

Behavioural medicine



The underlying mission of the behavioural medicine group within the **School of Sport and Exercise Sciences** (</schools/sport-exercise/index.aspx>) is to study the effects of behavioural (including exercise) and psychosocial exposures on biological systems and their implications for health and disease.

Research within the group is organised with respect to two broad themes:

- **[behavioural immunology](/research/activity/behavioural-med/themes/index.aspx#behaviouralimmunology)** (</research/activity/behavioural-med/themes/index.aspx#behaviouralimmunology>)
- **[cardiovascular psychophysiology](/research/activity/behavioural-med/themes/index.aspx#cardiopsychophysiology)** (</research/activity/behavioural-med/themes/index.aspx#cardiopsychophysiology>)

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