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Sex and the City (of Birmingham): Promoting the sexual health and wellbeing of adults aged 40+

Date(s)	Wednesday 1st May 2013 (10:00-17:00)
Contact	**Workshop Leaders: Dr George Dowswell (http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/dowswell-george.aspx)**, **Dr Ruth Mellor (http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/mellor-ruth.aspx)**, **Professor Tracy Roberts (http://www.birmingham.ac.uk/staff/profiles/haps/HealthEconomics/roberts-tracy.aspx)** and **Dr Sheila Greenfield (http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/greenfield-sheila.aspx)**
Download	**Add to Calendar (/research/activity/ias/workshops/2013/sex-and-the-city-birmingham.aspx?ical=true)**

The workshop will consider:

- The design of cost-effective interventions to promote help-seeking for sexual wellbeing by adults;
- How should we effectively promote help-giving for sexual wellbeing by clinicians?
- How can treatments related to sexual wellbeing be improved?

This is a very under-researched area. Most of the current literature focuses on young people, STIs and teenage pregnancy. There is some emerging evidence related to adults 40+ and long term conditions/cancer. There is great scope for high quality studies and high impact journal publications. UoB could become a world leading centre by sharing understanding, working collaboratively and acquiring external resources to address these issues.

We welcome people from all schools and disciplines with an interest in these areas – we are proposing this workshop to share ideas, experience and to build inter-disciplinary collaborations leading to funding applications.

1. Nicolosi A, Laumann EO, Glasser DB, Moreira ED, Paik A, Gingell C, et al. Sexual behavior and sexual dysfunctions after age 40: The global study of sexual attitudes and behaviors. *Urology* 2004;64(5):991-997.

2. Laumann EO, Paik A, Glasser DB, Kang JH, Wang TF, Levinson B, et al. A cross-national study of subjective sexual well-being among older women and men: Findings from the global study of sexual attitudes and behaviors. *Archives of Sexual Behavior* 2006;35(2):145-161.

3. Moreira ED, Brock G, Glasser DB, Nicolosi A, Laumann EO, Paik A, et al. Help-seeking behaviour for sexual problems: the global study of sexual attitudes and behaviors. *International Journal of Clinical Practice* 2005; 59(1):6-16.

4. Laumann EO, Nicolosi A, Glasser DB, Paik A, Gingell C, Moreira E, et al. Sexual problems among women and men aged 40-80 y: prevalence and correlates identified in the Global Study of Sexual Attitudes and Behaviors. *International Journal of Impotence Research* 2005; 17(1):39-57.

Register your interest:

If you are interested in coming please send the following details to **Sarah Myring (mailto:s.myring@bham.ac.uk)**:

- Who you are (research interests/publications/research funding);
- Why you are interested in attending;
- If you had 30 minutes in the session, what would you do with it?
- Please also state if you can attend for: morning, afternoon, or whole day

If you have any other questions please contact **Ruth Mellor (mailto:r.mellor@bham.ac.uk)**.

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