

Samantha Rogers

Doctoral Researcher

[School of Psychology \(/schools/psychology/index.aspx\)](/schools/psychology/index.aspx)

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About

Title of PhD: Influences of infant feeding style and cortisol metabolism on the development of eating behaviours and patterns of weight gain throughout the first year of life.

Supervisor: [Dr Jackie Blissett \(/staff/profiles/psychology/blissett-jackie.aspx\)](/staff/profiles/psychology/blissett-jackie.aspx)

I am currently in the third year of my PhD; I'm conducting a longitudinal study following infants from birth up to 1-year investigating factors that influence the development of eating behaviours and patterns of weight gain. I use self report and observational methods and am also taking measures of infant and maternal cortisol metabolism at various time points throughout the year.

Qualifications

MRes Psychology

BSc Hons. Human Psychology with Professional Training

Biography

I obtained my undergraduate degree in Human Psychology from Aston University in 2007. As part of my degree I completed a year's work experience as an Honorary Psychology Assistant for the Eating Disorders Service, Birmingham and Solihull Mental Health NHS Trust. Upon graduating, I then worked for a year as a Primary Care Graduate Mental Health Worker. I returned to University in 2008 to begin my 1+3 studentship at the University of Birmingham, which is funded by the Economic and Social Research Council (ESRC); here I completed my masters degree and then began my PhD.

Whilst at the University of Birmingham I have had experience as both a Teaching Assistant for the School of Psychology and also as a Research Assistant for both the University and I have also worked on a Randomised Controlled Trial for Birmingham City Council.

Currently I volunteer for Beat by co-facilitating a carer's support group once a month. I am also trained in delivering the 'Empowering Families' workshops pioneered by the Maudsley hospital in London. I also sit on the committee for the Psychology Postgraduate Affairs Group (PsyPAG) as the West Midlands Branch Representative.

Research

I am primarily interested in the following areas: eating behaviours, weight gain, parental and infant interaction and cortisol metabolism.

Other activities

- University of Birmingham Teaching Assistant
- University of Birmingham Research Assistant
- West Midlands Branch Representative for the Psychology Postgraduate Affairs Group (PsyPAG)
- Beat Volunteer (trained to deliver the Empowering Families workshops)

Publications

Rogers, S., & Blissett, J. (2012). Infant Feeding, Cortisol Metabolism and Weight Gain in the First Six Months of Life. Poster presentation, British Feeding and Drinking Group, Annual Conference.

Rogers, S., & Blissett, J., (2012). Postnatal Depression is Related to Maternal Feeding Beliefs and Behaviours. Poster presentation, International Conference on Infant Studies.

Rogers, S., Tomlinson, J., Hughes, B., & Blissett, J. (2012). Infant Feeding Style, Cortisol Metabolism and Weight Gain in the First Six Months of Life. Poster presentation, International Conference on Infant Studies.

Blissett, J., & Rogers, S. (2012). Breastfeeding, Maternal Feeding Attitudes and Practices and Infant Weight. Poster presentation, International Conference on Infant Studies.

Rogers, S., & Blissett, J. (2011). Influences of Infant Feeding Style and Cortisol Metabolism on the Development of Eating Behaviours in the First Year of Life. Oral presentation, Psychology Postgraduate Affairs Group, Annual Conference.

Rogers, S., Farrow, C., Haycraft, E., Houldcroft, L., & Blissett, J. (2011). Breastfeeding is Associated with Lower Observed Maternal Control of Child Feeding. Poster presentation, Society for Research in Child Development, Biennial Meeting

