

People in the School of Sport, Exercise and Rehabilitation Sciences

Academic and research staff.

Head of School

[Professor Kathleen Armour \(/schools/sport-exercise/staff/profile.aspx?ReferenceId=36988&Name=professor-kathleen-armour\)](/schools/sport-exercise/staff/profile.aspx?ReferenceId=36988&Name=professor-kathleen-armour)

Head of School

School of Sport, Exercise and Rehabilitation Sciences

Kathleen Armour is Head of School in the School of Sport, Exercise and Rehabilitation Sciences. Formerly, she was Head of the Department of Sport Pedagogy and prior to that she held a Chair in the School of Sport, Exercise and Health Sciences at Loughborough University. Her main research interest is career-long professional learning for teachers and coaches, and its impact on young people's ...



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Senior Lecturer

School of Sport, Exercise and Rehabilitation Sciences

</university/colleges/les/research-gallery/anna-phillips.aspx> Dr Anna C. Phillips is an internationally renowned researcher and Health Psychologist working in Psychoneuroimmunology and Psychophysiology. She has conducted award winning work on stress and vaccination response across the life course.

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Lecturer in Integrative Physiology

School of Sport, Exercise and Rehabilitation Sciences

Dr Andy Philp is an integrative physiologist, interested in the molecular regulation of skeletal muscle adaptation. The main focus of his work is to examine how diet and exercise interact to regulate skeletal muscle mitochondrial function, adaptive growth and insulin sensitivity in the context of human athletic performance and in metabolic diseases such as sarcopaenia, obesity and type 2 diabetes.

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Senior Lecturer

David has a clinical and academic background in rehabilitation and neuropsychology. He is interested in cognitive neuroscience and psychology, and the application of research in these areas to rehabilitation, focusing particularly on patients following stroke.

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