meeting held in London's Queen Elizabeth II, Conference Centre. Tue, 17 Apr 2012 11:46:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/17Apr-SportEx-DR-student-awarded-prize-at-BBEP-meeting.aspx> Complete our Coniston survey and receive a £25 Amazon voucher <http://www.birmingham.ac.uk/alumni/news/items/2012/04/12Apr-Complete-our-Coniston-survey-and-receive-a-25-Amazon-voucher-.aspx> Did you ever go to the Raymond Priestley Centre in Coniston, Lake District? If so, we would like to hear from you in return for a £25 Amazon voucher. Thu, 12 Apr 2012 14:37:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2012/04/12Apr-Complete-our-Coniston-survey-and-receive-a-25-Amazon-voucher-.aspx> Raymond Priestley Centre Olympic hopes for final year Geography student and hockey ace <http://www.birmingham.ac.uk/schools/gees/news/2012/04Apr12-susie-gilbert-olympics.aspx> 'As a child I always had aspirations to go to the Olympics and represent my sport at the highest level, but not until recently did I realise that I wanted to do this as a full-time occupation for the foreseeable future'. So says Susie Gilbert, final year Geography student and women's Olympic hockey hopeful. Wed, 04 Apr 2012 09:23:00 GMT <http://www.birmingham.ac.uk/schools/gees/news/2012/04Apr12-susie-gilbert-olympics.aspx> Olympic hopes for hockey ace <http://www.birmingham.ac.uk/news/latest/2012/04/02AprSusie-Gilbert-Press-Release.aspx> 'As a child I always had aspirations to go to the Olympics and represent my sport at the highest level, but not until recently did I realise that I wanted to do this as a full-time occupation for the foreseeable future'. So says Susie Gilbert, final year Geography student and women's Olympic hockey hopeful. Mon, 02 Apr 2012 17:21:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/04/02AprSusie-Gilbert-Press-Release.aspx> University of Birmingham Sport at the BUCS Championships 2012 <http://www.birmingham.ac.uk/news/latest/2012/Sport-2012/19Mar12University-of-Birmingham-Sport-at-the-BUCS-Championships-2012.aspx> Many of the University of Birmingham Sport (UBSport) teams headed to Sheffield over the 14-18 March for the annual British Universities and Colleges Sport (BUCS) Championships, held in a variety of venues across the city. Tue, 27 Mar 2012 12:11:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/Sport-2012/19Mar12University-of-Birmingham-Sport-at-the-BUCS-Championships-2012.aspx> bucs sport Birmingham University Olympic delight for University of Birmingham torch bearers <http://www.birmingham.ac.uk/news/latest/2012/03/21-Mar-Olympic-delight-for-University-of-Birmingham-torch-bearers-.aspx> Two University of Birmingham students Annabel Fitzgerald a final year undergraduate and postgraduate cancer scientist Beckie Port have been selected to carry the Olympic flame when the torch relay passes through the West Midlands. They will be joined in carrying the flame by lecturers Dr Celia Taylor and Dr Matt Bridge and alumnus Mostafa Soleimani. Wed, 21 Mar 2012 11:07:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/03/21-Mar-Olympic-delight-for-University-of-Birmingham-torch-bearers-.aspx> SportEx Academic to speak at Physiological Society event <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/02Mar-SportEx-Academic-to-speak-at-Physiological-Society-event.aspx> Dr Maria Kavussanu, Senior Lecturer in Sport & Exercise Psychology has been invited to be a panel member at "Designer athletes: Fair play or foul" organised by The Physiological Society. Tue, 06 Mar 2012 09:39:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/02Mar-SportEx-Academic-to-speak-at-Physiological-Society-event.aspx> Universitas 21 ECR December 2011 <http://www.birmingham.ac.uk/International/news/items/Universitas-21-ECR-December-2011.aspx> Mon, 20 Feb 2012 13:54:00 GMT <http://www.birmingham.ac.uk/International/news/items/Universitas-21-ECR-December-2011.aspx> England takes gold as preparations continue for London 2012 <http://www.birmingham.ac.uk/news/latest/2012/Sport-2012/16Feb12England-takes-gold-as-preparations-continue-for-London-2012-.aspx> Over the weekend of February 11-12, University of Birmingham Sport (UBSport) alumni headed to the English Institute of Sport (EIS) in Sheffield to compete at the UK Indoor Trials and Championship. Thu, 16 Feb 2012 15:55:00 GMT <http://www.birmingham.ac.uk/news/latest/2012/Sport-2012/16Feb12England-takes-gold-as-preparations-continue-for-London-2012-.aspx> hannah england Athletics sport Birmingham Universitas 21 Early Career Researcher workshop <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/20Jan-Universitas-21-Early-Career-Researcher-workshop.aspx> The University recently hosted the 2nd Universitas 21 Early Career Researcher workshop on the theme of Healthy Living in December 2011. Fri, 20 Jan 2012 18:58:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/20Jan-Universitas-21-Early-Career-Researcher-workshop.aspx> Universitas 21 school of sport School of Sport and Exercise Sciences SportEx Academic to speak at Research

