

Strictly Come Anything

Locations	mac, MAC Birmingham
Date(s)	Friday 28th September 2012 (16:30-19:00)
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mac Birmingham, Theatre / Performance

It's showtime at the MAC, as we follow four budding acts as they fuel up and compete to be Strictly Brum Dancing Champions. But what should be the dining habits to optimise performance? And what happens when the wrong fuels are added to the fire? Join us for a tongue-in-cheek exploration of the minefield of performance nutrition, designed and choreographed by Birmingham Royal Ballet Principal dancer Matthew Lawrence, and performed by student dancers from the company's associated school, Elmhurst School for Dance.

Performance times:

4:30pm and 6:30pm. The show lasts for half an hour.