University of Birmingham

Occupational Mental Health

This course covers many important emerging psychological issues in the workplace, ranging from Post Traumatic Stress Disorder, Substance Abuse and Depression, through to Stress and Personality Disorders.

The course will include lectures by practitioners with experience in assessing cases of psychological and mental health problems. There will be a demonstration of instruments and tools relevant to psychometric assessment and evaluation of worker well-being, as well as in-class assessments of "workers" presenting with psychological symptoms.

Study here and find out why the University of Birmingham was awarded The Times and The Sunday Times University of the Year 2013-14 (http://www.birmingham.ac.uk/news/latest/2013/09/20-sep-Birmingham-announced-as-University-of-the-Year.aspx)

Course fact file

Type of Course: Continuing professional development, module

Study Options: Full time, part time

Duration: Three days

Start date: 18-20 November 2015

Contact

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Follow us on Twitter (http://twitter.com/unibirm_MDS)

Details

Learning Objectives

Topics covered throughout the course include:

- Background and overview - what is 'mental health' and how does it affect us in the workplace?
- Legislation and regulations
- Exposure - psychosocial hazards and other contributing factors
- Acute and long-term effects of mental health issues
- Management of workers - surveillance, assessment and guidance

Who is this course for?

This short course is aimed at training occupational health practitioners who want to understand more about the assessment and management of workers with a range of mental health problems and psychological issues.

Course Details

Dates

18-20 November 2015

Duration
Three days

Location
Institute of Occupational and Environmental Medicine (http://www.birmingham.ac.uk/schools/haps/departments/ioem/index), University of Birmingham, Edgbaston, Birmingham, B15 2TT

Is this course accredited?
This course has received Faculty CPD Approval. Full attendance on the course will be awarded 11 CPD points.

Fees and funding

£595.00 per person

Entry requirements

The programme is suitable for occupational health practitioners.

Learn more about **entry requirements (/postgraduate/requirements-pgt/index.aspx)**

International students
Standard English language requirements (http://www.birmingham.ac.uk/students/pg/requirements/english) apply

How to apply

For further information please contact the CPD Training Team at the IOEM:

CPD Training Team, Institute of Occupational and Environmental Medicine, University of Birmingham, Edgbaston, Birmingham, B15 2TT

Phone number: 0121 414 6013 / 6014
Fax: 0121 414 6217
Email: **occhealth@contacts.bham.ac.uk (mailto:occhealth@contacts.bham.ac.uk)**

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