

## Undergraduate courses

If you are interested in learning about physical activity for health and wellbeing, sport for performance or participation, or movement rehabilitation, our **multi-disciplinary** ([/schools/sport-exercise/courses/undergraduate/your-choice.aspx](https://schools/sport-exercise/courses/undergraduate/your-choice.aspx)) undergraduate degree programmes offer you unrivalled opportunities.

We have two main undergraduate programmes with different emphases within the broad field of sport, exercise, health and rehabilitation. We also offer Physiotherapy as well as collaborative degrees with the Professional Golfers' Association and joint honours degrees with other schools in the university.

### Sport and Exercise Sciences

([/undergraduate/courses/sport-exercise-sciences.aspx](https://undergraduate/courses/sport-exercise-sciences.aspx))



([/undergraduate/courses/sport-exercise-sciences.aspx](https://undergraduate/courses/sport-exercise-sciences.aspx))

If you are interested in studying sport, exercise and physical activity on a science based programme, then this programme will suit you

**See the course details**

([/undergraduate/courses/sport-exercise-sciences.aspx](https://undergraduate/courses/sport-exercise-sciences.aspx))

### Sport, Physical Exercise and Coaching Science

([/undergraduate/courses/sport-pe-coaching.aspx](https://undergraduate/courses/sport-pe-coaching.aspx))



([/undergraduate/courses/sport-pe-coaching.aspx](https://undergraduate/courses/sport-pe-coaching.aspx))

Offering you the opportunity to examine the theory and practice of physical education, sport and coaching science

**See the course details**

([/undergraduate/courses/sport-pe-coaching.aspx](https://undergraduate/courses/sport-pe-coaching.aspx))

([/schools/sport-exercise/teaching/index.aspx](https://schools/sport-exercise/teaching/index.aspx)) ([/schools/sport-exercise/courses/undergraduate/your-choice.aspx](https://schools/sport-exercise/courses/undergraduate/your-choice.aspx)) ([/schools/sport-exercise/courses/undergraduate/careers.aspx](https://schools/sport-exercise/courses/undergraduate/careers.aspx))

([/schools/sport-exercise/courses/undergraduate/international-year.aspx](https://schools/sport-exercise/courses/undergraduate/international-year.aspx)) ([/schools/sport-exercise/courses/undergraduate/undergraduate-internships.aspx](https://schools/sport-exercise/courses/undergraduate/undergraduate-internships.aspx)) ([/schools/sport-exercise/courses/undergraduate/awards.aspx](https://schools/sport-exercise/courses/undergraduate/awards.aspx))

### Joint Honours Degrees (BSc)

#### Mathematics and Sports Science Joint Honours BSc

([/undergraduate/courses/maths/maths-sport-joint.aspx](https://undergraduate/courses/maths/maths-sport-joint.aspx))

Birmingham is one of the few universities in the country to offer this Joint Honours combination, allowing you to pursue your interest in mathematics with the study of the psychological and physiological factors influencing performance in sport and exercise.

**More information on the Mathematics and Sports Science Joint Honours BSc here** ([/undergraduate/courses/maths/maths-sport-joint.aspx](https://undergraduate/courses/maths/maths-sport-joint.aspx))

#### Sports and Materials Science Joint Honours BSc

([/undergraduate/courses/metallurgy-materials/sports-materials-science.aspx](https://undergraduate/courses/metallurgy-materials/sports-materials-science.aspx))

### Physiotherapy

([/undergraduate/courses/sportex/physiotherapy.aspx](https://undergraduate/courses/sportex/physiotherapy.aspx))



([/undergraduate/courses/sportex/physiotherapy.aspx](https://undergraduate/courses/sportex/physiotherapy.aspx))

Physiotherapy at Birmingham is a popular modular programme that offers both classroom and clinical-based experience

**Physiotherapy course details**

([/undergraduate/courses/sportex/physiotherapy.aspx](https://undergraduate/courses/sportex/physiotherapy.aspx))

### Applied Golf Management Studies

([/schools/sport-exercise/courses/undergraduate/golf-studies.aspx](https://schools/sport-exercise/courses/undergraduate/golf-studies.aspx))



([/schools/sport-exercise/courses/undergraduate/golf-studies.aspx](https://schools/sport-exercise/courses/undergraduate/golf-studies.aspx))

Combining a high-level applied theoretical degree with membership of the Professional Golfers' Association

**Details of our Golf programmes**

([/schools/sport-exercise/courses/undergraduate/golf-studies.aspx](https://schools/sport-exercise/courses/undergraduate/golf-studies.aspx))

Teaching & Learning

Module Descriptions

Outstanding Graduate Projects

Year Abroad

Internship Opportunities

Scholarships & Bursaries

This Joint Honours programme gives you an understanding of design and materials in sports equipment in relation to the athlete's behaviour during sport and exercise that is essential to peak performance.

**More information on the Sports and Materials Science Joint Honours BSc here**

([/undergraduate/courses/metallurgy-materials/sports-materials-science.aspx](https://undergraduate/courses/metallurgy-materials/sports-materials-science.aspx))

For further information, or for help in completing your UCAS form, please contact the student recruitment team [admissions-sportex@bham.ac.uk](mailto:admissions-sportex@bham.ac.uk) (<mailto:admissions-sportex@bham.ac.uk>) or call 0121 414 4933.

### Foundation Programmes

For international students from 12-year education systems, all the above programmes are available with a **foundation year** ([/international/foundation-academy/pathways/bfa-medical-life-geosciences-pathway.aspx](https://international/foundation-academy/pathways/bfa-medical-life-geosciences-pathway.aspx)) through the Birmingham Foundation Academy.