

## Mrs Parbir Kaur Jagpal MRPharmS

Academic Practitioner

Pharmacy and Therapeutics

### Contact details

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### About

Parbir is an Academic Practitioner and is part of the team developing the Pharmacy Programmes within the College of Medical and Dental Sciences. She will be teaching Pharmacy Practice on the M Pharm course in addition to managing Primary Care placements. Parbir will be developing the Post-Graduate programmes with a focus on the Independent Prescribing Course.

Parbir is an Independent Prescriber in Primary Care with considerable experience since qualifying in 2007. She is enthusiastic about promoting evidence-based practice and has a specific interest in the management of cardio-vascular disease and diabetes.

Parbir is keen on developing inter-professional working, teaching and learning practices. Other areas of interest include medicines optimisation and developing the role of the Non-Medical Prescriber.

### Qualifications

- Practice Certificate in Independent Prescribing 2007
- MSc Community Clinical Pharmacy 1999
- Postgraduate Diploma - Community Clinical Pharmacy 1997
- MRPharm S 1992
- B Pharm 1991

### Biography

Parbir Jagpal gained a B Pharm (Hons) from The School of Pharmacy, University of London in 1991 and completed her pre-registration training with Boots the Chemists. She spent most of her community pharmacy years managing a healthcentre pharmacy, where she developed good working practices with local GP surgeries and other healthcare professionals. Parbir was involved in clinical training of Pharmacists and was a pre-registration tutor.

She continued her professional development through a Post-Graduate Diploma at De-Montford University and an MSc at Aston University.

In 2000 she started working as a Practice Pharmacist providing medicines management support to GP surgeries in Walsall. In 2002 Parbir moved to Dudley Health Authority and continued to develop the role of the Practice Pharmacist.

She qualified as an Independent Prescriber in 2007 from Keele University and now works in four GP practices providing a range of medicines management services. These include medication review clinics, medicines optimisation, support for QIPP (quality, innovation, productivity, prevention), clinical governance and risk management.

Parbir has been actively involved in community health initiatives and has led the development of local clinical guidelines. She has provided mentoring and support for Pharmacy undergraduates and Pharmacists working towards Independent Prescriber status.

In 2013 Parbir joined the College of Medical and Dental Science. She will be using her experience in community pharmacy and primary care to link learning and development to Clinical Pharmacy Practice.

### Teaching

- M Pharm Undergraduate Programme
- Pharmacy Post-Graduate Programmes

### Postgraduate supervision

Parbir's areas of research interest are:

- Medicines optimisation
- Barriers to access and uptake of medicines-related services in Black, Minority and Ethnic communities
- Developing the role of the Non-Medical Prescriber across healthcare sectors
- Inter-professional learning, development and practice

## Research

Parbir is interested in medicines optimisation and barriers to use of medicines-related services in different communities. She is looking to work collaboratively across healthcare sectors, professionals and organisations to develop the role of the Non-Medical Prescriber with regards to improving patient outcomes.

## Publications

Huckerby C, Hesslewood J, Jagpal P (2006): Taking Health Care into Black and Minority Communities - A Pharmacist-led Initiative; **The Pharmaceutical Journal** 276: 680-682

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