

## Iraida Neira

Doctoral Researcher

**[School of Psychology \(/schools/psychology/index.aspx\)](/schools/psychology/index.aspx)**

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### About

**Title of PhD:** Obesity and Cognition

**Supervisors:** [Dr Suzanne Higgs \(/staff/profiles/psychology/higgs-suzanne.aspx\)](/staff/profiles/psychology/higgs-suzanne.aspx)

Iraida is interested in studying the relationship between obesity and cognition. Her research approaches include working with weight management patients, neurocognitive test batteries, and food memory experiments.

### Qualifications

BSc Psychology, minor in Sociology (Florida State University)

MSc Clinical and Health Psychology (University of Manchester)

### Biography

Iraida has a BSc from Florida State University and an MSc from Manchester University. She is currently working on projects involving obese populations ranging from adolescence to an elderly age. She investigates the relationship between weight and factors such as: memory, impulsivity, mood, and eating attitudes.

### Research

#### Research interests

Obesity, BMI, cognition, addiction, sleep, memory, depression, dietary interventions, psychosis, alexithymia

### Other activities

Member of: Ingestive Behaviour Group, British Feeding and Drinking Group, Association for the Study of Obesity