

Dr Theresa Powell

Programme Director, Doctorate in Clinical Psychology

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Qualifications

BSc, MSc, PhD, C.Psychol, AFBPsS

Biography

I obtained my first degree in psychology from Aston University and subsequently worked there as a Research Officer in the Clinical Neurophysiology Unit. I carried out clinical work and research in the areas of epilepsy and sleep and I also obtained my PhD (Ambulatory EEG monitoring in the diagnosis and treatment of epilepsy and related disorders). I then trained to become a Clinical Psychologist and afterwards worked mainly in the area of acquired brain injury rehabilitation at Moor Green which is part of the West Midlands Rehabilitation Service (WMRS). In 2000 I moved to the University of Birmingham and joined the Doctorate in Clinical Psychology (ClinPsyD) course team for 4 days a week but I retain a clinical day in WMRS. In 2013 I became Programme Director of the ClinPsyD. My research interests include many aspects of neuropsychological rehabilitation including: route learning, development of insight and awareness, adjustment and coping after brain injury, health beliefs associated with acquired brain injury and motivation for rehabilitation.

Research

My research interests include many aspects of neuropsychological rehabilitation including: the use of virtual reality in route learning, development of insight and awareness, adjustment and coping after brain injury, health beliefs associated with acquired brain injury and motivation for rehabilitation.

Publications

Brennan A, Riley, G., Powell, T.(2004). Threat Appraisal and avoidance after TBI: Why and how often are activities avoided? *Brain Injury*, 18, 871-888

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