

Diana Castaneda Gameros

Doctoral Researcher

[School of Sport, Exercise and Rehabilitation Sciences \(/schools/sport-exercise/index.aspx\)](/schools/sport-exercise/index.aspx)

Contact details

Telephone [+44 \(0\)121 414 8745 \(tel:+44 121 414 8745\)](tel:+441214148745)

Email [dxc242@bham.ac.uk \(mailto:dxc242@bham.ac.uk\)](mailto:dxc242@bham.ac.uk)

School of Sport, Exercise and Rehabilitation Sciences
University of Birmingham
Edgbaston
Birmingham
B15 2TT
UK



About

PhD Title: Age-related influences of dietary and physical activity behaviours and its association with functional status among older women living in a super-diverse environment: A mixed methods study

Supervisor: Dr Janice L. Thompson and Dr Gareth Wallis

Diana is interested in promoting healthy eating and regular physical activity in vulnerable populations such as pregnant women, older adults and minority populations.

Qualifications

- BSc Dietetics and Nutrition - School of Dietetics and Nutrition, ISSSTE. Mexico City (2007)
- MSc (Distinction) Nutrition, Physical Activity and Public Health -University of Bristol (2011)

Biography

Diana was born in Mexico City where she completed her BSc in Dietetics and Nutrition in 2007. Upon her graduation, Diana worked briefly as a fieldworker for the Mexico City Diabetes Study. She then, worked as a bilingual research assistant in a dietary intervention study aimed at preventing gestational diabetes and adverse perinatal outcomes at the Children's Hospital Oakland Research Institute in California, USA. In 2011, Diana completed her MSc in Nutrition, Physical Activity and Public Health at the University of Bristol.

Diana recently started her PhD supervised by Professor Janice L. Thompson. For her PhD, she will use a mixed-method approach to explore age-related determinants of dietary and physical activity behaviours amongst ethnically diverse older women.

Research

Research interests

- Promoting healthy lifestyles through dietary and physical activity behaviours in community-based settings, particularly amongst women.
- Human ageing and obesity

Publications

Publications

- De-Regil, L.M., Mendoza-Flores, M.E., Flores-Vásquez, D., **Castaneda-Gameros, D.**, Olvera-Alvarez, G., Díaz-Romero, R.M & Casanueva, E. Secular changes in the reproductive and oral state and nutrition of reproductive-age women in Mexico City for a 25 years period (2009). *Perinatología y Reproducción Humana*.

Poster presentation

- Impact of adherence to new IOM weight gain guidelines on birth outcomes among obese pregnant women. The Experimental Biology Meeting. Anaheim, California (2010)