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Dr Samantha Rogers PhD

Lecturer in Psychology

School of Psychology (/schools/psychology/index.aspx)

Contact details

Telephone +44 (0)121 414 4935 (tel:+44 121 414 4935)

Email s.l.rogers@bham.ac.uk (mailto:s.l.rogers@bham.ac.uk)

School of Psychology
University of Birmingham
Edgbaston
Birmingham
B15 2TT
UK

About

Dr Samantha Rogers is a Lecturer in the School of Psychology. She is primarily interested in parenting interactions and the development of infants and children.

Qualifications

- PhD in Psychology
- MRes Psychology
- BSc (Hons) Human Psychology with Professional Training

Biography

Dr Samantha Rogers obtained her undergraduate degree in Human Psychology from Aston University in 2007. As part of this degree she completed a year as an Honorary Psychology Assistant for the Eating Disorders Service, of the Birmingham and Solihull Mental Health Foundation NHS Trust. Upon graduating, Samantha worked as a Primary Care Graduate Mental Health Worker and then returned to University in 2008 to begin a 1+3 studentship at the University of Birmingham (funded by the Economic and Social Research Council, ESRC).

The research Samantha undertook for her PhD is underpinned by Applied Developmental and Biological theory; she set-up a very successful collaboration between the School of Psychology and the Institute of Biomedical Research. Samantha works closely with academics from Psychology and Medical backgrounds and health professionals within the NHS. Her novel longitudinal study investigated the effects of breastfeeding, maternal sensitivity and cortisol metabolism on infant weight gain throughout the first year of life; it is the first study to have generated normative data on infant steroid ratios. Samantha's research has also highlighted the role of positive maternal interactions in the development of infant cortisol metabolism.

Teaching

Modules: Psychology Health and Wellbeing (Level 1), Development of Attachment Behaviour (Level 2) and Personality and Intelligence at Work (Level 2)

Other activities

Samantha has worked on three Randomised Controlled Trials for Birmingham City Council, which evaluated the effectiveness of parenting interventions.
Samantha volunteered for Beat for 6-years by co-facilitating a monthly carer's support group and was trained in delivering the 'Empowering Families' workshops pioneered by the Maudsley hospital in London. Samantha also sat on the committee for the Psychology Postgraduate Affairs Group (PsyPAG) as the West Midlands Branch Representative and represented psychology postgraduates within the BPS.

Publications

Rogers, S., Hughes, B., Jones, C.A., Freedman, L., Smart, K., Stewart, P.M., Shackleton, C.H.L., Krone, N.P., Blissett, J., & Tomlinson, J. (In Press). Reduced 11β-hydroxysteroid dehydrogenase type 2 activity is associated with decreased weight and weight gain across the first year of life. *Journal of Clinical Endocrinology and Metabolism* (impact factor 6.43).

Blissett, J., Bennett, C., Donahoe, J., **Rogers, S**., & Higgs, S. (2012). Predicting successful introduction of novel fruit to preschool children. *Journal of the Academy of Nutrition and Dietetics, 112,* 1959-1967.

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