

Najla Alhashil

Doctoral Researcher

[School of Sport, Exercise and Rehabilitation Sciences \(/schools/sport-exercise/index.aspx\)](/schools/sport-exercise/index.aspx)

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About

PhD Title: Imagery impact in rehabilitation physiotherapy

Supervisors:

- Primary supervisor: Dr Sarah Williams
- Secondary supervisor: Dr Michael Grey
- Tertiary supervisor: Dr Alison Rushton

Najla Alhashil is a doctoral researcher in the School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham. She is a researcher from Saudi Arabia.

Qualifications

MSc In rehabilitation exercises, School of sport, health and exercises science, University of Bangor in Wales, UK, 2013/April
BSc in rehabilitation exercises physical therapy, school of applied medical sciences, King Saud University in Riyadh KSA, 2005

Biography

Najla graduated from King Saud University, Riyadh in 2007. After that she worked in King Fahd Educational hospital in Alkhuber in Physical Therapy Department, Treating and diagnosing patients in both wards inpatient and OPD, she also had a wide range of experience in teaching and instructing Dammam University physiotherapy intern, and summer students. She had engaged in several CME programs plans for internal education in the department of physiotherapy with other colleagues. She has been supported by the Royal Saudi Government Embassy bureau to study higher education since 2011. She has graduated Master of Rehabilitation Exercisers, from school of Sport, Health and exercises sciences, University of Bangor in Wales (UK) since 2013 April Before months starting her PhD at University of Birmingham in 2013.

Research

Research Interests:

- Rehabilitation Exercises in physiotherapy
- Stroke patient rehabilitation
- Human movement sciences
- Low Back Pain rehabilitation
- Motor imagery in physiotherapy
- Neuroscience