Councils UK Great Debates <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/13Jan-SportEx-Academic-to-speak-at-Research-Councils-UK-Great-Debates.aspx> Dr Maria Kavussanu, Senior Lecturer in Sport & Exercise Psychology, has been invited to lecture at the Cutting Edge 2012 Great Debates at the Royal Institution. Fri, 13 Jan 2012 09:43:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/13Jan-SportEx-Academic-to-speak-at-Research-Councils-UK-Great-Debates.aspx>

royal institution sport and exercise sciences ITV Biggest Losers visit school to discover their biological age <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/05Jan-ITV-Biggest-Losers-visit-school-to-discover-their-biological-age.aspx> Staff and students at the School of Sport and Exercise Sciences were involved in an episode of ITV's The Biggest Loser to be screened on Tuesday 10 January at 9pm. Thu, 05 Jan 2012 15:37:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2012/05Jan-ITV-Biggest-Losers-visit-school-to-discover-their-biological-age.aspx>

biggest loser sport and exercise sciences health biological age biological age Richard Callender Sportex Senior Lecturer is keynote speaker at IFESS UK Conference <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/16-Dec-ifessuk-conference-2012.aspx> Dr Michael Grey is one of the keynote speakers at the 3rd Annual Conference for the UK and Ireland Chapter of the International FES Society (IFESSUKI). The conference is jointly organised between the University of Birmingham and the Birmingham Community Healthcare NHS Trust. Fri, 16 Dec 2011 12:46:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/16-Dec-ifessuk-conference-2012.aspx>

sport and exercise sciences UBSport stars shine at the European Cross Country Championships <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Dec11UBSport-stars-shine-at-the-European-Cross-Country-Championships.aspx> University of Birmingham Sport (UBSport) athletes travelled to Velenje, Slovenia for the SPAR European Cross Country Championships on December, 11, and helped the Aviva Great Britain & Northern Ireland (GB&NI) top the medal table for the fourth consecutive year. Wed, 14 Dec 2011 14:53:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Dec11UBSport-stars-shine-at-the-European-Cross-Country-Championships.aspx>

sport Birmingham University of Birmingham Sport Athletics Cross Country European Cross Country Championships James Wilkinson Hannah Walker Sara Treacy The Olympics come to Birmingham <http://www.birmingham.ac.uk/news/latest/2011/11/12-Dec-11-The-Olympics-come-to-Birmingham.aspx> As part of the University of Birmingham's celebration of the Olympics coming to the UK in 2012, over 1600 students aged between 11 and 12 years old will be at the starting blocks for this year's Christmas Science lectures. Mon, 12 Dec 2011 16:24:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/11/12-Dec-11-The-Olympics-come-to-Birmingham.aspx>

Non Stanford, 2012 Olympic running hopeful, starts her blog for us <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/30-Nov-Non-Stanford,-2012-Olympic-running-hopeful,-starts-her-blog-for-us.aspx> Non Stanford, School of Sport and Exercise Sciences graduate and London 2012 distance runner hopeful, is keeping us updated about her progress towards the Olympics with her new blog Thu, 01 Dec 2011 16:17:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/30-Nov-Non-Stanford,-2012-Olympic-running-hopeful,-starts-her-blog-for-us.aspx>

Sportex Professor is keynote speaker in youth sport conferences <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/22-Nov-Sportex-Professor-is-keynote-speaker-in-youth-sport-conferences.aspx> Professor Joan Duda, Professor of Sport and Exercise Psychology at the School of Sport and Exercise Sciences, drew from her long-standing research on motivational processes and optimizing youth engagement in sporting activities when invited to be a keynote speaker at two recent conferences. Tue, 22 Nov 2011 09:57:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/22-Nov-Sportex-Professor-is-keynote-speaker-in-youth-sport-conferences.aspx>

School of Sport and Exercise Sciences youth sport duda joan Project PAPA Sportex academic appointed as Editor-in-Chief of Psychology of Sport and Exercise <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/Sportex-academic-appointed-as-Editor-in-Chief-of-Psychology-of-Sport-and-Exercise.aspx> Dr Nikos Ntoumanis has been recently appointed as joint Editor-in-Chief of Psychology of Sport and Exercise (PSE), the official publication of the European Federation of Sport Psychology (FEPSAC). Tue, 15 Nov 2011 10:21:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/2011/Sportex-academic-appointed-as-Editor-in-Chief-of-Psychology-of-Sport-and-Exercise.aspx>

PSE School of Sport and Exercise Sciences Nikos Ntoumanis psychology Rising to the 'Ultimate3' challenge <http://www.birmingham.ac.uk/schools/civil-engineering/news/archive/ultimate-3-challenge.aspx> Professor Felix Schmid, of the School of Civil Engineering and the Birmingham Centre for Railway Research and Education, completed a tough charity challenge in Septmeber this year: he cycled from Land's End to John O'Groats, climbed the 'three peaks challenge' and kayaked the longest lakes in England, Wales and Scotland. Wed, 09 Nov 2011 17:49:00 GMT <http://www.birmingham.ac.uk/schools/civil-engineering/news/archive/ultimate-3-challenge.aspx>

Felix Schmid Birmingham Centre for Railway Research and Education Civil Engineering Great Run raises thousands for cancer research <http://www.birmingham.ac.uk/alumni/news/items/2011/10/Great-Run-raises-thousands-for-cancer-research.aspx> Thu, 27 Oct 2011 15:24:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2011/10/Great-Run-raises-thousands-for-cancer-research.aspx>

Chrissie takes Ironman Championship title again, while Rachel rejoices at fourth place <http://www.birmingham.ac.uk/schools/gees/news/2011/17Oct11ChrissietakesIronmanChampionshipitleagain,whileRachelrejoicesatfourthplace.aspx> Alumna Chrissie Wellington won the 2011 Ford Ironman World Championship title on Saturday, October 8, deservedly earning the crown for the fourth time in five years. Tue, 18 Oct 2011 14:36:00 GMT <http://www.birmingham.ac.uk/schools/gees/news/2011/17Oct11ChrissietakesIronmanChampionshipitleagain,whileRachelrejoicesatfourthplace.aspx>

Chrissie Wellington Rachel Joyce sport Birmingham Ironman Ironman Championships 2011 Kona Chrissie takes Ironman Championship title again, while Rachel rejoices at fourth place <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/17Oct11ChrissietakesIronmanChampionshipitleagain,whileRachelrejoicesatfourthplace.aspx> Alumna Chrissie Wellington won the 2011 Ford Ironman World Championship title on Saturday, October 8, deservedly earning the crown for the fourth time in five years. Mon, 17 Oct 2011 12:25:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/17Oct11ChrissietakesIronmanChampionshipitleagain,whileRachelrejoicesatfourthplace.aspx>

