

Jon Allsop

Doctoral Researcher

[School of Sport, Exercise and Rehabilitation Sciences \(/schools/sport-exercise/index.aspx\)](/schools/sport-exercise/index.aspx)

Contact details

Email jxa620@bham.ac.uk (<mailto:jxa620@bham.ac.uk>)

School of Sport, Exercise and Rehabilitation Sciences
University of Birmingham
Edgbaston
Birmingham
B15 2TT
UK



About

PhD Title: Mechanisms underpinning performance under pressure

Supervisors: Dr Rob Gray and Professor Chris Ring

Qualifications

MSc Sport and Exercise Psychology, Bangor University
1st Class BA (Hons) Applied Golf Management, University of Birmingham

Biography

Having obtained his BA (Hons) from the University of Birmingham and his MSc from Bangor University, Jon recently started a PhD supervised by Dr Rob Gray and Professor Chris Ring. His PhD broadly aims to investigate the mechanisms that underpin performance of motor actions when in pressure situations. Outside his studies, Jon is a keen golfer and a Level 2 UKCC qualified golf coach. He is also passionately interested in applied sport psychology and aims to continue working with sportspeople throughout his PhD, as part of the BASES sport psychology accreditation process.

Research

Research group: Human Movement Group

Research interests

- Performance under pressure
- Perceptual-motor control