

School featured on Channel 4's Embarrassing Fat Bodies

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The School of Sport and Exercise Sciences featured on Embarrassing Bodies on Monday 14 Jan 2013, when Dr Christian piled on three stone with the help of a 'fat suit' and exercises in the School's Human Performance Laboratory. [Watch it on 4oD here \(http://www.channel4.com/programmes/embarrassing-fat-bodies/4od#3465292\)](http://www.channel4.com/programmes/embarrassing-fat-bodies/4od#3465292) - at 14 and 31 minutes