Chrissie Wellington Rachel Joyce sport Birmingham Ironman Ironman Championships 2011 Kona American Football Head Coach selected for IFAF World Development team <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Oct11AmericanFootballHeadCoachselectedforIFAFWorldDevelopmentteam.aspx> University of Birmingham Sport's (UBSport) American Football Head Coach has been announced as the only UK representative to be part of the International Federation of American Football (IFAF) World Development team. Wayne Hill will be part of coaching staff for the 2012 USA Football International Bowl in Austin, Texas. Fri, 07 Oct 2011 17:35:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Oct11AmericanFootballHeadCoachselectedforIFAFWorldDevelopmentteam.aspx>

American Football BUAF IFAF sport Birmingham University of Birmingham kickstarts Olympic Legacy with Gold Challenge <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/13Sep11UniversityofBirminghamkickstartsOlympicLegacywithGoldChallenge.aspx> With less than a year to go until the Olympic and Paralympic Games, University of Birmingham Sport (UBSport) and Gold Challenge have teamed up to get students involved and joining in the excitement of London 2012. Tue, 13 Sep 2011 13:42:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/13Sep11UniversityofBirminghamkickstartsOlympicLegacywithGoldChallenge.aspx>

Gold Challenge olympics London 2012 Try Sport sport Birmingham European College of Sport Science Young Investigators Award <http://www.birmingham.ac.uk/schools/sport-exercise/news/12Sep-ECSS-Young-Investigators-Award-2011.aspx> Video featuring a recent PhD student and staff from the School of Sport and Exercise Sciences in the ECSS Young Investigators Award. Mon, 12 Sep 2011 00:00:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/12Sep-ECSS-Young-Investigators-Award-2011.aspx>

ECSS Anton Wagenmakers School of Sport and Exercise Sciences Taking athletics to the next level <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/09Sep11Takingathleticstothenextlevel.aspx> Following her recent success at the the World Championships, University of Birmingham Sport (UBSport) caught up with Hannah England to see what life was like in Daegu and what the future holds. Fri, 09 Sep 2011 16:19:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/09Sep11Takingathleticstothenextlevel.aspx>

hannah england World Championships Daegu 1500m London 2012 olympics Luke Gunn Athletics Birmingham sport Biochemistry alumna Hannah England takes silver at the World Championships <http://www.birmingham.ac.uk/schools/biosciences/news/2011/02Sept-Biochemistry-Alumna-Hannah-England-takes-silver.aspx> School of Biosciences alumna Hannah England has won a silver medal in the women's 1,500 metres at the 13th IAAF World Championships in Daegu. The Biochemistry graduate, who was awarded a first class degree in 2009, was with the main group of leaders on the final stretch before setting off wide and accelerating her way to a surprise second place. Fri, 02 Sep 2011 15:31:00 GMT <http://www.birmingham.ac.uk/schools/biosciences/news/2011/02Sept-Biochemistry-Alumna-Hannah-England-takes-silver.aspx>

School of Biosciences alumni hannah england World Championships Athletics Hannah England takes silver at the World Championships <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/01Sep11HannahEnglandtakessilverattheWorldChampionships.aspx> University of Birmingham Sport (UBSport)

