

People in the School of Sport, Exercise and Rehabilitation Sciences

Academic and research staff.

Head of School

[Professor Kathleen Armour \(/schools/sport-exercise/staff/profile.aspx?ReferenceId=36988&Name=professor-kathleen-armour\)](/schools/sport-exercise/staff/profile.aspx?ReferenceId=36988&Name=professor-kathleen-armour)

Head of School

School of Sport, Exercise and Rehabilitation Sciences

Kathleen Armour holds a Chair in Education and Sport and is Head of the School of Sport, Exercise and Rehabilitation Sciences. Formerly, she was Head of the Department of Sport Pedagogy and prior to that she held a Chair in the School of Sport, Exercise and Health Sciences at Loughborough University. Her main research interest is career-long professional learning for teachers and coaches ...



Telephone **+44 (0)121 414 4451 (tel:+44 121 414 4451)**

Email **[k.armour@bham.ac.uk \(mailto:k.armour@bham.ac.uk\)](mailto:k.armour@bham.ac.uk)**

Academic staff

[Dr Mike Parkes \(/schools/sport-exercise/staff/profile.aspx?ReferenceId=9238&Name=dr-mike-parkes\)](/schools/sport-exercise/staff/profile.aspx?ReferenceId=9238&Name=dr-mike-parkes)
 Senior Lecturer in Applied Physiology
 School of Sport, Exercise and Rehabilitation Sciences

Telephone **+44 (0)121 414 6977 (tel:+44 121 414 6977)**

Email **[m.j.parkes@bham.ac.uk \(mailto:m.j.parkes@bham.ac.uk\)](mailto:m.j.parkes@bham.ac.uk)**

[Dr Anna Phillips \(/schools/sport-exercise/staff/profile.aspx?ReferenceId=5453&Name=dr-anna-phillips\)](/schools/sport-exercise/staff/profile.aspx?ReferenceId=5453&Name=dr-anna-phillips)

Reader in Behavioural Medicine

School of Sport, Exercise and Rehabilitation Sciences

</universities/colleges/les/research-gallery/anna-phillips.aspx> Dr Anna C. Phillips is an internationally renowned researcher and Health Psychologist working in Psychoneuroimmunology and Psychophysiology. She has conducted award winning work on stress and vaccination response across the life course.

Telephone **+44 (0)121 414 4398 (tel:+44 121 414 4398)**

Email **[a.c.phillips@bham.ac.uk \(mailto:a.c.phillips@bham.ac.uk\)](mailto:a.c.phillips@bham.ac.uk)**



[Dr Lesley Phillpots \(/schools/sport-exercise/staff/profile.aspx?ReferenceId=5759&Name=dr-lesley-phillpots\)](/schools/sport-exercise/staff/profile.aspx?ReferenceId=5759&Name=dr-lesley-phillpots)

Senior Lecturer

School of Sport, Exercise and Rehabilitation Sciences

Lesley Phillpots is a Senior Lecturer in the School of Sport, Exercise and Rehabilitation Sciences. Her research interests focus upon public policy for PE, school sport and sport. She is currently writing and publishing a range of articles that focus upon the governance of sport, the work of County Sport Partnerships, public policy for PE and School Sport and the ...

Telephone **+44 (0) 121 415 8390 (tel:+44 121 415 8390)**

Email **[l.a.phillpots@bham.ac.uk \(mailto:l.a.phillpots@bham.ac.uk\)](mailto:l.a.phillpots@bham.ac.uk)**



[Dr Andy Philp \(/schools/sport-exercise/staff/profile.aspx?ReferenceId=47483&Name=dr-andy-philp\)](/schools/sport-exercise/staff/profile.aspx?ReferenceId=47483&Name=dr-andy-philp)

Lecturer in Integrative Physiology

School of Sport, Exercise and Rehabilitation Sciences

Dr Andy Philp is an integrative physiologist, interested in the molecular regulation of skeletal muscle adaptation. The main focus of his work is to examine how diet and exercise interact to regulate skeletal muscle mitochondrial function, adaptive growth and insulin sensitivity in the context of human athletic performance and in metabolic diseases such as sarcopaenia, obesity and type 2 diabetes.

Telephone **+44 (0) 121 414 8872 (tel:+44 121 414 8872)**

Email **[a.philp@bham.ac.uk \(mailto:a.philp@bham.ac.uk\)](mailto:a.philp@bham.ac.uk)**



[Dr David Punt \(/schools/sport-exercise/staff/profile.aspx?Referenceld=74468&Name=dr-david-punt\)](/schools/sport-exercise/staff/profile.aspx?Referenceld=74468&Name=dr-david-punt)

Senior Lecturer

David has a clinical and academic background in rehabilitation and neuropsychology. He is interested in cognitive neuroscience and psychology, and the application of research in these areas to rehabilitation, focusing particularly on patients following stroke.

Telephone **[+44 \(0\)121 415 8391](tel:+44%20121%20415%208391)** (tel:**[+44 121 415 8391](tel:+44%20121%20415%208391)**)

Email **t.d.punt@bham.ac.uk** (mailto:**t.d.punt@bham.ac.uk**)



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