

## Dr Ahmed M. Adlan

Doctoral Researcher

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### About

**PhD Title:** Evaluation of autonomic function in rheumatoid arthritis

**Supervisor:** Dr. James P. Fisher, Prof Gregory Lip

Ahmed is currently conducting a PhD in cardiac physiology. He aims to pursue a career in cardiology.

### Qualifications

- MBBS (Barts and the London Medical School Queen Mary University)
- BMedSci Molecular Medicine (Barts and the London Medical School Queen Mary University)

### Biography

Following graduation from St Barts and the London medical school, Ahmed completed his Core Medical Training and is currently conducting a PhD in autonomic control of blood pressure regulation under the supervision of Dr James Fisher and Prof Gregory Lip.

### Research

Autonomic control of blood pressure regulation. Sympathetic nervous system and inflammation. Atrial fibrillation.

### Other activities

Member of Royal College of Physicians UK (2010), General Medical Council, Affiliate Member of Physiological Society.

### Publications

1. Sympathetic nerve activity during non-sustained ventricular tachycardia in chronic heart failure. *International Journal of Cardiology*. Available online 22 November 2012.
2. Adlan AM, Lip GYH. Benefit-risk Assessment of Dronedarone in the Treatment of Atrial Fibrillation. *Drug Safety*.
3. Adlan AM, Shaw C, Cocks M, et al. Heart rate variability following high intensity interval training and endurance training in obese individuals. *Proc Physiol Soc*.
4. Adlan AMA, Lip GYH. Editorial: Role of the CHADS2 Score in Acute Coronary Syndromes: With or Without Atrial Fibrillation. *Chest* 2012; 141: 1375-6.
5. Adlan A, Lip GYH. Preventative measures of stroke in patients with atrial fibrillation. *Journal of Atrial Fibrillation* 2012; 2(10): 1-12.
6. Adlan A, Lip GYH. New Oral Anticoagulants for Stroke Prevention: an Update. *Advances in Venous Arterial Thrombosis* 2011; 1(3): 96-106.
7. Adlan AM, Prasad SK, Varnava AM. Sarcoidosis presenting as dilated cardiomyopathy. *Heart* 2011; 97: 1896.
8. Adlan AMA, Brill SE, Saman HT, Evans DJ. Misleading chest radiograph in a case of allergic bronchopulmonary aspergillosis. *Respiratory Medicine CME* 2011; 4(4): 196-197.