

# Sex and the City (of Birmingham): Promoting the sexual health and wellbeing of adults aged 40+

**Date(s)** Wednesday 1st May 2013 (10:00-17:00)

**Contact** **Workshop Leaders: [Dr George Dowswell](http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/dowswell-george.aspx) (<http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/dowswell-george.aspx>), [Dr Ruth Mellor](http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/mellor-ruth.aspx) (<http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/mellor-ruth.aspx>), [Professor Tracy Roberts](http://www.birmingham.ac.uk/staff/profiles/haps/HealthEconomics/roberts-tracy.aspx) (<http://www.birmingham.ac.uk/staff/profiles/haps/HealthEconomics/roberts-tracy.aspx>) and [Dr Sheila Greenfield](http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/greenfield-sheila.aspx) (<http://www.birmingham.ac.uk/staff/profiles/haps/PrimaryCareClinicalSciences/greenfield-sheila.aspx>)**

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The workshop will consider:

- The design of cost-effective interventions to promote help-seeking for sexual wellbeing by adults;
- How should we effectively promote help-giving for sexual wellbeing by clinicians?
- How can treatments related to sexual wellbeing be improved?



This is a very under-researched area. Most of the current literature focuses on young people, STIs and teenage pregnancy. There is some emerging evidence related to adults 40+ and long term conditions/cancer. There is great scope for high quality studies and high impact journal publications. UoB could become a world leading centre by sharing understanding, working collaboratively and acquiring external resources to address these issues.

We welcome people from all schools and disciplines with an interest in these areas – we are proposing this workshop to share ideas, experience and to build interdisciplinary collaborations leading to funding applications.

1. Nicolosi A, Laumann EO, Glasser DB, Moreira ED, Paik A, Gingell C, et al. Sexual behavior and sexual dysfunctions after age 40: The global study of sexual attitudes and behaviors. *Urology* 2004;64(5):991-997.
2. Laumann EO, Paik A, Glasser DB, Kang JH, Wang TF, Levinson B, et al. A cross-national study of subjective sexual well-being among older women and men: Findings from the global study of sexual attitudes and behaviors. *Archives of Sexual Behavior* 2006;35(2):145-161.
3. Moreira ED, Brock G, Glasser DB, Nicolosi A, Laumann EO, Paik A, et al. Help-seeking behaviour for sexual problems: the global study of sexual attitudes and behaviors. *International Journal of Clinical Practice* 2005; 59(1):6-16.
4. Laumann EO, Nicolosi A, Glasser DB, Paik A, Gingell C, Moreira E, et al. Sexual problems among women and men aged 40-80 y: prevalence and correlates identified in the Global Study of Sexual Attitudes and Behaviors. *International Journal of Impotence Research* 2005; 17(1):39-57.

## Register your interest:

If you are interested in coming please send the following details to [Sarah Myring \(mailto:s.myring@bham.ac.uk\)](mailto:s.myring@bham.ac.uk):

- Who you are (research interests/publications/research funding);
- Why you are interested in attending;
- If you had 30 minutes in the session, what would you do with it?
- Please also state if you can attend for: morning, afternoon, or whole day

If you have any other questions please contact [Ruth Mellor \(mailto:r.mellor@bham.ac.uk\)](mailto:r.mellor@bham.ac.uk).

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