alumna Hannah England took a silver medal in the women's 1,500 metres at the 13th IAAF World Championships in Daegu. Thu, 01 Sep 2011 15:41:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/01Sep11HannahEnglandtakesilverattheWorldChampionships.aspx> hannah england Daegu Louise Hazel 1500m Heptathlon World Championships Daegu 2011 Birmingham sport University proposes £175m transformation of historic Edgbaston campus to include a new sports centre <http://www.birmingham.ac.uk/schools/sport-exercise/news/09Aug-Estates-Development-FrameworkRelease.aspx> The University of Birmingham is announcing a five year investment in facilities that will transform the University's famous Edgbaston campus, reinterpreting founder Joseph Chamberlain's vision for the estate for the 21st century and extending the services available to the local community. The key developments include a new sports centre and a new library, to join the new Music building currently nearing completion. Wed, 17 Aug 2011 11:34:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/09Aug-Estates-Development-FrameworkRelease.aspx> Transfer of skills developed in outdoor settings into academia and employment <http://www.birmingham.ac.uk/schools/sport-exercise/news/11Aug-skills-transfer-from-outdoor-settings-to-academia-and-employment.aspx> Staff from the School of Sport and Exercise Sciences have been awarded a £7,000 grant, from the Higher Education Academy, to evaluate the transfer of skills developed in outdoor settings into academia and employment. Dr Jennifer Cumming and Dr Vikki Burns will be examining the development of team work skills at the Raymond Priestley Centre, the University-owned outdoor pursuits centre in the Lake District. Thu, 11 Aug 2011 14:01:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/11Aug-skills-transfer-from-outdoor-settings-to-academia-and-employment.aspx> research School of Sport and Exercise Sciences transfer of skills activity munrow prize University proposes £175m transformation of historic Edgbaston campus <http://www.birmingham.ac.uk/news/latest/2011/08/09Aug-Estates-Development-FrameworkRelease.aspx> The University of Birmingham is announcing a five year investment in facilities that will transform the University's famous Edgbaston campus, reinterpreting founder Joseph Chamberlain's vision for the estate for the 21st century and extending the services available to the local community. The key developments include a new sports centre and a new library, to join the new Music building currently nearing completion. Tue, 09 Aug 2011 10:41:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/08/09Aug-Estates-Development-FrameworkRelease.aspx> Less than ten minutes of intense exercise a week is enough to reduce risk of cardiovascular disease and diabetes, according to new research <http://www.birmingham.ac.uk/schools/sport-exercise/news/01Aug-Less-than-ten-minutes-of-intense-exercise-a-week-is-enough-to-reduce-risk-of-cardiovascular-disease-and-diabetes-according-to-new-research.aspx> Three minutes of intense exercise, three times a week, is equivalent to five one-hour sessions according to research at the University of Birmingham's School of Sport and Exercise Sciences, offering hope for people too busy to find the time to work out. Wed, 03 Aug 2011 14:12:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/01Aug-Less-than-ten-minutes-of-intense-exercise-a-week-is-enough-to-reduce-risk-of-cardiovascular-disease-and-diabetes-according-to-new-research.aspx> sport exercise obese overweight training diabetes Less than ten minutes of intense exercise a week is enough to reduce risk of cardiovascular disease and diabetes, according to new research <http://www.birmingham.ac.uk/news/latest/2011/08/01Aug-Less-than-ten-minutes-of-intense-exercise-a-week-is-enough-to-reduce-risk-of-cardiovascular-disease-and-diabetes-according-to-new-research.aspx> Three minutes of intense exercise, three times a week, is equivalent to five one-hour sessions according to research at the University of Birmingham's School of Sport and Exercise Sciences, offering hope for people too busy to find the time to work out. Mon, 01 Aug 2011 12:16:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/08/01Aug-Less-than-ten-minutes-of-intense-exercise-a-week-is-enough-to-reduce-risk-of-cardiovascular-disease-and-diabetes-according-to-new-research.aspx> sport exercise obese overweight training diabetes Double success for UBSport at the Aviva UK Trials and Championships <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/01aug11DoublesuccessforUBSportattheAvivaUKTrialsandChampionships.aspx> Two University of Birmingham Sport (UBSport) alumni sprinted into the records books by retaining their national titles at the Aviva UK Trials and Championships at Birmingham's Alexander Stadium over the weekend of 29-31 July. Mon, 01 Aug 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/01aug11DoublesuccessforUBSportattheAvivaUKTrialsandChampionships.aspx> Luke Gunn scholarships hannah england sport Birmingham James Wilkinson Athletics UBSport announced as second in BUCS championship <http://www.birmingham.ac.uk/schools/sport-exercise/news/bucs-second.aspx> At the last update UBSport lay, for the first time in BUCS history, second in the BUCS championships ranking, with several competitors in hot pursuit. Thu, 21 Jul 2011 15:07:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/bucs-second.aspx> bucs sport competition UBSport announced as second in BUCS championship <http://www.birmingham.ac.uk/news/latest/2011/07/bucs-second.aspx> At the last update UBSport lay, for the first time in BUCS history, second in the BUCS championships ranking, with several competitors in hot pursuit. Thu, 21 Jul 2011 13:20:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/07/bucs-second.aspx> bucs sport competition Manchester United Chief and BBC Director of Sport awarded Honorary degrees <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/15Jul11ManchesterUnitedChiefandBBCDirectorofSportawardedHonorarydegrees.aspx> Manchester United's Chief Executive and the BBC Director of Sport are amongst our illustrious sporting alumni who have received honorary doctorates from the University of Birmingham, in the summer graduation ceremonies. Fri, 15 Jul 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/15Jul11ManchesterUnitedChiefandBBCDirectorofSportawardedHonorarydegrees.aspx> sport Birmingham Manchester United BBC David Gill Barbara Slater Wellington rewrites the record book yet again <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/11Jul11Wellingtonrewritestherecordbookyetagain.aspx> University of Birmingham alumna Chrissie Wellington has rewritten (her own) record books once again, with a triumphant performance at the Challenge Roth Ironman in Germany on Sunday 10 July. Mon, 11 Jul 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/11Jul11Wellingtonrewritestherecordbookyetagain.aspx> alumni Birmingham sport Chrissie Wellington Ironman Jamaican athletes on Campus ahead of their 2012 visit <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/08Jul11JamaicanathletesonCampusaheadoftheir2012visit.aspx> One of the world's fastest men, Asafa Powell, current 4 x 100 world record holders, Nester Carter and Michael Frater, and Olympic Silver Medalist Shericka Williams warmed up on the University of Birmingham's athletics track ahead of the Diamond League (Aviva Grand Prix) Athletics which took place at the Alexander Stadium on Sunday 10 July. Fri, 08 Jul 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/08Jul11JamaicanathletesonCampusaheadoftheir2012visit.aspx> London 2012 2012 Olympics Birmingham sport Jamaican Track and Field Team Asafa Powell Men's hockey get the England call up <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/06Jul11MenshockeygettheEnglandcallup.aspx> UBSport men's first team hockey coach, Steve Floyd recently returned from Rotterdam, Holland after managing England men's under 21s in a series of test matches against Holland. The test series was carried out over three days at Rotterdam Hockey club, with the event concluding on Monday, July 4. Wed, 06 Jul 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/06Jul11MenshockeygettheEnglandcallup.aspx> Hockey Mens England sport Birmingham Dad and a lad <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/04Jul11Dadandalad.aspx> After rowing across the Atlantic last year, UBSport staff member Norman Beech, Manager of the Raymond Priestley Centre, Coniston embarked upon another challenge. Mon, 04 Jul 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/04Jul11Dadandalad.aspx> Sport New research highlights effective education for sports coaches as key to healthier UK youngsters <http://www.birmingham.ac.uk/news/latest/2011/06/22June-New-research-highlights-effective-education-for-sports-coaches-as-key-to-healthier-UK-youngsters.aspx> Childhood obesity is a serious public health problem predicted to affect two thirds of UK children by 2050. Physical inactivity is a leading contributor to the obesity epidemic, which researchers from the University of Birmingham are seeking to combat through effective coach education. Wed, 22 Jun 2011 14:39:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/06/22June-New-research-highlights-effective-education-for-sports-coaches-as-key-to-healthier-UK-youngsters.aspx> Community Outreach Grant to work with the Scottish Rugby Union <http://www.birmingham.ac.uk/schools/sport-exercise/news/21Jun-Community-Outreach-Grant.aspx> Staff and student from the School of Sport and Exercise Sciences have been successful in their application for a Community Outreach Grant to work with the Scottish Rugby Union (SRU) in 2011-2012 to develop a mental skills training programme for coaches. Tue, 21 Jun 2011 00:00:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/21Jun-Community-Outreach-Grant.aspx> Sport Development Manager appointed new Chair of Birmingham Athletics Network <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/20Jun11SportDevelopmentManagerappointednewChairofBirminghamAthleticsNetwork.aspx> University of Birmingham Sport (UBSport) Sport Development Manager and triple Olympian Christina Boxer, has been appointed as the Chair for the Birmingham McCain Athletics Network. Mon, 20 Jun 2011 00:00:00 GMT

