

Mrs Eloise Nolan MSc. PGCert. BSc. F.H.E.A, R.M.H.N.

Lecturer in Mental Health: Nursing

Nursing

Contact details

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About

Eloise teaches on a variety of topics relating to mental health and mental health nursing, with a specialist interest in mood disorder (depression). A dynamic educator using a range of teaching methods including film, creative art and story-telling with the use of self-disclosure in mental health nurse education.

Eloise is an experienced mental health nurse with a growing interest in Mindfulness Based Approaches and their application in health professional education and wellbeing.

Eloise is the Health and Safety Coordinator for Nursing.

Qualifications

- PG Cert. Learning and Teaching in Higher Education, University of Birmingham, 2011
- MSc in Health Sciences (Research), University of Birmingham, 2004
- BSc (Hons) in Mental Health Studies, University of Central England, 1999
- Dip. HE in Nursing, University of Birmingham, 1997
- Fellow of the Higher Education Academy 2011
- Registered Mental Health Nurse 1997

Biography

Having qualified as a mental health nurse in 1997, Eloise worked primarily in inner city Birmingham within a variety of clinical areas including adult inpatient care and a large community team providing home treatment and assertive outreach elements of care. Eloise continued to develop her interest in talking treatments and training by moving to a primary care mental health team enjoying a remit of practice that included brief psychodynamic work, solution focused interventions, mental health promotion and staff training.

Having always enjoyed teaching within the clinical area, Eloise took the opportunity to teach mental health nursing students in the HE environment at University of Birmingham through a secondment opportunity during 2004-2005. From 2006 Eloise has been teaching on the BNurs programme and has enjoyed the challenge of finding innovative methods to engage students and enhance the learning experience.

Teaching

Teaching Programmes

- [Nursing BNurs \(/undergraduate/courses/med/nursing.aspx\)](#)

Publications

Nolan E. & Hewison A. (2008) Teamwork in primary care mental health: a policy analysis. **Journal of Nursing Management** 16, 649–661