

Latest Developments

NEWS & EVENTS

Seminar - 5th February 2015

Employment and well-being: How much work should we do in the 'good life'?

Workshop Leader: Dr Brendan Burchell

Date: Thursday 5 February 2015

Time: 12.30 – 14.00

Place: Room 710, Muirhead Tower, University of Birmingham

Registration is not required please just come along

Click [here](http://research/activity/ias/workshops/2015/employment.aspx) ([/research/activity/ias/workshops/2015/employment.aspx](http://research/activity/ias/workshops/2015/employment.aspx)) for details.

Workshop - 11th September 2014

A follow-on workshop building on [\(**WS1**\) Optimising health, well-being and performance in diverse and ageing workforces](http://research/activity/ias/www/ws1.aspx) ([/research/activity/ias/www/ws1.aspx](http://research/activity/ias/www/ws1.aspx)) was held on 11th September 2014 (click [here](http://research/activity/ias/workshops/2014/WWW-ageing-workforces.aspx) ([/research/activity/ias/workshops/2014/WWW-ageing-workforces.aspx](http://research/activity/ias/workshops/2014/WWW-ageing-workforces.aspx)) for details).

The Workshop slides are available to download below:

- [‘Evidence-Networking’ Improvement of Well-Being](http://Documents/research/ias/evidence-networking.pdf) ([/Documents/research/ias/evidence-networking.pdf](http://Documents/research/ias/evidence-networking.pdf));
- [CRSO/BBS Research Seminar Series](http://Documents/research/ias/CRSO.pdf) ([/Documents/research/ias/CRSO.pdf](http://Documents/research/ias/CRSO.pdf));
- [Workplace Wellbeing. Establishing the link between research and corporate policy](http://Documents/research/ias/Workplace-Wellbeing.pdf) ([/Documents/research/ias/Workplace-Wellbeing.pdf](http://Documents/research/ias/Workplace-Wellbeing.pdf));
- [RTW Interventions – Challenges](http://Documents/research/ias/RTW-Interventions-SS-and-BG.pdf) ([/Documents/research/ias/RTW-Interventions-SS-and-BG.pdf](http://Documents/research/ias/RTW-Interventions-SS-and-BG.pdf))

LINKS

[British Sociological Association - Ageing, Body and Society Study Group](http://www.britsoc.co.uk/study-groups/ageing,-body-society.aspx) (<http://www.britsoc.co.uk/study-groups/ageing,-body-society.aspx>)

[TAEN - The Age and Employment Network](http://www.taen.org.uk/) (<http://www.taen.org.uk/>)

[CREW - Centre for Research on the Economy and the Workplace](http://research/activity/business/crew/index.aspx) ([/research/activity/business/crew/index.aspx](http://research/activity/business/crew/index.aspx))

[City of London Research by Lindsey Dugdill et al.](http://colresearch.typepad.com/colresearch/2014/03/promoting-employee-health-and-wellbeing-in-the-city-of-london.html) (<http://colresearch.typepad.com/colresearch/2014/03/promoting-employee-health-and-wellbeing-in-the-city-of-london.html>) ([Summary](http://Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-onepager.pdf) ([/Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-onepager.pdf](http://Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-onepager.pdf)), [Report](http://Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-final.pdf) ([/Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-final.pdf](http://Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-final.pdf)), [Technical Report](http://Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-technical-report.pdf) ([/Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-technical-report.pdf](http://Documents/research/ias/employee-health-and-wellbeing-in-the-city-of-London-technical-report.pdf)))

[The Commission on Wellbeing and Policy](http://www.li.com/programmes/the-commission-on-wellbeing-and-policy) (<http://www.li.com/programmes/the-commission-on-wellbeing-and-policy>)

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COMMENTS?

Click [here](http://research/activity/ias/www/comments.aspx) ([/research/activity/ias/www/comments.aspx](http://research/activity/ias/www/comments.aspx)) if you wish to make comments and network

PUBLICATIONS

[Carmichael, F., Hulme, C. and Porcellato, L. \(2013\) Older age and ill-health: links to work and worklessness, International Journal of Workplace Health Management, Vol. 6:1, 54 - 65, doi:10.1108/17538351311312330](http://www.emeraldinsight.com/journals.htm?articleid=17084242) (<http://www.emeraldinsight.com/journals.htm?articleid=17084242>)

[Carmichael, F., Grunfeld, B., Duberley, J., Thorgersen-Ntoumani, C., Sadhra, S. and Wright, L. 2013 Profits and People: understanding how enhancing workplace well-being can promote a healthy bottom-line, Business Quarter, Winter 13, Issue 4, 18-19](http://issuu.com/room501/docs/bqwm_win13_iss04) (http://issuu.com/room501/docs/bqwm_win13_iss04)

Wellbeing

[Vitlic, A., Phillips, A.C., Gallagher, S., Carroll, D., Lord, J.M., Oliver, C., & Moss, P. \(in press\). Anti-cytomegalovirus antibody titres are not associated with caregiving burden in younger caregivers, but do relate to negative health behaviours. British Journal of Health Psychology, IF 2.7](http://dx.doi.org/10.1111/bjhp.12092) (<http://dx.doi.org/10.1111/bjhp.12092>)

[Gallagher, S., Phillips, A.C., Lee, H., & Carroll, D. \(in press\). The association between spirituality and depression in parents caring for children with developmental disabilities: social support and/or last resort. Journal of Religion and Health, IF 0.77](http://dx.doi.org/10.1007/s10943-014-9839-x) (<http://dx.doi.org/10.1007/s10943-014-9839-x>)