<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/20Jun11SportDevelopmentManagerappointednewChairofBirminghamAthleticsNetwork.aspx> Former AGMS student Lucy Williams women's amateur golf champion 2011 <http://www.birmingham.ac.uk/schools/education/news/2011/05/amateur-golf-champion.aspx> Former AGMS student Lucy Williams has won the 2011 English women's amateur championship Thu, 09 Jun 2011 09:33:00 GMT <http://www.birmingham.ac.uk/schools/education/news/2011/05/amateur-golf-champion.aspx> Golf AGMS Birmingham Bham Undergraduate education School of Education teaching degree sport university student news sport pedagogy sportped-news UBSport trio taking on World's longest triathlon <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Jun11UBSporttriotakingonWorldslongesttriathlon.aspx> Three University of Birmingham Sport (UBSport) swimming club alumni are tackling the World's longest triathlon to raise money for two worthwhile charities, starting on Thursday, June 9. Tue, 07 Jun 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Jun11UBSporttriotakingonWorldslongesttriathlon.aspx> Arc2Arch Triathlon Birmingham sport Young Life Scientist (YLS) Symposium 2011 <http://www.birmingham.ac.uk/schools/sport-exercise/news/26May-Young-Life-Scientist-Syposium-2011.aspx> On 26 May 2011 the Young Life Scientist (YLS) Symposium 2011 themed "Autonomic control in health and disease" was hosted by the School of Sport and Exercise Sciences. This yearly event is organized by and for young life scientists, from undergraduate students to postdoctoral researchers. Thu, 02 Jun 2011 00:00:00 GMT <http://www.birmingham.ac.uk/schools/sport-exercise/news/26May-Young-Life-Scientist-Syposium-2011.aspx> School of Sport and Exercise Sciences Young Life Scientist Symposium Autonomic control in health and disease AGMS Alumni wins English Championship <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/18May11AGMSAlumniwinsEnglishChampionship.aspx> Alumna Lucy Williams has won the 2011 English women's amateur championship, held in West Sussex on Saturday, May 14, defeating 15-year old Charley Hull from Woburn on the 19th hole in an outstanding final. Wed, 18 May 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/18May11AGMSAlumniwinsEnglishChampionship.aspx> sport BirminghamUni Golf AGMS PGA Lucy Williams Birmingham Seven set for summer advice from Dame Kelly <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/11May11BirminghamSevensetforsummeradvicefromDameKelly.aspx> Seven University of Birmingham students – Alex Cornwell, Lucy Dowsett, Katie Knowles, Alison Leonard, Sam Petty, Cally Read and Chris Smith - are set to ignite their 2011 summer track seasons after receiving advice from Dame Kelly Holmes at the latest 'On Camp with Kelly' and 'Future Stars with Kelly' Aviva-sponsored Get-Together. Wed, 11 May 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/11May11BirminghamSevensetforsummeradvicefromDameKelly.aspx> Alison Leonard Kelly Holmes OCWK scholarships Athletics sport BirminghamUni Famous Birmingham graduates give students sound support through one-to-one mentoring <http://www.birmingham.ac.uk/news/latest/2011/05/04May-Famous-Birmingham-graduates-give-students-sound-support-through-one-to-one-mentoring.aspx> Twelve lucky final year undergraduate students from the University of Birmingham will get a once in a lifetime opportunity to gain first hand career insight and guidance from famous Birmingham graduates at the top of their field, in a new initiative being launched today [Thursday 05 May]. Thu, 05 May 2011 00:01:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/05/04May-Famous-Birmingham-graduates-give-students-sound-support-through-one-to-one-mentoring.aspx> Outdoor Championships showcase skills of UBSport <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/05May11OutdoorChampionshipsshowcaseskillsofUBSport.aspx> University of Birmingham Athletics & Cross Country put in another great performance at the BUCS Outdoor Championships last weekend winning a total of NINE individual medals plus a bronze for the women's team. Thu, 05 May 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/05May11OutdoorChampionshipsshowcaseskillsofUBSport.aspx> Athletics Cross Country sport BirminghamUni bucs University of Birmingham to get more students involved with sport <http://www.birmingham.ac.uk/news/latest/2011/03/31Mar-ActiveUniversitiesPressRelease.aspx> The University of Birmingham has been awarded £65,275 in National Lottery funding by Sport England to help encourage students to get more active whilst studying at University. 