

## Professor John Rose

Director Foren Clin PsyD & Academic Director ClinPsyD  
Consultant Clinical Psychologist, St Andrews Heath Care

**[School of Psychology \(/schools/psychology/index.aspx\)](/schools/psychology/index.aspx)**

### Contact details

**Telephone +44 (0)121 41 42640 (tel:+44 121 41 42640)**

**Email [j.l.rose@bham.ac.uk](mailto:j.l.rose@bham.ac.uk) (mailto:j.l.rose@bham.ac.uk)**

School of Psychology  
University of Birmingham  
Edgbaston  
Birmingham  
B15 2TT  
UK



### About

John Rose is a clinical psychologist with a particular interest in working with people who have Intellectual Disabilities and works on the Clin Psy D course at the University. He is also Director of the new Forensic Clinical Doctorate that had its first intake in September 2013.

He also works for St Andrews Health Care and has a strong emphasis on integrating research and teaching with practice in his professional life.

### Qualifications

PhD. Stress Amongst Staff Working with People who have a Learning Disability; MSc. (Occupational Psychology); Master of Clinical Psychology; MSc. (Experimental Psychology); BSc. (2:1 Hons) Biological Sciences.

### Biography

John Rose is Academic Director of the Clinical Psychology Training Course at The University of Birmingham and Director of the new Forensic Clinical Doctorate and works for St Andrews Health Care. Until June 2014 he was also Divisional Psychologist in the Learning Disability Service in the Black Country Partnership NHS Trust.

Prior to this he worked on the Cardiff Clinical Psychology Training Course and as a Clinical Psychologist in a number of different clinical services including Birmingham, Gwent, Cardiff, Oxford and Sandwell.

He has written over 130 articles in academic and professional journals on issues related to cognitive therapy, service design, offenders with intellectual disabilities and staff and organisational issues in intellectual disability services.

He continues to apply his academic interests in practice. With colleagues he has recently completed a major trial of anger management for people with intellectual disabilities where direct care staff are being supported to deliver therapy directly.

He has also (with Biza Kroese) completed a research project funded by The Judith Trust investigating the training needs of staff who work with people who have intellectual disabilities and mental health issues.

He is currently working on projects (with Michael Larkin, Biza Kroese and others) relating to the use of services by people with intellectual from Black and Minority ethnic groups and on resilience of clinical psychology trainees (with Jan Oyebo and others).

### Teaching

John Rose is Academic Director on the Clin Psy D course and his role involves having a broad overview of the teaching on the course and reviewing course content. He also contributes to the teaching on the course and helps to organise teaching relating to people with intellectual disabilities.

He also supports students from the MRes course and will supervise undergraduate projects. He is also Director of the Forensic Clinical Doctorate, a new and innovative course that allows trainees to qualify as both Forensic and Clinical Psychologists after completing a four year full time programme. The course is being run in partnership with St Andrews Health Care and took its first intake of five trainees in 2013.

### Research

My research has focussed on my clinical work with people who have intellectual disabilities and themes have included the adaptation and development of psychological therapies, particularly Cognitive behavioural therapies. Working with and through staff to improve the quality of life for clients has also been a significant theme of my work.

Helping people develop appropriate day time opportunities, especially work has also been an important focus however, I am keen to develop areas of strong clinical relevance to my clinical work. More recently I have also been involved in projects exploring the experience of people with learning disabilities from minority communities.

### Publications

**[Google Scholar Citation page \(http://scholar.google.com/citations?user=VdrP5XwAAAAJ&hl=en\)](http://scholar.google.com/citations?user=VdrP5XwAAAAJ&hl=en)**

#### Recent publications

Felce, D., Cohen, D., Willner, P., Rose, J., Kroese, B., Rose, N., & Hood, K. (2014). Cognitive behavioural anger management intervention for people with intellectual disabilities: costs of intervention and impact on health and social care resource use. *Journal of Intellectual Disability Research*.