[Vitlic, A., Khanfer, R., Lord, J.M., Carroll, D. & Phillips, A.C. \(in press\). Bereavement reduces neutrophil oxidative burst only in older adults: Role of the HPA axis and immunosenescence. Immunity and Ageing, 11, 13. IF 2.32](http://dx.doi.org/10.1186/1742-4933-11-13) (<http://dx.doi.org/10.1186/1742-4933-11-13>)

Papini, C., Nakamura, P., Zorzetto, L., Thompson, J.L., Kokubun, E., & Phillips, A.C. (2014). The effect of a community-based primary health care exercise program on inflammatory biomarkers and hormones levels. *Mediators of Inflammation*, 2014, 7 pages IF 2.42 (<http://dx.doi.org/10.1155/2014/185707>)

Duggal, N.A., Beswetherick, A., Upton, J., Hampson, P., Phillips, A.C., & Lord, J.M. (2014). Depressive symptoms in hip fracture patients are associated with reduced monocyte superoxide production. *Experimental Gerontology*, 54, 27-34. IF 3.71 (<http://dx.doi.org/10.1016/j.exger.2014.01.028>)

Duggal, N.A., Upton, J., Phillips, A.C., & Lord, J.M. (2013). Depression is associated with reduced neutrophil function in hip fracture patients. *Brain, Behavior & Immunity*, 33, 173-182. IF 5.69 (<http://dx.doi.org/10.1016/j.bbi.2013.07.004>)

Phillips, A.C., Upton, J., Arora Duggal, N., & Lord, J.M. (2013). Depression following hip fracture is associated with increased physical frailty in older adults: the role of the cortisol: dehydroepiandrosterone sulphate ratio. *BMC Geriatrics*, 13, 60 (<http://dx.doi.org/10.1186/1471-2318-13-60>)

Phillips, A.C., Robertson, T., Carroll, D., Der, G., Shiels, P.G., McGlynn, L., & Benzeval, M. (2013). Do symptoms of depression predict telomere length? Evidence from the West of Scotland Twenty-07 Study. *Psychosomatic Medicine*, 75, 288-296. IF 3.97 (<http://dx.doi.org/10.1097/PSY.0b013e318289e6b5>)

Heaney, J.L.J., Carroll, D., & Phillips, A.C., (2013). DHEA, DHEAS and cortisol responses to acute exercise in older adults in relation to exercise training status and sex. *Age*, 35, 395-405. IF 6.28 (<http://dx.doi.org/10.1007/s11357-011-9345-y>)

Ginty, A.T., Carroll, D., Roseboom, T.J., Phillips, A.C., & de Rooij, S.R. (2013). Depression and anxiety are associated with hypertension five years later in a cohort of late middle aged men and women. *Journal of Human Hypertension*, 27, 187-190. IF 2.80 (<http://dx.doi.org/10.1038/jhh.2012.18>)

Heaney, J.L.J., Phillips, A.C., & Carroll, D. (2012). Ageing, health behaviours and the diurnal rhythm and awakening response of salivary cortisol. *Experimental Aging Research*, 38, 295-314. IF 1.45 (<http://dx.doi.org/10.1080/0361073X.2012.672134>)

Heaney, J.L.J., Carroll, D., & Phillips, A.C. (2012). Ageing, physical function, and the diurnal rhythms of cortisol and dehydroepiandrosterone. *Psychoneuroendocrinology*, 37, 341-349. IF 5.81 (<http://dx.doi.org/10.1016/j.psyneuen.2011.07.001>)

Hallam, S., Arber, S., Barrientos, A., Upton, J., Arora Duggal, N., Creech, A., Goulding, A., Haslam, C., Kuh, D., Lloyd, L., Lord, J., Murphy, M., Newman, A., Phillips, A.C., & Twumasi, R. (2014). Maintaining health and wellbeing: overcoming barriers to healthy ageing. In A. Walker (Ed). *The New Science of Ageing*. Bristol: Policy Press. (<http://www.policypress.co.uk/display.asp?ISBN=9781447314677&>)

Cox, L.S., Mason, P.A., Bagley, M.C., Steinsaltz, D., Stefanovska, A., Bernjak, A., McClintock, P.V.E., Phillips, A.C., Upton, J., Latimer, J.E. & Davis, T. (2014). Understanding Ageing: Biological and Social Perspectives. In A. Walker (Ed). *The New Science of Ageing*. Bristol: Policy Press. (<http://www.policypress.co.uk/display.asp?ISBN=9781447314677&>)

Phillips, A.C. (2014). The importance of good relationships for staying healthy. *The Conversation* (<http://theconversation.com/good-relationships-keep-you-healthier-for-longer-26549>)

Phillips, A.C. (2014). Depression after hip fracture among older adults. *Innov-age Magazine*, 5, 12-13. (<http://www.edwardhealthcare.org/research/innov-age-magazine/innov-age-musculoskeletal-issue/>)

Phillips, A.C. (2013). Depression after hip fracture in older adults. *The Conversation* (<http://theconversation.com/hip-fractures-and-depression-quicken-frailty-in-the-elderly-16915>)

Bosch, J.A., Phillips, A.C., & Lord, J.M. (2013). *Immunosenescence: Psychosocial and Behavioural Determinants*. New York: Springer. ISBN: 978-1-4614-4775-7 (Print) 978-1-4614-4776-4 (Online) Book (<http://dx.doi.org/10.1007/978-1-4614-4776-4>)

Phillips, A.C., Khanfer, R., & Upton, J. (2013). Stress and neutrophil function. Book chapter 4. *Immunosenescence: Psychosocial and Behavioural Determinants*. Eds. J. Bosch, A.C. Phillips, & J.M. Lord. New York: Springer. Pp.47-62. Book Chapter (<http://dx.doi.org/10.1007/978-1-4614-4776-4>)