

## Professor Saumitra (Shoumitro) Deb

Consultant Psychiatrist & Honorary Clinical Professor of Neuropsychiatry

[School of Psychology \(/schools/psychology/index.aspx\)](/schools/psychology/index.aspx)

### Contact details

**Telephone** [+44 \(0\)121 417 7130 \(tel:+44 121 417 7130\)](tel:+441214177130)

**Email** [s.deb@bham.ac.uk \(mailto:s.deb@bham.ac.uk\)](mailto:s.deb@bham.ac.uk)

School of Psychology  
University of Birmingham  
Edgbaston  
Birmingham  
B15 2TT  
UK

### Qualifications

MBBS, FRCPsych, MD

### Research

Professor Shoumitro Deb is a Consultant Neuropsychiatrist for adults with Intellectual Disabilities (ID) and traumatic brain injury (TBI). He has qualified from India and subsequently trained in Medicine and Psychiatry in University of Wales, UCL and Imperial College, London, UK. His clinical and research interests include epilepsy, mental health and psychopharmacology among adults with ID, Down's syndrome and dementia, neuropsychiatric consequences of TBI, advanced neuroimaging (VBM, DTI, MRS) and functional MRI in relation to apathy syndrome seen in patients with stroke and TBI. He has also started research on neuroimaging and care pathway for adults with autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD). He is also involved in health services research.

The other achievements of Professor Shoumitro Deb include:

- Joint research lead of Learning Disability (LD) Faculty at the Royal College of Psychiatrists (RCPsych), UK
- Led the evidence-based practice group at LD Faculty, RCPsych, UK
- Produced the RCPsych publication on the management of imminent violence in LD
- Developed national and international guides on the use of psychotropic medication in the management of problem (challenging) behaviour among adults with LD (English, Spanish, Italian)
- Developed national UK service guide for people with LD at transition age who have mental health problems and manifest problem behaviour
- Developed first European guide on the assessment and diagnosis of mental disorders in LD (English, Spanish, Italian)
- Developed first ever patient and carer determined outcome measure for adults with TBI
- Developed first ever freely downloadable from the web accessible psychotropic medication information leaflets for adults with LD and their carers (including audio versions)
- Member of National Institute for Health and Clinical Excellence (NICE) guideline development group (GDG) for Epilepsy guide and also advisor for self harm guide and National Service Framework (NSF) for chronic neurological disorders
- Developed first ever carer determined dementia screening scale for adults with ID (English, French, Chinese)

In addition Professor Shoumitro Deb:

- has over 150 publications
- made over 150 national and international conference presentations (including chairing sessions and giving key note speeches)
- received over £2 million research grant
- led a research/ teaching team of over 14 staff
- led Psychiatry (University of Cardiff) and Epilepsy (University of Birmingham) MSc courses and modules in Neuropsychiatry (University of Birmingham) MSc and LD distance learning MSc (international)
- served in over 40 national and international committees
- is Co-Chair of the World Psychiatric Association (WPA) Section for Intellectual Disability (ID) (SPID)
- is the Training Programme Director (TPD) for the training scheme for psychiatry of LD at the West Midlands Deanery
- is a working group (WG) member of the World Health Organisation (WHO) International Classification of Diseases (ICD) revision for version 10
- was involved in developing first ever evidence based NHS commissioning guide in ID in Wales (Wales Health Evidence Bulletin)
- is an executive committee member for LD Faculty and also Neuropsychiatry Section at RCPsych, UK
- led curriculum development
- is a member of the Policy Committee, Education and Training Standard Committee (ETSC), RCPsych, UK
- MRCPsych / CASC part 2 examiner for over 12 years

### Other activities

[www.ld-medication.bham.ac.uk \(http://www.ld-medication.bham.ac.uk\)](http://www.ld-medication.bham.ac.uk)

[www.ldtransitionguide.bham.ac.uk \(http://www.ldtransitionguide.bham.ac.uk\)](http://www.ldtransitionguide.bham.ac.uk)

