

## Intan Suhana Mat Azmi

Doctoral Researcher

**[School of Sport, Exercise and Rehabilitation Sciences \(/schools/sport-exercise/index.aspx\)](/schools/sport-exercise/index.aspx)**

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### About

**PhD Title:** Health Promotion on Physical Activity (Stair Climbing) in the Workplace to Target Obesity: Outcomes on health markers

**Supervisors:** 1st Supervisor: Dr Frank Eves, 2nd Supervisor: Dr Mike White

Experiences in developing community projects with regards to the knowledge, attitude and behaviour towards health and wellbeing. Senior Lecturer at Department of Public Health, Faculty of Medicine & Health Sciences, University Sultan Zainal Abidin (UniSZA), Malaysia. Now is undertaking doctoral research at University of Birmingham. United Kingdom with a scholarship from Malaysia Ministry of Education.

### Qualifications

Doctor of Dental Surgery (D.D.S), University Kebangsaan Malaysia  
Master of Dental Public Health (MDPH), University Science Malaysia

### Research

Research interests: Behavioural Medicine Research Group