

## Carmel Bennett

[School of Psychology \(/schools/psychology/index.aspx\)](/schools/psychology/index.aspx)

### Contact details

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### About

**Title of PhD:** Investigating the effects of impulsivity and stress on feeding practices and eating behaviour in infants, children and adolescents

**Supervisor:** [Dr Jackie Blissett \(/staff/profiles/psychology/blissett-jackie.aspx\)](/staff/profiles/psychology/blissett-jackie.aspx)

Interested in eating behaviour during childhood and adolescence. This work involves experimental and observational research with children, adolescents and their parents.

### Qualifications

MRes Clinical Psychology  
Bsc. (Hons) Psychology

### Biography

First Class BSc (Hons) in Psychology and a Master of Research in Clinical Psychology, both from the University of Birmingham. Worked as a research assistant on a project investigating ways to aid the successful introduction of new foods into the diets of 2-3 year olds.

### Research

#### Research interests

Eating Behaviour; Childhood Obesity; Child Development

### Publications

Bennett, C., Carroll, D., Blisset, J. & Ginty, A. (2014). *Impulsivity and Heart rate reactivity in childhood*. Manuscript in submission.

Bennett, C. & Blissett, J. (2013). *Measuring Hunger and Satiety in Primary School Children: Validation of a New Picture Rating Scale*. Manuscript in submission.

Blissett, J., & Bennett, C. (2013). Cultural differences in parental feeding practices and children's eating behaviours and their relationships with child BMI: A comparison of Black Afro-Caribbean, White British and White German samples. *European Journal of Clinical Nutrition*, 67 (2), 180-184.

Blissett, J., Bennett, C., Donohoe, J., Rogers, S., & Higgs, S. (2012). Predicting successful introduction of novel fruit to preschool children. *Journal of the Academy of Nutrition and Dietetics*, 112 (12), 1959-1967.

Heald, M., Oliver, C., Phillips, A., Allen, D., Villa, D., Vitlic, A., Wilde, L., & Bennett, C. (2012). Stress in parents of children and adults with Angelman syndrome. *Article for ASSERT (Angelman syndrome charity), UK newsletter*.