Dr Hermine Graham

Lecturer & Consultant Clinical Psychologist, Birmingham & Solihull Mental Health Foundation Trust

School of Psychology (/schools/psychology/index.aspx)

Contact details

Telephone +44 (0)121 414 7204 (tel:+44 121 414 7204)

Email h.l.graham@bham.ac.uk (mailto:h.l.graham@bham.ac.uk)

School of Psychology, Frankland Building
University of Birmingham
Edgbaston
Birmingham
B15 2TT
UK

About

Dr Hermine L. Graham is a Consultant Clinical Psychologist and clinical Lecturer. She has over 20 years experience of working in the NHS and also works in community mental health services in Birmingham and Solihull Mental Health Foundation (NHS) Trust. She has expertise in Cognitive Behavioural Therapy (CBT) and in the assessment and treatment of a range of mental health and alcohol and drug problems, and has led in the development and research of treatment approaches for people with severe mental health and alcohol and drug problems. This work has been highlighted as a model of 'good practice', has influenced NHS practice and is referenced in national policy guidelines for the treatment of 'dual diagnosis' (DoH, 2002) and in the widely used treatment manual Cognitive-behavioural Integrated Treatment (C-BIT). She has substantial national and international experience of teaching and training, and has published in academic peer reviewed journals, books and a treatment manual, including a prize winning text.

Qualifications

BSc(Hons.) Psychology; ClinPsyD; Post graduate diploma in Cognitive Therapy.

Research

Research group
Applied-Clinical

Research Interests
My interests include drug and alcohol use and mental health: cognitive models and treatments for drug and alcohol use in severe mental health; factors influencing cannabis use and binge drinking in young people and the role of mental health and resilience; the role of thoughts in influencing behaviour and behaviour change.

Publications

Selected publications

Graham, H.L., Birchwood, M., Griffith, E., Freemantle, N., McCrone., Stefanidou, C.A., Walsh., Clarke, L., Rana, A. & Copello, A. (2014). A pilot study to assess the feasibility and impact of a brief motivational intervention on problem drug and alcohol use in adult mental health inpatient units: study protocol for a randomized controlled trial. *Trials, 15:308.*

Graham H.L., Copello, A., Birchwood, M.J. & Mueser, K.T. (Eds.) (2003). *Substance Misuse in Psychosis: Approaches to treatment and service delivery*. Chichester: John Wiley & Sons Ltd. *This edited book was awarded a prize in 2003, it was* ***"Highly Commended" in the Mental Health category of the 2003 British Medical Association Medical Book Competition.***

Graham, H.L., Copello, A., Birchwood, M.J., Mueser, K., Orford, J., McGovern, D. Atkinson, E., Maslin, J., Preece, M., Tobin, D. & Georgiou, G. (2004). *Cognitive-Behavioural Integrated Treatment (C-BIT): A treatment manual for substance misuse in people with severe mental health problems.* Chichester: John Wiley & Sons Ltd.

Copello, A., Walsh, K., Graham, H., Tobin, D., Fellows, S., Griffith, E., Birchwood, M. (2012). The impact of training within a comprehensive dual diagnosis strategy: the Combined Psychosis and Substance Use (COMPASS) experience. *Mental Health and Substance Use, 5*(3), 206-216.

Graham, H.L. (2010). Severe mental health and substance use: Developing Integrated Services- UK perspective. In David B. Cooper (Ed.) *Providing & Developing Services In Mental Heath-Substance Use*. Radcliffe Publishing Ltd: Oxon

Clutterbuck, R., Tobin, D., Orford, J., Copello, A., Preece, M., Birchwood, M., Day, E., Graham, H., Griffith, E. & McGovern, D. (2008). Exploring the attitudes of staff working within mental health settings toward clients who use cannabis. *Drug Education and prevention & policy, 16 (4),* 311-327.

Graham, H.L., Tobin, D. & Godfrey, E. (2007). A consultation-liaison service model offering a brief integrated motivational enhancement intervention. In. A. Baker & R. Velleman (Eds.). *Clinical Handbook of Co-existing Mental Health and Drug and Alcohol Problems*. London: Routledge.

Graham, H. L., Copello, A., Birchwood, M., Orford, J., McGovern, D., Mueser K. T., Clutterbuck , R., Godfrey, E ., Maslin, J., Day, E.& Tobin, D. (2006). A Preliminary Evaluation of Integrated Treatment for Co-existing Substance Use & Severe Mental Health Problems: Impact on Teams & Service Users. *Journal of Mental Health, 15,* 577-591.

Graham, H.L. (2004). Implementing integrated treatment for co-existing substance use and severe mental health problems in assertive outreach teams: training issues. *Drug and Alcohol Review, 23,*463-470.

Graham, H.L., Copello, A., Birchwood, M., Orford, J., McGovern, D. Georgiou, G & Godfrey, E. (2003). Co-existing Severe Mental Health and Substance Use Problems: Developing Integrated Services in the U.K. *Psychiatric Bulletin, 27,*183-186.

Graham, H.L. & Maslin, J. (2002). Problematic cannabis use amongst those with severe mental health problems in an inner city area of the UK. *Addictive Behaviors, 27,* 261-273.

© University of Birmingham 2015