

## People in the School of Sport, Exercise and Rehabilitation Sciences

Academic and research staff.

### Head of School

**[Professor Kathleen Armour \(/schools/sport-exercise/staff/profile.aspx?Referenceld=36988&Name=professor-kathleen-armour\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=36988&Name=professor-kathleen-armour)**

Head of School

School of Sport, Exercise and Rehabilitation Sciences

Kathleen Armour is Head of School in the School of Sport, Exercise and Rehabilitation Sciences. Formerly, she was Head of the Department of Sport Pedagogy and prior to that she held a Chair in the School of Sport, Exercise and Health Sciences at Loughborough University. Her main research interest is career-long professional learning for teachers and coaches, and its impact on young people's ...



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### Academic staff

**[A B C D E F G H I J K L M N O P Q R S T U V W X Y Z \(/schools/sport-exercise/staff/profile.aspx?Referenceld=9671&Name=dr-george-balanos\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=9671&Name=dr-george-balanos)**

**[Dr George Balanos \(/schools/sport-exercise/staff/profile.aspx?Referenceld=9671&Name=dr-george-balanos\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=9671&Name=dr-george-balanos)**

Lecturer in Exercise Physiology

School of Sport, Exercise and Rehabilitation Sciences

George is a respiratory physiologist with an interest in pulmonary blood flow and sleep disordered breathing. He is an expert in blood gas manipulation and he uses ultrasonography for non-invasive measurement of physiological variables. George is a dedicated and popular lecturer having received the Excellence in Teaching Award three times.



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**[Mr Nick Bent \(/schools/sport-exercise/staff/profile.aspx?Referenceld=5015&Name=mr-nick-bent\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=5015&Name=mr-nick-bent)**

Lecturer in Physiotherapy, Year 1 Tutor

School of Sport, Exercise and Rehabilitation Sciences

Nick Bent is a Lecturer in Physiotherapy. He is Year 1 Tutor for the BSc Physiotherapy programme and Admissions Tutor for the MSc (pre-registration) Physiotherapy programme.

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**[Dr Andy Blannin \(/schools/sport-exercise/staff/profile.aspx?Referenceld=9672&Name=dr-andy-blannin\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=9672&Name=dr-andy-blannin)**

Lecturer

School of Sport, Exercise and Rehabilitation Sciences

Dr Andy Blannin is a lecturer in exercise metabolism and has enjoyed working in the school of Sport and Exercise Sciences since 1996. In that time he has published over 50 research articles and examined 23 PhDs.



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Lecturer in Sport Psychology & Education  
Chair of School Research Ethics Committee

School of Sport, Exercise and Rehabilitation Sciences

Ian's career in sport psychology was stimulated through lifelong sport participation. His sport activities have included experience as an athlete and as a coach in sports such as hockey and endurance running. It was experiences such as these that led to him initiating a career that incorporated sport within it. A particular interest in sport psychology that developed during ...



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Teaching Fellow in Sport Politics and Policy

School of Sport, Exercise and Rehabilitation Sciences

Paul is a Sociologist and Political Scientist of sport and leisure.

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**[Dr Leigh Breen \(/schools/sport-exercise/staff/profile.aspx?Referenceld=55733&Name=dr-leigh-breen\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=55733&Name=dr-leigh-breen)**

Lecturer in Exercise Physiology and Metabolism

School of Sport, Exercise and Rehabilitation Sciences

Dr Breen's expertise centres on understanding how nutrition and exercise modulate muscle metabolism in healthy (i.e. athletes) and vulnerable (i.e. elderly, obese) populations.

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**[Dr Matt Bridge \(/schools/sport-exercise/staff/profile.aspx?Referenceld=5083&Name=dr-matt-bridge\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=5083&Name=dr-matt-bridge)**

Senior Lecturer in Coaching & Sports Science

School of Sport, Exercise and Rehabilitation Sciences

Matt has been working at the University since 2001. He lectures in coaching and applied sport science on the School's BSc **Applied Golf Management Studies** (<http://www.birmingham.ac.uk/students/courses/undergraduate/edu/app-golf-mgt-studies.aspx>) and BSc **Sport, Physical Education and Coaching Science** (<http://www.birmingham.ac.uk/students/courses/undergraduate/edu/sport-pe-coaching.aspx>) undergraduate degrees. He is also the programme leader of the popular MSc in **Sport Coaching** (<http://www.birmingham.ac.uk/students/courses/postgraduate/taught/edu/sport-coaching.aspx>) designed for active coaches, enabling them to combine their coaching practice ...

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