

## Commissioning for mental wellbeing seminar

Posted on Monday 10th February 2014

[\(/Documents/college-social-sciences/social-policy/HSMC/news-events/2014/Commissioning-for-Mental-Wellbeing.pdf\)](#) HSMC are hosting a seminar entitled 'Commissioning for Mental Wellbeing' on Wednesday 19 March 2014 from 4.00 - 6.00 pm.

Mental health and wellbeing have been poorly understood as public health issues and can be abstract concepts. This free seminar explores the current policy emphasis on prevention and improving the mental health of the whole population with input from Gregor Henderson, Director of Wellbeing and Mental Health for Public Health, England. Drawing on work undertaken by Professor Chris Heginbotham and [Dr Karen Newbigging \(/staff/profiles/social-policy/newbigging-karen.aspx\)](#), the seminar provides an opportunity for commissioners and their partners to identify what they can do to translate current aspirations of public mental health into tangible commissioning strategies.

The seminar will be followed by a book launch of the new title from Sage by Professor Heginbotham and [Dr Newbigging \(/staff/profiles/social-policy/newbigging-karen.aspx\)](#) entitled '[Commissioning for Health and Wellbeing](#)' (<http://www.uk.sagepub.com/books/Book238846?subject=W00&sortBy=defaultPubDate%20desc&fs=1>).

To book a place at the FREE launch event, please contact Bal Loyal, [b.k.loyal@bham.ac.uk](mailto:b.k.loyal@bham.ac.uk) (<mailto:b.k.loyal@bham.ac.uk>).

### Event flyer (PDF)

[\(/Documents/college-social-sciences/social-policy/HSMC/news-events/2014/Commissioning-for-Mental-Wellbeing.pdf\)](#)

The flyer features the University of Birmingham logo and the Health Services Management Centre (HSMC) name. It details the seminar on 19 March 2014 at 4-6pm in the Courtyard Room, HSMC. It describes the seminar's focus on mental health and wellbeing, listing speakers Gregor Henderson and Dr Karen Newbigging. It also mentions a book launch by Professor Heginbotham and Dr Newbigging. Contact information for Bal Loyal is provided. A list of professional programme topics is shown on the left, and a photograph of a building is on the right.

**UNIVERSITY OF BIRMINGHAM** Health Services Management Centre

**Commissioning for Mental Wellbeing Free Seminar**  
19 March 2014, 4-6pm, Courtyard Room, HSMC

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To book a place at the free launch event, please contact Bal Loyal email: [b.k.loyal@bham.ac.uk](mailto:b.k.loyal@bham.ac.uk)

**Professional programme**

- 4.00 Seminar coffee
- 4.10 Henderson and Henderson, Public Health, HSMC and Public Health England
- 4.30 Gregor Henderson, Director of Wellbeing and Mental Health for Public Health England
- 4.45 Dr Karen Newbigging, HSMC, HSMC and Public Health England
- 5.00 Panel discussion
- 5.30 Book launch and drinks reception