

Research

The Centre for Rational Emotive Behaviour Therapy is dedicated to pursuing research in REBT as well as the training of future REBT therapists.

Through our training programme we are developing research funding for an REBT research programme. We also provide supervision to individuals interested in pursuing a PhD or Clinical Doctorate that investigates REBT. Please contact Professor Peter Trower if you wish to discuss a project you have in mind.



Current projects

Staff in the Centre for REBT are all involved in ongoing research projects on REBT. Please contact individual staff for details of their research interests. Anyone wishing to conduct research in REBT is encouraged to apply for our **[MSc in Cognitive Behaviour Therapy \(/postgraduate/courses/cpd/psych/cognitive-behaviour-therapy-msc.aspx\)](#)**.

Articles and papers

There have been many published articles about the theory and practice of REBT. Search engines such as **Google Scholar (<http://scholar.google.co.uk/scholar?q=rational+emotive+behavior+therapy&hl=en&lr=&btnG=Search>)** can help you to find all published materials. Alternatively The **Albert Ellis Institute website (<http://www.rebtinstitute.org/index.html>)** also features a search engine to examine articles used in meta-analytic studies on REBT.

The Journal of Rational-Emotive and Cognitive-Behavior Therapy (JRECBT) is the foremost peer-reviewed journal for the publication of articles, both theoretical and empirical, on REBT. The JRECBT is edited by Windy Dryden, one of the most published authors in REBT. It is published quarterly by Springer Publications and features both theoretical and empirical papers relating to REBT. **JRECBT Subscriptions (<http://www.rebtinstitute.org/store/proddetail.php?prod=journal001>)** are available via the Albert Ellis Institute. **Further details about the JRECBT (<http://www.springer.com/psychology/journal/10942>)** are available on the Springer website.