University of Birmingham

Practical resources for parents and carers

As part of our commitment to the Athena Swan charter, we have launched a new initiative to provide the following practical resources for parents and carers.

Equality and diversity

- University of Birmingham Equality and Diversity webpages (http://www.birmingham.ac.uk/university/about/equality/index.aspx)
- Why work here? Our commitment to equality (http://www.birmingham.ac.uk/staff/why-work-here/equality.aspx)
- Athena Swan: good employment practice for women in science, engineering and technology http://www.equality.bham.ac.uk/staff/athena.shtml (http://www.equality.bham.ac.uk/staff/athena.shtml)
- Athena Swan Charter (https://intranet.birmingham.ac.uk/hr/starters/equality/staff/athena-swan-charter/index.aspx)
- Women in Science blogs (http://blog.garnetcommunity.org.uk/category/womeninscience/)

Childcare

Nursery and childcare facilities within the University (http://www.birmingham.ac.uk/community/university-campus/facilities/Nurseryandchildcarefacilities.aspx)

Note the Oaks nursery has a holiday club for children aged 4-8 years

Nursery fees can be taken from pay before tax via salary sacrifice: contact Tony McKinley (a.p.mckinley@bham.ac.uk (mailto:a.p.mckinley@bham.ac.uk)) for details

Women in Academic Medicine

http://www.birmingham.ac.uk/schools/immunity-infection/percat/news/index.aspx (http://www.birmingham.ac.uk/schools/immunity-infection/percat/news/index.aspx)

Guild of students

Volunteering activities that the students run include:

Selly Oak Play Scheme (SOPS)

SOPS meet in The Underground in the Guild every Sunday morning, and offer activities to the children in the local community, promoting good relationships between the University and people from the local area. All the children are between 7 and 11 years old.

Email: sops@gu (mailto:sops@guild.bham.ac.uk) ild.bham.ac.uk (mailto:sops@guild.bham.ac.uk)

Saturday Morning Play Scheme (SMPS)

Double award winning SMPS caters for children with behavioural problems and learning difficulties. The group organises a whole host of trip and activities for the children, who are all between the ages of 9 and 12.

Email: smps@guild.bham.ac.uk (http://smps@guild.bham.ac.uk/)

The Autism Play Project (TAPP)

The project provides an interactive play session – a chance for children with autism to have fun in a safe environment.

Email: tapp@guild.bham.ac.uk (mailto:tapp@guild.bham.ac.uk)

For staff

- Childcare vouchers (https://intranet.birmingham.ac.uk/hr/benefits/offers/childcare-vouchers.aspx)
- Flexible working and family support (http://www.birmingham.ac.uk/staff/why-work-here/benefits/index.aspx)
- Family leave guidance (https://intranet.birmingham.ac.uk/hr/leave/family/index.aspx)
- Leave and attendance (https://intranet.birmingham.ac.uk/hr/leave/index.aspx)
- Pay and benefits (https://intranet.birmingham.ac.uk/hr/benefits/index.aspx)

Student parent/carer resources

- Funding for students with children, carers and disabled students (http://www.birmingham.ac.uk/students/fees/undergraduate/funding/parents.aspx)
- UB Student support (http://www.birmingham.ac.uk/students/support/index.aspx)
- UB Childcare facilities (http://www.birmingham.ac.uk/students/support/nursery.aspx)

Children's holiday activities and sport

- UB Sport - Children's Activities (http://www.sport.bham.ac.uk/page.aspx?sitesectionid=205&sitesectiontitle=Childrens%27+activities)
- Active kids camps (http://www.sport.bham.ac.uk/page.aspx?sitesectionid=294&sitesectiontitle=Active+kids+camps)
- School holiday childcare (King's Camps) (http://www.kingscamps.org/index.html) - UoB employees get up to a 15% discount

External links

- Athena Swan (http://www.athenaswan.org.uk/html/athena-swan/) : good employment practice for women in science, engineering and technology
- Tax credits (for working parents etc) - http://www.hmrc.gov.uk/TAXCREDITS/ (http://www.hmrc.gov.uk/TAXCREDITS/)

- **Care-4 website (http://www.care-4.co.uk)** - fully managed electronic childcare voucher scheme

DirectGov links

- **Help for students with children (http://www.direct.gov.uk/en/EducationAndLearning/UniversityAndHigherEducation/StudentFinance/Typesoffinance/DG_171503)**
- **Financial help for lone parents (http://www.direct.gov.uk/en/Parents/Moneyandworkentitlements/YourMoney/DG_4003043)**
- **Benefits and help for parents going back to you (http://www.direct.gov.uk/en/MoneyTaxAndBenefits/BenefitsTaxCreditsAndOtherSupport/Employedorlookingforwork/DG_10013843)**
- **Information about Gingerbread on DirectGov (http://www.direct.gov.uk/en/DI1/Directories/DG_071935)**
- **Gingerbread (http://www.gingerbread.org.uk/)** - providing expert advice, practical support and campaign for single parents
- **Part-time working (http://www.direct.gov.uk/en/Employment/Employees/Flexibleworking/DG_10027738)**
- **Holiday entitlements: the basics (http://www.direct.gov.uk/en/employment/employees/timeoffandholidays/dg_10029788)** - including pro-rate for part-time workers

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