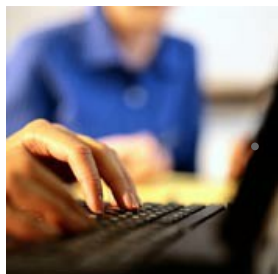


## Dexamethasone reduces emesis after major gastrointestinal surgery trial (DREAMS)

DREAMS (Dexamethasone Reduces Emesis After Major Gastrointestinal Surgery) is a double-blind, phase IV, multi-centre randomised controlled trial designed to determine if pre-operative dexamethasone reduces post-operative nausea and vomiting in patients undergoing elective colorectal resections.

The DREAMS study is the first trial of an investigational medicinal product (CTIMP) to be developed by the **[West Midlands Research Collaborative](http://www.wmresearch.org.uk/)**. (<http://www.wmresearch.org.uk/>)



DREAMS has now completed recruitment across 48 UK sites with the total number of patients being 1350 at the end of January this year. We ended recruitment 6 months ahead of target even with the increase from the original target of 950 patients. The trial has been funded by a grant from the Bowel Disease Research Foundation (BDRF), and also from the Research for Patient Benefit Programme (RfPB). We are currently analysing the data ready for publication.

**[DREAMS Trial Synopsis \(/Documents/college-mds/trials/bctu/dreams/TrialSynopsis.pdf\)](#)**