

## Dr Jessica Heron BA, MA (Oxon), PhD.

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### Qualifications

- PhD (Psychiatry)University of Birmingham 2006
- MA (Oxon) 1998
- BA Hons Experimental Psychology, Oxford University 1997

### Other activities

Action on Postpartum Psychosis Website: [www.app-network.org](http://www.app-network.org) (<http://www.app-network.org/>)

Postpartum Psychosis support forum: <http://app-network.healthunlocked.com/> (<http://app-network.healthunlocked.com/>)

Follow APP on Twitter: ActionOnPP

Facebook: [www.facebook.com/ActionOnPP](https://www.facebook.com/ActionOnPP) (<https://www.facebook.com/ActionOnPP>)

### Publications

Di Florio, A., Forty, L., Gordon-Smith, K., Heron, J., Jones L, Craddock N, Jones I. (2012) Perinatal Episodes Across the Mood Disorder Spectrum. **Archives of General Psychiatry**. 17:1-8

Doyle, K., Heron, J., Berrisford, G., Jones, L., Whitmore, G., Wainscott, F., &Oyebode, F. (2012). The management of bipolar disorder in the perinatal period and risk factors for postpartum relapse, **European Psychiatry**, 27: 563-569.

Heron, J., Gilbert, N., Dolmon, C., Shah, S., Beare, I., Dearden, S., Muckelroy, N., Jones, I., & Ives, J. (2012). Information and support needs during recovery from postpartum psychosis, **Archives of Womens Mental Health**, 15: 155-165.

Heron, J &Oyebode, F. (2011). Postnatal Hypomania: Future perspectives. **Neuropsychiatry**, Vol. 1: 55-60.

Tait L, Heron J. (2010) Management of postnatal depression in primary care: a window of opportunity,**British Journal of General Practice**, 60:801-2.

Whitmore J, Heron J, Wainscott G. (2010) Predictors of parenting concern in Mother and Baby Unit over a 10 Year period. **International Journal of Social Psychiatry**, 57:455-461

Smith, S, Heron, J, Haque, S, Clarke, P, Oyebode, F & Jones, I. (2009). Measuring hypomania in the postpartum: a comparison of the Highs Scale and the Altman Mania Rating Scale. **Archives of Womens Mental Health**, 12: 323-327.

Heron J, Haque S, Oyebode F, Craddock N, Jones I. (2009) A longitudinal study of hypomania and depression in pregnancy and the postpartum. **Bipolar Disorders**, 11: 410-417.

Book Chapters-

Jones I, Heron J, Robertson Blackmore E. Book chapter: Puerperal Psychosis. In Oxford Textbook of Women's Mental Health, Dora Kohen Ed, Oxford University Press, 2010.

Web Sites -

Heron, J, & APP. Action on Postpartum Psychosis: An Information Resource for those affected by Postpartum Psychosis. Available from <http://www.app-network.org> (<http://www.app-network.org>)