## Publications

1. **Deb S.**, Cowie V. & Richens A. (1985) Calcium homeostasis in mentally handicapped epileptics. *Journal of Mental Deficiency Research*, 29, 403-410.
2. **Deb S.**, Cowie V. & Richens A. (1987) Folate metabolism and problem behaviour in mentally handicapped epileptics. *Journal of Mental Deficiency Research*, 31, 163-168.
3. **Deb S.** & Cowie V. (1987) A case of Mosaicism with Fragile X and XYY components. *British Journal of Psychiatry*, 150, 700-702.
4. Collacott R.A. & **Deb S.** (1989) Autopsy, mental handicap and epilepsy. *British Journal of Psychiatry*, 153, 825-827.
5. **Deb S.** & Hunter D. (1990) Comparison of maladaptive behaviour between mentally handicapped adults with and without epilepsy. Chapter 38, In "Treatment of mental illness and behaviour disorders in the mentally retarded. (Eds., A. Dosen, A.V. Genep. G.J. Zwanikken), Amsterdam.
6. **Deb S.** & Hunter D. (1991) Psychopathology of people with mental handicap and epilepsy. I: Maladaptive behaviour. *British Journal of Psychiatry*, 159, 822-826.
7. **Deb S.** & Hunter D. (1991) Psychopathology of people with mental handicap and epilepsy. II. Psychiatric illness. *British Journal of Psychiatry*, 159, 826-830.
8. **Deb S.** & Hunter D. (1991) Psychopathology of people with mental handicap and epilepsy. III. Personality disorder. *British Journal of Psychiatry*, 159, 830-834.
9. **Deb S.**, de Silva P.N., Gemmell H.G. Besson J.A., Smith F.W. & Ebmeier K.P. (1991) Cerebral blood flow in adults with Down's syndrome. *Psychiatric Bulletin*, 4, 34 (abstract).
10. **Deb S.**, Bramble D., Drybala G., Boyle A. & Bruce J. (1991) Polydipsia among hospitalised mentally handicapped population. *Psychiatric Bulletin*, 4, 95 (abstract).
11. de Silva P., **Deb S.**, Drummond R. & Rankin R. (1992) A fatal case of ischaemic colitis following long-term use of neuroleptic medication. *Journal of Mental Deficiency Research*, 36, 371-375.
12. **Deb S.**, de Silva P., Gemmell H.G. Besson J.A., Smith F.W. & Ebmeier K.P. (1992) Alzheimer's Disease in adults with Down's syndrome: the relationship between regional cerebral blood flow deficits and dementia. *Acta Psychiatrica Scandinavica*, 86, 340-345.
13. **Deb S.** & Hunter D. (1992) Effect of anticonvulsant medication on the psychopathology of adults with a mental handicap and epilepsy. *Journal of Human Psychopharmacology*, 7, 129-134.
14. **Deb S.** (1993) IASSMD 9th World Congress, Broadbeach, Queensland, Australia, August 1992. *Journal of Intellectual Disability Research*, 37, 487-489 (editorial).
15. **Deb S.** (1993) Learning disabilities. In, "Health and Social Gain for Older People". Welsh Planning Forum. Pp. 57-59.
16. **Deb S.** (1994) Effect of folate metabolism on the psychopathology of adults with mental retardation and epilepsy. *American Journal of Mental Retardation*, 98, 6, 717-723.
17. **Deb S.**, Bramble D., Drybala G., Boyle A. & Bruce J. (1994) Polydipsia amongst adults with a learning disability in an institution. *Journal of Intellectual Disability Research*, 38, 359-367.
18. Janicki M.P. & **Deb S.** (1994) Ageing: our continuing challenge. *Journal of Intellectual Disability Research*, 38, 229-232 (editorial).
19. **Deb S.** (1994) Neuropsychiatry. In, 'Commentaries on Health Services' (ed. G. Crompton) NHS Wales. Pp. 58-59.
20. **Deb S.** (1994) Services for people with epilepsy and learning disability inWales. In 'Welsh Medical Committee Working Party's report on Epilepsy' (ed. A. Richens) Welsh Office. Pp.37-39.
21. **Deb S.** & Fraser W.I. (1994) The use of psychotropic medication in people with learning disability: towards rational prescribing. *Human Psychopharmacology*, 9, 259-272 (invited review).
22. **Deb S.**, de Silva P.N., Gemmell H.G., Besson J.A.O., Smith F.W., Ebmeier K.P. (1994) Alzheimer's disease in adults with Down's syndrome: the relationship between regional cerebral blood flow equivalents and dementia. *Neurobiology of Aging*, 15, 1, 97 (abstract).
23. **Deb S.** & Prasad K.B.G. (1994) The prevalence of DSM3-R autistic disorder among children with a learning disability in the north-east of Scotland. *British Journal of Psychiatry*, 165, 395-399.
24. Ellis H.D., Ellis D.M., Fraser W.I. & **Deb S.** (1994) A preliminary study of right hemisphere cognitive deficits and impaired social judgements among people with Asperger syndrome. *European Journal of Child & Adolescent Psychiatry*, 3, 4, 255-266.
25. **Deb S.** (1995) Electrophysiological correlates of psychopathology in individuals with mental retardation and epilepsy. *Journal of Intellectual Disability Research*, 39, 2, 129-135.
26. **Deb S.** (1995) The pattern of psychiatric admissions to a hospital for people with a learning disability in the Grampian region between 1989 and 1991. *Health Bulletin*, 53, 3, 148-152.
27. **Deb S.** & Janicki M.P. (1995) International colloquium on mental retardation and Alzheimer's disease. *Journal of Intellectual Disability Research*, 39, 2, 149-150.
28. **Deb S.** (1995) Further understanding of memory loss. *Hospital Update*, 21, 7, 336-337.
29. **Deb S.** (1995) Neuroimaging in mental retardation. *Current Opinion in Psychiatry*, 8, 280-285 (review).
30. **Deb S.** & Fraser W.I. (1995) Neuropsychiatry and Mental Handicap inWales. Commentaries on Health Services (ed. G. Crompton). South Glamorgan Health Authority.
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32. **Deb S.** (1996) A fatal case of polydipsia in a male with intellectual disability. *Journal of Intellectual and Developmental Disability*, 21, 3, 237-242.
33. LyonsI., Koutzoukis C. & **Deb S.** (1996) Psychiatric illness one year following head injury. *European Psychiatry*, 11, 4, 262 (abstract).
34. **Deb S.**, LyonsI., Koutzoukis C. (1996) Neuropsychiatric outcome one year following head injury: a population based survey. Welsh Office Report.
35. **Deb S.**, LyonsI., Koutzoukis C. (1996) A report to the Welsh Office on the findings of outcome of Patients one year following head injury. Welsh Office Report.
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37. **Deb S.** (1997) Behavioural phenotypes. In 'Psychiatry in learning disability' (Ed. S. G. Read). W.B.Saunders, London. Pp. 93-116 (book chapter).
38. **Deb S.** (1997) Review on 'Behavioural Phenotypes' (Ed. W. Yule & G. O'Brien). *Journal of Intellectual Disability Research*, 41, 2, 197-198 (book review).
39. **Deb S.**, Prasad K.B.G., Seth H. & Eagles J.M. (1997) A comparison of obstetric and neonatal complications between children with autistic disorder and their siblings. *Journal of Intellectual Disability Research*, 41, 1, 81-86.
40. **Deb S.** (1997) Mental disorder in adults with mental retardation and epilepsy. *Comprehensive Psychiatry*, 38, 3, 179-184.
41. Joyce J. & **Deb S.** (1997) Hemiballismus and normal pressure hydrocephalus as long term sequelae following a hemispherectomy for intractable epilepsy. *Behavioural Neurology*, 10, 43-46.
42. **Deb S.** (1997) Structural neuroimaging in mental retardation. *British Journal of Psychiatry*, 171, 417-419 (review).
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73. Hamilton-Kirkwood L., Ahmed Z., Allen D., **Deb S.**, Fraser W., Lindsay W., McKenzie K., Penny E. & Scotland J. (Eds.) (2001) Health Evidence Bulletins Wales: Learning Disabilities (Intellectual Disability) (book). NHS Wales. <http://hebw.uwcm.ac.uk> (<http://hebw.uwcm.ac.uk/>)
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78. **Deb S.**, Thomas M. & Bright C. (2001) Mental disorder in adults with intellectual disability. 1: Prevalence of functional psychiatric illness among a community-based population aged between 16 - 64 years. *Journal of Intellectual Disability Research*, 45, 6, 495-505.
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81. **Deb S.** (2003) Psychotropic medication for behaviour disorders associated with learning disabilities. *PSYCHIATRY*, 2, 9, 66-68 (book chapter).
82. **Deb S.** (2003) Commentary on 'Almost half of people suffering traumatic brain injury may later be diagnosed with axis I disorders' (Koponen et al in American Journal of Psychiatry). *Evidence-based Mental Health*, 6, 59 (invited commentary).
83. **Deb S.** (2003) Dementia in people who have an intellectual disability. *Reviews in Clinical Gerontology*, 13, 137-144 (invited review).
84. **Deb S.** & Crownshaw T. (2004) The role of pharmacotherapy in the management of behaviour disorders in traumatic brain injury patients. *Brain Injury*, 18, 1, 1-31.

