

## Commissioning for mental wellbeing seminar

Posted on Monday 10th February 2014

[\(/Documents/college-social-sciences/social-policy/HSMC/news-events/2014/Commissioning-for-Mental-Wellbeing.pdf\)](#) HSMC are hosting a seminar entitled 'Commissioning for Mental Wellbeing' on Wednesday 19 March 2014 from 4.00 - 6.00 pm.

Mental health and wellbeing have been poorly understood as public health issues and can be abstract concepts. This free seminar explores the current policy emphasis on prevention and improving the mental health of the whole population with input from Gregor Henderson, Director of Wellbeing and Mental Health for Public Health, England. Drawing on work undertaken by Professor Chris Heginbotham and [Dr Karen Newbigging \(/staff/profiles/social-policy/newbigging-karen.aspx\)](#), the seminar provides an opportunity for commissioners and their partners to identify what they can do to translate current aspirations of public mental health into tangible commissioning strategies.

The seminar will be followed by a book launch of the new title from Sage by Professor Heginbotham and [Dr Newbigging \(/staff/profiles/social-policy/newbigging-karen.aspx\)](#) entitled '[Commissioning for Health and Wellbeing](#)' (<http://www.uk.sagepub.com/books/Book238846?subject=W00&sortBy=defaultPubDate%20desc&fs=1>).

To book a place at the FREE launch event, please contact Bal Loyal, [b.k.loyal@bham.ac.uk](mailto:b.k.loyal@bham.ac.uk) (<mailto:b.k.loyal@bham.ac.uk>).

### Event flyer (PDF)

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#### Commissioning for Mental Wellbeing Free Seminar

19 March 2014, 4-6pm, Courtyard Room, HSMC

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