'Who will you be?' is amongst 41 projects being backed by Sport England's £10million Active Universities fund to get more students playing sport, as part of the mass participation legacy from the London 2012 Olympic and Paralympic Games. The multi-sport project aims to increase participation by 15% by offering University of Birmingham students more choice Thu, 31 Mar 2011 11:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/03/31Mar-ActiveUniversitiesPressRelease.aspx> Birmingham celebrates sporting success <http://www.birmingham.ac.uk/news/latest/2011/03/21mar-bucs.aspx> Birmingham's sports teams put in great performances at the British Universities & Colleges Sport (BUCS) championships. Wed, 23 Mar 2011 11:21:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/03/21mar-bucs.aspx> Sport Apprentice star and top athlete honoured <http://www.birmingham.ac.uk/alumni/news/items/2011/01/Apprenticestaranndtopathletehonoured.aspx> Wed, 16 Mar 2011 14:18:00 GMT <http://www.birmingham.ac.uk/alumni/news/items/2011/01/Apprenticestaranndtopathletehonoured.aspx> BUCS Squash Team Championships 2011 <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Mar11BUCSSquashTeamChampionships2011.aspx> It was a hectic weekend at the Munrow Sports Centre between 25-27 February, as University of Birmingham Sport (UBSport) hosted the British Universities and Colleges Sport (BUCS) Individual Squash Championships. Mon, 14 Mar 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Mar11BUCSSquashTeamChampionships2011.aspx> Squash sport BirminghamUni bucs Chrissie Wellington breaks another Ironman Record <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Mar11ChrissieWellingtonbreaksanotherIronmanRecord.aspx> Alumna Chrissie Wellington has rewritten the record books once again as she put in another impressive performance to win the Spec-Savers Ironman triathlon held in Port Elizabeth, South Africa on Sunday, April 10. Mon, 14 Mar 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/14Mar11ChrissieWellingtonbreaksanotherIronmanRecord.aspx> alumni Triathlon Ironman Chrissie Wellington Rachel Joyce sport BirminghamUni Volunteers wanted to improve health and fitness by exercising less <http://www.birmingham.ac.uk/news/latest/2011/02/24feb-Volunteers-wanted-to-improve-health-and-fitness-by-exercising-less.aspx> Researchers at the University of Birmingham's School of Sport and Exercise Sciences are calling for volunteers to take part in a study investigating the use of high intensity interval training (HIT) as a means to improve health and fitness. Thu, 24 Feb 2011 10:25:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/02/24feb-Volunteers-wanted-to-improve-health-and-fitness-by-exercising-less.aspx> health fitness obesity diabetes exercise endurance UBSport success at BUCS Indoor Athletics Championships <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/22Feb11UBSportsuccessatBUCSIndoorAthleticsChampionships.aspx> UBSport Athletics and Cross Country Club continued their 2011 success by collecting an array of medals at the British Universities and Colleges Sport (BUCS) Indoor Athletics Championships over the 19-20 February. Tue, 22 Feb 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/22Feb11UBSportsuccessatBUCSIndoorAthleticsChampionships.aspx> Birmingham sport Indoor Athletics bucs Hurdles High Jump Julian Adenrian Beth Partridge 1500m Sara Treacy Squash success around the globe <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/18Feb11Squashsuccessaroundtheglobe.aspx> It was a hectic weekend for UBSport squash club, with past and present members competing in high profile competitions across the globe. Fri, 18 Feb 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/18Feb11Squashsuccessaroundtheglobe.aspx> alumni sport Birmingham Squash Joey Barrington Volunteers needed for weight loss study <http://www.birmingham.ac.uk/news/latest/2011/02/11febvolunteers-needed-for-weight-loss-study.aspx> Researchers at the University of Birmingham's School of Sport and Exercise Sciences are looking for volunteers to take part in a study investigating whether successful weight loss can alter perception. Fri, 11 Feb 2011 12:08:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/02/11febvolunteers-needed-for-weight-loss-study.aspx> weight loss perception Ski and Snowboarding club dominate regional competition <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/09Feb11SkiandSnowboardingclubdominateregionalcompetition.aspx> UBSport)Ski and Snowboarding club, also known as Brumski, triumphed this weekend at the final round of the regional Kings Race Series. Wed, 09 Feb 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/09Feb11SkiandSnowboardingclubdominateregionalcompetition.aspx> Ski Snowboard sport Birmingham BUCS Cross Country Championships 2011 <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Feb11BUCSCrossCountryChampionships2011.aspx> UBSport hosted the British Universities and Colleges Sport (BUCS) Cross Country Championships, for the first time in the event's history, and had a huge victory by collecting three gold, two silver and two bronze medals. Mon, 07 Feb 2011 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/07Feb11BUCSCrossCountryChampionships2011.aspx> sport Birmingham Athletics Cross Country bucs Nick Goobal James Wilkinson UBSport Lionheart Award <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/070211UBSportLionheartAward.aspx> We are proud to