Heer, K., Larkin, M. And Rose, J. (2014) challenges of providing culturally competent care within a disability focused team: A phenomenological exploration of staff experiences. *Journal of Transcultural Nursing*.

Patel, M., & Rose, J. (2014). Students' attitudes towards individuals with an intellectual disability. *Journal of Intellectual Disabilities*, 18, 1, 90 – 103. 1744629513511355.

Rose, J., Galivan, A, Blake, J. And Wright, D. (2014) An evaluation of short training course in Positive Behavioural support. *International Journal of Developmental Disabilities*. 60,1, 35 – 42.

Rose, J. (2013) A preliminary investigation into the influence of therapist experience on the outcome of individual Anger Interventions for people with intellectual disabilities. *Behavioural and Cognitive Psychotherapy*.41, 4, 470-478.

Rose, J., Mills, S., Silva, D., Thompson, L. (2013) Testing a model to Understand the link between Client Characteristics, Organisational variables, Staff Cognitions and Burnout in Care Staff. *Research in Developmental Disabilities*, 34, 3, 940 -947.

Stenfert Kroese, B., Rose, J., Heer, K. and O'Brien, A. (2013) Mental health services for adults with intellectual disabilities – what do service users and staff think of them? *Journal of Applied Research in Intellectual Disabilities* 26, 1, 3 -13.

Willner, P., Rose, J., Jahoda, A., Stenfert Kroese, B., Felce, D. MacMahon, P., Stimpson, A., Rose, N. Gillespie, D., Shead, J. Lammie, C., Woodgate, C. Townson, J. Nuttall, J. Cohen, D., Hood, K (2013). Outcomes of a cluster-randomized controlled trial of a cognitive behavioural anger management intervention for people with intellectual disabilities. *British Journal of Psychiatry*.

Stenfert Kroese, B., Rose, J., Heer, K. and O'Brien, A. (2013) Gender issues for people with learning disabilities and mental health problems: asking what service users and staff think. *Advances in Mental health and Intellectual Disabilities*.7, 4, 181-190.

Stimpson, A., Stenfert Kroese, B., MacMahon, P., Rose, N., Townson, J., Felce, D., Hood, K., Jahoda, A., Rose, J. and Willner, P. (2013) The experiences of staff taking on the role of lay therapist in a group-based cognitive behavioural therapy anger management intervention for people with intellectual disabilities. *Journal of Applied Research in Intellectual Disabilities*, 26,1, 63 -70.

Heer, K., Larkin, M. And Rose, J. (2012) Understanding the experiences and needs of South Asian families caring for a child with learning disabilities in the UK: an experiential-contextual framework. *Disability and Society*. 27, 7, 949 – 963.

Rose, J., Willner, P., Shead, J., Jahoda, A., Gillespie, D., Townson, J., Lammie, C., Woodgate, C., Stenfert Kroese, B., Felce, D., MacMahon, P., Rose, N., Stimpson, A., Nuttall, J. and Hood, K. (2013) different factors influence self-reports and third-party reports of anger by adults with intellectual disabilities *Journal of Applied Research in Intellectual Disabilities* 26(5):410-9. DOI:10.1111/jar.12037

Sandhu, D., Rose, J., Rostill-Brookes, H. And Thrift, Su (2012) It's intense to an extent:A qualitative study of the emotional challenges faced by staff working on a treatment programme for Intellectually disabled sex offenders. *Journal of Applied Research in Intellectual Disabilities*. 25, 308 – 318. 25(4):308-18. DOI:10.1111/j.1468-3148.2011.00667.x

Heer, K., Larkin, M., Rose, J. And Burchess, I. (2012) The cultural context of care-giving: qualitative accounts from South Asian parents who care for a child with intellectual disabilities in the UK, *Advances in Mental Health and Intellectual Disabilities* 6:4, 179 – 191.

Rose, N., Kent, S. and Rose, J. (2012) Health professionals attitudes and emotions towards working with adults with intellectual disabilities and mental ill health. *Journal of Intellectual Disability Research*. 56, 854 – 864.

