

## Academic staff

### **[Dr Sarah Aldred \(/staff/profiles/sportex/aldred-sarah.aspx\)](/staff/profiles/sportex/aldred-sarah.aspx)**

Senior Lecturer in Exercise Biochemistry

Dr Sarah Aldred describes herself as a skilled, enthusiastic and resourceful scientist. She is an expert in the field of oxidative stress, and has been researching chronic diseases of ageing associated with oxidative stress for more than 10 years.



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### **[Dr Andy Blannin \(/staff/profiles/sportex/blannin-andy.aspx\)](/staff/profiles/sportex/blannin-andy.aspx)**

Lecturer

Dr Andy Blannin is a lecturer in exercise metabolism and has enjoyed working in the school of Sport and Exercise Sciences since 1996. In that time he has published over 50 research articles and examined 23 PhDs.



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### **[Dr Chris Shaw \(/staff/profiles/sportex/shaw-chris.aspx\)](/staff/profiles/sportex/shaw-chris.aspx)**

Post-doctoral Research Fellow



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### **[Dr Gareth Wallis \(/staff/profiles/sportex/wallis-gareth.aspx\)](/staff/profiles/sportex/wallis-gareth.aspx)**

Lecturer in Sport and Health Nutrition

Dr Wallis draws on a diverse range of experiences and expertise, which includes academic and industrial scientist roles as well as practitioner experience with high performance athletes, to enable him to deliver leading edge research and education in the area of Sport and Health Nutrition.