00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/070211UBSportLionheartAward.aspx> sport BirminghamUni Athletics scholarships Luke Gunn
Mike Sweeney Chrissie Wellington breaks own ironman record <http://www.birmingham.ac.uk/news/latest/2010/10/24novwellingtonbreaksownironmanrecord.aspx> Mon,
31 Jan 2011 20:59:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/10/24novwellingtonbreaksownironmanrecord.aspx> Alice Sharp wins prestigious hockey
award <http://www.birmingham.ac.uk/news/latest/2011/Sport2011/26jan11AliceSharpwinsprestigioushockeyaward.aspx> Alice Sharp from the UBSPORT Hockey club has
been bestowed the prestigious Higgins Group UK Youth Hockey Awards for the second time in her short career. Wed, 26 Jan 2011 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2011/Sport2011/26jan11AliceSharpwinsprestigioushockeyaward.aspx> Hockey Alice Sharp Birmingham sport James Fair
selected for Hockey All Star team 2010 <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Dec10JamesFairselectedforHockeyAllStarteam2010.aspx>
University of Birmingham Sport (UBSPORT) alumni James Fair has been named in the International Hockey Federation (FIH) All Star teams 2010. Wed, 22 Dec 2010
00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Dec10JamesFairselectedforHockeyAllStarteam2010.aspx> sport Birmingham Hockey Mens
alumni James Fair England Duathlon men's team clinch silver <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Nov10Duathlonmensteamclinchsilver.aspx>
Twenty members of the University of Birmingham Sport (UBSPORT) Triathlon club braved the miserable weather on Sunday, November 20 to compete in the British
University and Colleges Sports (BUCS) aptly named 'Chilly' Duathlon at Castle Coombe, Wiltshire. Wed, 22 Dec 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Nov10Duathlonmensteamclinchsilver.aspx> sport Birmingham Duathlon UBSPORT athletes honoured at Aviva
Athletics Awards 2010 <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/21Dec10UBSportathleteshonouredatAvivaAthleticsAwards2010.aspx> University of
Birmingham Sport (UBSPORT) alumni Hannah England, current student Ed Aston and athletics coach Bud Baldaro have been recognised for their achievements in 2010 at
the annual Aviva Athletics Awards. Tue, 14 Dec 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/21Dec10UBSportathleteshonouredatAvivaAthleticsAwards2010.aspx> alumni Athletics hannah england Bud
Baldaro Aviva sport Birmingham Ironman Champion to receive Honorary degree
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/16Jul11IronmanChampiontoreceiveHonorarydegree.aspx> Triple Ironman World Champion and University of
Birmingham Sport (UBSPORT) alumna Chrissie Wellington is set to receive an honorary degree tomorrow (Wednesday, December 15), as a tribute to her work in both her
passions: sport and international development. Tue, 14 Dec 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/16Jul11IronmanChampiontoreceiveHonorarydegree.aspx> Chrissie Wellington Ironman alumni Honorary
Degree sport Birmingham UBSPORT at the European Cross Country Championships
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/13Dec10UBSportattheEuropeanCrossCountryChampionships.aspx> Past and present members of University of
Birmingham Sport's (UBSPORT) Cross Country team competed at the SPAR European Cross Country Championships yesterday (Sunday, November 12) in Albufeira,
Portugal. Mon, 13 Dec 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/13Dec10UBSportattheEuropeanCrossCountryChampionships.aspx> Sara Treacy James Wilkinson Nick
Goolab European Cross Country Championships Athletics Cross Country sport Birmingham Fitness Suite scoops Gym of the Year
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/11Dec10FitnessSuitescoopsGymoftheYear.aspx> University of Birmingham Sport (UBSPORT) were named the
National Fitness Awards 2010 Gym of the Year for Midlands and Wales at a spectacular gala dinner held at the National Railway Station, York on Thursday, November
25. Sat, 11 Dec 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/11Dec10FitnessSuitescoopsGymoftheYear.aspx> Sport Cuts to School
Sport Partnerships: A Case of Ideology over Reason? <http://www.birmingham.ac.uk/news/thebirminghambrief/items/2010/12/school-sports-partnerships-03Nov.aspx> The
Coalition Government's proposal to cut £162 million funding for 450 school sports partnerships offers an intriguing case study of this era of new party politics and policy-
making. Two points lend weight to the argument that this is a rushed decision made by an ill-informed minister, Education Secretary Michael Gove. Fri, 03 Dec 2010
13:57:00 GMT <http://www.birmingham.ac.uk/news/thebirminghambrief/items/2010/12/school-sports-partnerships-03Nov.aspx> sports County Sport Partnerships SSP
olympics public health Cuts to School Sport Partnerships: A Case of Ideology over Reason?
<http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/2010/12/school-sports-partnerships-03Nov.aspx> The Coalition Government's proposal to cut
£162 million funding for 450 school sports partnerships offers an intriguing case study of this era of new party politics and policy-making. Two points lend weight to the
argument that this is a rushed decision made by an ill-informed minister, Education Secretary Michael Gove. Fri, 03 Dec 2010 13:56:00 GMT
<http://www.birmingham.ac.uk/research/impact/thebirminghambrief/items/2010/12/school-sports-partnerships-03Nov.aspx> sports County Sport Partnerships SSP olympics
public health Lifesaver picks up two medals at National Championships
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/29Nov10LifesaverpicksuptwomedalsatNationalChampionships.aspx> Rebecca Sindell from the University of
Birmingham Sport (UBSPORT) Lifesaving Club headed up to Ponds Forge International Sports Centre, Sheffield on Sunday, November 28 to compete in the 2010
National Lifesaving Championships finals and picked up gold and bronze medals. Mon, 29 Nov 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/29Nov10LifesaverpicksuptwomedalsatNationalChampionships.aspx> sport Birmingham Lifesaving Rebecca
Sindell National Lifesaving Championships Chrissie gives it some welly <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Nov10Chrissiegivesitsomewelly.aspx>
University of Birmingham Alumna Chrissie Wellington produced an amazing performance at the 2010 Ford Ironman Arizona, USA in Sunday, November 21 to win the
women's title in a superb 8:36:13, placing her in eighth overall. Mon, 22 Nov 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/22Nov10Chrissiegivesitsomewelly.aspx> Ironman Chrissie Wellington Triathlon sport Birmingham UBSPORT
Lionheart Award <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/12Nov10UBSportLionheartAward.aspx> University of Birmingham Sport (UBSPORT) are
delighted to introduce the inaugural 'Lionheart Award'. Presented termly, the award has been created to recognise students-athletes who are not only performing at a
significant level for their chosen sport, but also show dedication and leadership surpassing what is expected of UBSPORT club members. Fri, 12 Nov 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/12Nov10UBSportLionheartAward.aspx> Lionheart Award Xavier Disley cycling scholarships Luke Gunn sport
Birmingham Bronze for Gilbert at the Commonwealth Games
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/14Oct10BronzeforGilbertattheCommonwealthGames.aspx> Susie Gilbert, third year geography, has secured
her third bronze medal of the summer following a 1-0 win over South Africa with England women's hockey at the Commonwealth Games, Delhi on Wednesday, October,
13. Thu, 14 Oct 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/14Oct10BronzeforGilbertattheCommonwealthGames.aspx> Susie
Gilbert Women's Hockey England Hockey EHL Commonwealth Games sport Birmingham GB Hockey Elle Hopkins has success at the National Track Championships
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/27Sep10ElleHopkinshassuccessattheNationalTrackChampionships.aspx> Elle Hopkins, a third year Sport and
Exercise Science student, had a successful trip to Manchester Velodrome last week to compete in the National Track Championships 2010, walking away with a silver
medal in the Women's Madison and a positive performance in the team sprint race. Mon, 27 Sep 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/27Sep10ElleHopkinshassuccessattheNationalTrackChampionships.aspx> Elle Hopkins cycling National Track
Championships Birmingham sport Gilbert wins World Cup bronze <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/13Sep10GilbertwinsWorldCupbronze.aspx>
University of Birmingham Sport (UBSPORT) had a representative in England's women's hockey squad as they picked up their first ever medal in the BDO FIH World Cup
in Rosario, Argentina. Mon, 13 Sep 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/13Sep10GilbertwinsWorldCupbronze.aspx> Susie
Gilbert Hockey Women's Hockey sport Birmingham World Cup City join forces with UBSPORT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/03Sep10CityjoinforceswithUBSport.aspx> Birmingham City Football Club have jumped at the chance to pledge
their support to the Corporate Relay Challenge 2010, a fundraising race which has been launched in aid of military patients treated at the Queen Elizabeth Hospital
Birmingham (QEHB) and to develop budding Olympic and Paralympic athletes. Fri, 03 Sep 2010 00:00:00 GMT
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/03Sep10CityjoinforceswithUBSport.aspx> Sport UBSPORT alumni selected for Commonwealth Games
<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/23Aug10UBSportalumselectedforCommonwealthGames.aspx> Three University of Birmingham Sport

