

## Associate Fellowship Certificate

The Associate Fellowship Practicum is the third stage of training in REBT. It is part of the process of conferring the status of Associate Fellow of the Albert Ellis Institute upon REBT therapists. It is designed to further increase course participants' theoretical understanding of the principles of REBT and offer feedback to participants on the nature and quality of the therapy they have been offering to service users in their area of practice. This is achieved through a combination of workshops and live supervision of therapy session recordings. **The next course is scheduled for 24th September – 27th September 2015.**

**[Study here and find out why the University of Birmingham was awarded The Times and The Sunday Times University of the Year 2013-14 \(http://www.birmingham.ac.uk/news/latest/2013/09/20-sep-Birmingham-announced-as-University-of-the-Year.aspx\)](http://www.birmingham.ac.uk/news/latest/2013/09/20-sep-Birmingham-announced-as-University-of-the-Year.aspx)**

### Course fact file

**Type of Course:** Continuing professional development

**Duration:** 4 days

### Details

The Associate Fellowship Certificate Program is the highest level of external training after the Advanced Certificate. Practitioners will deepen their skills through individual supervision of their psychotherapy practice and participation in advanced seminars. The Advanced Practicum runs for four days, Thursday, Friday, Saturday, and Sunday. This is the model adopted from the Albert Ellis Institute, New York, and it is run along similar lines in all international REBT centres. The days start at 9.30am, finishing at 5.00pm. On each day, the morning is dedicated to workshops detailing more advanced aspects of the principles and practice of REBT. After lunch, the group engages a live supervision session in which they play sections of session recordings and receive live supervision from a Certified REBT supervisor.

The course facilitates participants to:

- advance their understanding of the theoretical principles underpinning REBT and related constructs
- engage in consideration about how REBT can be applied to complex and/or challenging clinical problems
- further develop skills in the practice of REBT through live supervision
- develop skills in critiquing the practice of REBT

The lectures involved in the Associate Fellowship Practicum vary according to the needs and interest of the audience, but typically involve:

- Measuring competence in REBT
- Dealing with moral demands
- Enhancing effectiveness in REBT
- The application of REBT to complex clinical presentations

### Entry requirements

**Prior to the Practicum:** The course is only open to individuals who have successfully completed an Albert Ellis Institute accredited Primary and Advanced Certificate in REBT. It is only open to those with a core professional qualification, such as psychologists, accredited counsellors, social workers, medics, nurses, and clergy, or holders of master's degrees seeing clients in supervised settings. Applicants must have had five 20-minute session recordings supervised and passed by a Certified REBT supervisor prior to the 4 day practicum. This Supervisor must inform Dr. Jason Jones, via the Centre for REBT at The University of Birmingham, prior to registering for the practicum that participant is eligible.

**During the Practicum:** Participants must bring 10 full-length (45 minute) REBT session recordings to the practicum for supervision.

**Following the Practicum:** In the year following, participants must have 20 recordings (ten 45-minute and ten 20-minute recordings) supervised by at least three different Certified REBT Supervisors. Participants should not submit all 20 recordings at one time. The idea is to receive supervisory feedback and build upon that feedback. A list of supervisors is available upon request. When all 20 recordings are completed, participants submit their 21st "Golden" recording, US\$100, and their application for the associate fellowship certificate to Dr. Kristene Doyle at the Albert Ellis Institute in New York for review by a member of the International Training Standards and Policy Review Committee. Participants who successfully complete all programme requirements will be eligible for Associate Fellowship membership of the Albert Ellis Institute. Associate Fellows may then be invited to apply for Supervisory training.

### How to apply

Apply via the [Online Shop](#).

([http://shop.bham.ac.uk/browse/extra\\_info.asp?compid=1&modid=2&catid=67&prodid=763](http://shop.bham.ac.uk/browse/extra_info.asp?compid=1&modid=2&catid=67&prodid=763))