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Dr Ian Boardley

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About

Ian's career in sport psychology was stimulated through lifelong sport participation. His sport activities have included experience as an athlete and as a coach in sports such as hockey and endurance running. It was experiences such as these that led to him initiating a career that incorporated sport within it. A particular interest in sport psychology that developed during undergraduate studies for a Bachelor's degree in Sport Science at the University of Leeds led to subsequent study for a PhD in Sport Psychology at the University of Birmingham. Here Ian focussed on his main research interest which centres on the investigation of prosocial and antisocial behaviour in sport, and the psychological processes involved in promoting such behaviours. More recently Ian has developed a particular interest in how such processes may influence use of performance enhancing drugs in sport and exercise participants. Ian has further research interests in coaching efficacy and effectiveness and how athletes' perceptions of these may affect athletes' cognitions, emotions, and behaviour.

Qualifications

- Postgraduate Certificate in Academic Practice, 2013, University of Brimingham
- PhD in Sport Psychology, 2008, University of Birmingham
- BSc (Hons) in Sport Science (1st Class), 2005, University of Leeds

Teaching

Ian's teaching is mainly focused around the undergraduate AGMS and SPECS degrees, as well as the Advanced Certificate in Golf Coaching. Current teaching roles include being module leader for the Advanced Psychology of Golf module on the AGMS programme, and for the Character Building in Sport & Exercise module on the SPECS and SES programmes; he also delivers and supervises students on the Advanced Certificate in Golf Coaching programme.

Postgraduate supervision

Ian is interested in supervising doctoral research students in the following areas:

- Psychosocial influences of morally relevant behaviours (e.g., use of perfromance enhancing drugs, prosocial and antisocial behaviour, gambling) in sport and exercise
- Moral disengagement in sport and exercise
- Coaching efficacy and effectiveness

If you are interesting in studying any of these subject areas please contact Ian on the contact details above, or for any general doctoral research enquiries, please email: **dr@contacts.bham.ac.uk (mailto:dr@contacts.bham.ac.uk)** or call +44 (0)121 414 5005.

Doctoral research

PhD title Moral Disengagement in Sport

Research

Research Interests

- Use of performance enhancing drugs in sport and exercise
- Prosocial and antisocial behaviour in sport
- Moral disengagement in sport and exercise
- Coaching efficacy and effectiveness in sport

Knowledge Exchange and impact

Many of Ian's research endeavours centre on research areas that have the potential to have impact. His published research aims to guide educational practices in sport that increase prosocial and decrease antisocial behaviour, increase coaching effectiveness, and decrease the use of illegal performance enhancing substances.

Publications

Publications

Boardley, I. D., Grix, J., & Dewar, A. (in press). Moral disengagement and associated processes in performance enhancing drug use: A national qualitative investigation. *Journal of Sport Sciences*.

Bruner, M., **Boardley, I. D.**, & Côté, J. (in press). Social identity and prosocial and antisocial behavior in youth sport. *Psychology of Sport and Exercise*.

Boardley, I. D., & Grix, J. (in press). Doping in bodybuilders: A qualitative investigation of facilitative psychosocial processes. *Qualitative Research in Sport, Exercise, and Health*.

Stanger, N., Kavussanu, M., **Boardley, I. D.**, & Ring, C. (in press). The influence of moral disengagement and negative emotion on antisocial sport behavior. *Sport, Exercise, & Performance Psychology.*

Kavussanu, M., **Boardley, I. D.**, Sagar, S., & Ring, C. (2013). Bracketed Morality Revisited: How do Athletes Behave in Two Contexts. *Journal of Sport & Exercise Psychology, 35*, 449-463.

Kavussanu, M., Stanger, N., & **Boardley, I. D.** (2013). The Prosocial and Antisocial Behavior in Sport Scale: Further Evidence for Construct Validity and Reliability. *Journal of Sport Sciences, 31*, 1208-1221.

Boardley, I. D. (2013). Can London 2012 Inspire Mass Participation in Sport? - An Application of Popular Sport Motivation Theories. *International Journal of Sport Policy, 5,* 245-256.

Kaye, M. P., & **Boardley, I. D.** (2012). Beyond Punishment: Doping, Deterrence, and Moral Disengagement. *Journal of Sports Medicine & Doping Studies, 2*, 6.

Boardley I. D., & Jackson, B. (2012). When Teammates Are Viewed as Rivals: A Cross-National Investigation of Achievement Goals and Intrateam Moral Behavior. *Journal of Sport & Exercise Psychology, 34,* 503-524.

Kavussanu, M., & **Boardley, I. D.** (2012). Moral behavior. In G. Tenenbaum, R. J. Eklund, & A. Kamata (Eds.), *Handbook of measurement in sport and exercise psychology* (pp. 443-454). Champaign, IL: Human Kinetics.

Boardley, I. D., & Kavussanu, M. (2011). Moral disengagement in sport. *International Review of Sport and Exercise Psychology, 4,* 93-108.

Cooke, A., Kavussanu, M., McIntyre, D., **Boardley, I. D.**, & Ring, C. (2011). Effects of competitive pressure on expert performance: Underlying psychological, physiological, & kinematic mechanisms. *Psychophysiology, 48,* 1146-1156.

Sagar, S. S., **Boardley, I. D.**, & Kavussanu, M. (2011). Fear of Failure and Students' Interpersonal Antisocial Behaviour in Education and Sport. *British Journal of Educational Psychology*. 81, pp391-408 **DOI:10.1348/2044-8279.002001 (http://onlinelibrary.wiley.com/doi/10.1348/2044-8279.002001/abstract)**

Boardley, I. D. & Kavussanu, M. (2010). Effects of Goal Orientation and Perceived Value of Toughness on Antisocial Behavior in Soccer: The Mediating Role of Moral Disengagement. *Journal of Sport & Exercise Psychology,* 32, 176-192.

Boardley, I. D., & Kavussanu, M. (2009). The influence of social variables and moral disengagement on prosocial and antisocial behaviours in field hockey and netball. *Journal of Sports Sciences, 27*, 843-854.

Kavussanu, M. & **Boardley, I. D.** (2009). The Prosocial and Antisocial Behavior in Sport Scale. *Journal of Sport & Exercise Psychology, 31*, 97-117.

Boardley, I. D., Kavussanu, M. & Ring, C. (2008). Athletes' perceptions of coaching effectiveness and athlete-related outcomes in rugby union: An investigation based on the coaching efficacy model. *The Sport Psychologist,* 22, 269-287.

Kavussanu, M., **Boardley, I. D.**, Jutkiewicz, N., Vincent, S., & Ring, C. (2008). Coaching efficacy and coaching effectiveness: examining their predictors and comparing coaches' and athletes' reports. *The Sport Psychologist*, 22, 4, 383404

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Boardley, I. D., & Kavussanu, M. (2007). Development and validation of the Moral Disengagement in Sport Scale. *Journal of Sport & Exercise Psychology, 29*, 608-628.

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