

## Dr Theresa Powell

Programme Director, Doctorate in Clinical Psychology

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### Qualifications

BSc, MSc, PhD, C.Psychol, AFBPsS

### Biography

I obtained my first degree in psychology from Aston University and subsequently worked there as a Research Officer in the Clinical Neurophysiology Unit. I carried out clinical work and research in the areas of epilepsy and sleep and I also obtained my PhD (Ambulatory EEG monitoring in the diagnosis and treatment of epilepsy and related disorders). I then trained to become a Clinical Psychologist and afterwards worked mainly in the area of acquired brain injury rehabilitation at Moor Green which is part of the West Midlands Rehabilitation Service (WMRS). In 2000 I moved to the University of Birmingham and joined the Doctorate in Clinical Psychology (ClinPsyD) course team for 4 days a week but I retain a clinical day in WMRS. In 2013 I became Programme Director of the ClinPsyD. My research interests include many aspects of neuropsychological rehabilitation including: route learning, development of insight and awareness, adjustment and coping after brain injury, health beliefs associated with acquired brain injury and motivation for rehabilitation.

### Research

My research interests include many aspects of neuropsychological rehabilitation including: the use of virtual reality in route learning, development of insight and awareness, adjustment and coping after brain injury, health beliefs associated with acquired brain injury and motivation for rehabilitation.

### Publications

Brennan A, Riley, G., Powell, T.(2004). Threat Appraisal and avoidance after TBI: Why and how often are activities avoided? *Brain Injury*, 18, 871-888

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O'Callaghan, C., Powell, T., Oyeboode, J.(2006) An Exploration of the Experience of Gaining Awareness of Deficit in People who Have Suffered A Traumatic Brain Injury.*Neuropsychological Rehabilitation*, 16, 5, 579-593

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Haselden, K., Powell, T., Drinnan, M., & Carding, P. (2009). Comparing health locus of control in patients with Spasmodic Dysphonia, Functional Dysphonia and Nonlaryngeal Dystonia. *J.Voice*, 23, 699-706.

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Riley, G., Dennis, R.K., & Powell, T. (2010). Evaluation of coping resources and self-esteem as moderators of the relationship between threat appraisals and avoidance of activities after traumatic brain injury.*Neuropsychological Rehabilitation* 20 (6), 869–882.

Baldwin, V., Powell, T. And Lorenc L. (2011). Factors influencing the uptake of memory compensations.*Neuropsychological Rehabilitation*, 21 (4), 484-501

