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Evidence

Workshop 1: Healthy Ageing and Flourishing in Later Life

12th February 2013

Questions for the Workshop (/Documents/research/policycommission/BPCIII-Questions-Theme-1.pdf)

Morning session: Flourishing in Later Life

Supporting papers submitted to the Commission

- Representations of Gender and Ageing - Lessons for Well-Being (Dr Lorna Warren, Sheffield University) **Slides (/Documents/research/policycommission/AF1120213Warren.pdf)** & **Accompanying Notes (/Documents/research/policycommission/AF1120213Warren2.pdf)**
- **Good Ageing: The Importance of Social and Cultural Narratives (/Documents/research/policycommission/AF2120213Tew.pdf)** (Professor Philip Tew & Dr Nick Hubble, Brunel University)
- **Not a One Way Street (/Documents/research/policycommission/AF3120213Carrier.pdf)** (Jane Carrier, NDTI)
- **Ageing: An Asset-based Approach (/Documents/research/policycommission/AF4120213Janjua.pdf)** (Ayesha Janjua, OPM)
- **Ageing and Wellbeing: Flourishing in Later Life (http://www.birmingham.ac.uk/Documents/research/policycommission/AF5120213ILC.pdf)** (Noreen Siba, International Longevity Centre)

Afternoon session: Health in Later Life

Supporting papers submitted to the Commission

- **Centre for Policy on Ageing summary document (/Documents/research/policycommission/AH1BPCIII120213CPA.pdf)** (Nat Lievesley, CPA)
- **BARC Presentation (/Documents/research/policycommission/AH2BPCIII120213BARC.pdf)** (Chandrika Gordhan, Birmingham Arthritis Resource Centre, Birmingham Arthritis Resource Centre)
- **Healthy Ageing: responses to Commission questions (/Documents/research/policycommission/AH3BPCIII120213Kuh.pdf)** (Professor Diana Kuh, UCL)
- **Active and Healthy Ageing (/Documents/research/policycommission/AH4BPCIII120213Goldblatt.pdf)** (Professor Peter Goldblatt, UCL)
- **Ageing and wellbeing: responses to Commission questions (/Documents/research/policycommission/AH5BPCIII120213Response.pdf)** (Professor Tom Kirkwood, Newcastle University
- **Perspectives from older people from minority communities (/Documents/research/policycommission/AH6BPCIII120213Victor.pdf)** (Professor Christina Victor, Brunel University)

Workshop 2: Equality and inclusion: a question of rights and responsibilities

12th April 2013

Questions for Workshop 2 (/Documents/research/policycommission/Theme-2-Questions.pdf)

Morning Session

A summary notes of key points from the discussions is available **here (/Documents/research/policycommission/healthy-ageing/Notes-Workshop-Two-16-04-13.pdf)**.

Further related notes and presentations:

- **Age UK (/Documents/research/policycommission/BPCIII-AgeUK.pdf)**

Afternoon Session

A summary notes of key points from the discussions is available **here (/Documents/research/policycommission/healthy-ageing/Notes-Workshop-Two16-04-13pm.pdf)**.

Further related notes and presentations:

- **Responses to the Commission Questions (/Documents/research/policycommission/BPCIII-Gallagher.pdf)** (Ann Gallagher, University of Surrey and International Centre for Nursing Ethics)
- **Policy for Healthy Ageing (/Documents/research/policycommission/BPCIII-Newdick.pdf)** (Chris Newdick, University of Reading)

Workshop 3: The role of the physical, social and emotional environment in ensuring healthy ageing in multicultural UK cities

21st May 2013

Questions for Workshop 3 (/Documents/research/policycommission/BPCIIIQuestionsTheme3.pdf)

Hosted at the **Pannel Croft Village (http://www.extracare.org.uk/extracare-communities/locations/pannel-croft-village.aspx)**, Newtown, Birmingham, the day explored the multicultural community and physical environment in which people will age over the next 40 years. Ways that a City can promote the wellbeing of elderly resident wereexplored, as were potential barriers or challenges to schemes to promote healthy ageing.

A summary notes of key points from the discussions is available **here (/Documents/research/policycommission/healthy-ageing/Notes-Workshop-Three-21-05-13.pdf)**.

Presentations were delivered by a wide range of experts including:

- **Healthy Ageing in the 21st Century (/Documents/research/policycommission/BPCIII-ExtraCare-Charitable-Trust.pdf)** (Angela Bradford and John Payne, The

ExtraCare Charitable Trust)

- **Local Voices (/Documents/research/policycommission/BPCIII-Local-voices.pdf)** (Chandrika Gordhan, Birmingham Arthritis Resource Centre, BARC)
- **Making it Real (/Documents/research/policycommission/BPCIII-Melanie-Gray-Birmingham-City-Council.pdf)** (Melanie Gray, Birmingham City Council)
- **Telehealth in England: A 21st Century Response to Ageing (/Documents/research/policycommission/BPCIII-Telehealth-in-England.pdf)** (Jennifer Lynch, University of Birmingham)

Commission meeting with the Birmingham Faith Leaders' Group

- A summary notes of key points from the discussions is available **here (/Documents/research/policycommission/healthy-ageing/Notes-from-Faith-Leaders-Meeting.pdf)**
- Further information from Guru Nanak Nishkam Sewak Jatha (GNNSJ), a Sikh Faith Based Organisation located the Handsworth area of Birmingham, can be read **here (/Documents/research/policycommission/healthy-ageing/GNNSJ.pdf)** .

Birmingham Voices

The Commission spoke to groups of older people from across Birmingham to gain the views of the city's diverse population. Read an overview of the consultations and their findings **here (/Documents/research/policycommission/healthy-ageing/Birmingham-Voices.pdf)** .

Written Evidence

Mr Bob Williams, from Uniitee, presented written evidence to the Commission in the form of a letter written to Norman Lamb MP, describing the concept of Homesharing and how this model aims to improve quality of life in ageing.

- The paper can be viewed **here (/Documents/research/policycommission/PCIIIUniitee.pdf)**

The Commission also gratefully received written evidence from Guru Nanak Nishkam Sewak Jatha (GNNSJ).

- **'The role of faith in stabilising the mental state/wellbeing in the elderly from a Sikh perspective' (/Documents/research/policycommission/BPCIII-The-role-of-faith.pdf)** Bhai Sahib Mohinder Singh
- **'The history and work of Guru Nanak Nishkam Sewak Jatha' (/Documents/research/policycommission/BPCIII-GNNSJ.pdf)**

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