85. **Deb S.,** Holt G. & Bouras N. (2004) Practice guidelines for the assessment and diagnosis of mental health problems of adults with intellectual disability, *NADD Bulletin*, 7, 1, 15-16 (review).
86. **Deb S.** (2004) The use of psychotropic medication in adults who have intellectual Disabilities, [www.intellectualdisability.info](http://www.intellectualdisability.info) (<http://www.intellectualdisability.info/>)(book chapter).
87. Lenôtre L. & **Deb S.** (2004) A systematic review of the evidence on the use of drugs for the management of behaviour disorders in adults who have an intellectual disability and autism. *Journal of Intellectual Disability Research*, 48, 487 (Abstract).
88. Smith F. & **Deb S.** (2004) Carer's perception of health and social care delivery for people with intellectual disability and epilepsy: a qualitative study. *Journal of Intellectual Disability Research*, 48, 487 (Abstract).
89. **Deb S.,** Soni R. & LeMesurier N. (2004) Guideline development in intellectual disability. *Journal of Intellectual Disability Research*, 48, 514 (Abstract).
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93. Hare M., Prior L. & **Deb S.** (2004) A carer-determined questionnaire for screening dementia among people who have Down's syndrome: the qualitative stage. *Journal of Intellectual Disability Research*, 48, 437 (Abstract).
94. Smith F., **Deb S.** & Hare M. (2004) A carer-determined questionnaire for screening dementia among people who have Down's syndrome: the quantitative stage. *Journal of Intellectual Disability Research*, 48, 437 (Abstract).
95. **Deb S.** & Iyer A. (2005) Clinical interviews. In, 'Mood disorders in people with mental retardation' (Ed., P. Sturmey), Pp 159-173, *NADD Press, NY, USA* (book chapter).
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