(UBSport) alumni have been selected to represent England at the upcoming Commonwealth Games to be held in Delhi, India from October 3-14. Mon, 23 Aug 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/23Aug10UBSportalumselectedforCommonwealthGames.aspx> Luke Gunn hannah england Louise Hazel Commonwealth Games sport Birmingham Badminton scholars to represent GB

<http://www.birmingham.ac.uk/news/latest/2010/Sport2010/19Aug10BadmintonScholarstorepresentGB.aspx> Congratulations to two University of Birmingham Sport badminton players who are set to start off the new season with success after being chosen to represent Great Britain at the 11th World University Badminton Championships 2010. Thu, 19 Aug 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/19Aug10BadmintonScholarstorepresentGB.aspx>

Alyssa Lim Catherine Grant Badminton sport Birmingham scholarships GB UBSport Hockey Stars are Delhi bound <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/26Aug10UBSportHockeyStarsareDelhibound.aspx> Susie Gilbert, third year Geography, has been named in the squad of 16 women's hockey players to represent England at the Commonwealth games to be held in Delhi, India from October 3-14. Sun, 08 Aug 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/26Aug10UBSportHockeyStarsareDelhibound.aspx>

Hockey sport Birmingham Commonwealth Games Triple success for UBSport alumni <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/27Jul10TriplesuccessforUBSportalumni.aspx> Joel Hinds helped Great Britain reclaim the team titles in the 7th World University Squash Championships held at Monash University in Melbourne, Australia, after a tight final against newcomers Hong Kong (Saturday, July 17). Tue, 27 Jul 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/Sport2010/27Jul10TriplesuccessforUBSportalumni.aspx>

Joel Hinds Chrissie Wellington Ironman Squash Naomi Folkard archery GB sport Birmingham University drinks to Gebrselassie's marathon achievements <http://www.birmingham.ac.uk/news/latest/2010/07/09july-haile.aspx> World record marathon runner Haile Gebrselassie will receive an honorary degree from the University of Birmingham, having collaborated for years with the institution's sports scientists to optimise his nutrition. Fri, 09 Jul 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/07/09july-haile.aspx>

health sports Fair play or foul? World Cup sportsmanship under scrutiny at Birmingham <http://www.birmingham.ac.uk/news/latest/2010/05/31may-fairplayorfoul.aspx> Sports psychologists at the University of Birmingham are investigating how factors such as motivation can influence how likely a football player is to adopt antisocial behaviour in their quest for victory in contests such as the World Cup. Mon, 31 May 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/05/31may-fairplayorfoul.aspx>

sports psychologists World Cup antisocial behaviour football Speaker Alert: Dr John Armitt, Chairman, Olympic Delivery Authority (ODA) 'Engineering the Olympics' <http://www.birmingham.ac.uk/news/latest/2010/05/12may-johnarmitt.aspx> Dr John Armitt, Chairman of the Olympics Delivery Authority, will provide an overview of the approach to the constructing of the venues and infrastructure for the London 2012 Olympic Games and Paralympic Games. Wed, 12 May 2010 00:01:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/05/12may-johnarmitt.aspx>

olympics Paralympics London 2012 Olympics Delivery Authority Birmingham Beech Boys complete Atlantic row <http://www.birmingham.ac.uk/news/latest/2010/03/31mar-beechboys.aspx> University of Birmingham Sport staff member Norman Beech, and his son James, have become the first British father and son team to row across the Atlantic after taking part in the Woodvale Atlantic Rowing Race 2009, in support of their chosen charity, WaterAid. Wed, 31 Mar 2010 00:00:00 GMT <http://www.birmingham.ac.uk/news/latest/2010/03/31mar-beechboys.aspx> Sport